

## **Gee It's Hard To Be Human**

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**GEE IT'S HARD TO BE HUMAN**

**The author is currently undergoing a process of self-discovery. Try it. It's fun.  
It's much cheaper than drugs!**

**JUNE 2023**

## **Gee It's Hard To Be Human**

### **Dedication**

I was going to the take-away Chinese with a book in my hand, as I always do, and there were some young girls in the passageway. One of the girls made reference to the book I was carrying, while I was thinking about the book I was writing, and I told them that I was writing a book. I don't think that they had met anybody who was writing a book. I think they were fascinated by this, so they came round to my flat many times to ask how it was going. I think that they now understand that finishing a book is not as quick a process as they first thought! I found this uplifting since my friends took no real interest in what I was doing. So I thank the following girls for their interest. I list their names in alphabetical order since we are all equal:-

Agnetha  
Angel  
Anja  
Charlotte  
Chelsea  
Eva  
Georgia  
Jorice  
Lia  
Lilly  
Maddison  
Solomon (token male – late addition)

It is somewhat ironic that this happened since it is really their future I am writing about!

## **Gee It's Hard To Be Human**

### **Introduction**

I am writing this book to increase the awareness of the population of this planet. My intention is to outline a new environment such that the freedom of the individual is paramount. I have some chapters on how to enhance our self-respect and general awareness. I have examined a new approach to crime and a new design of parliament which involves a partnership between the electorate and the MPs on a 24-hour day basis. This can only be achieved by abolition of all political parties.

There are many humorous sketches throughout the book. Well I got a lot of laughs writing them! I have used a combination of basic psychology, my observations and a few insights. The underlying premise that permeates throughout the book is that we are “conscious beings comprised of mind and soul/spirit.” The soul/spirit rules the emotions. Our lives involve a constant interplay between our mind and our emotional selves. An emotion can lead to a thought and conversely a thought can lead to an emotion. The aim of a “new” society should be for each individual to harmonise their mind with their emotional self. This would lead to a huge reduction in crime because when the mind and soul/spirit are balanced then the motivation to commit a crime will not be present.

I hope that all the readers enjoy reading the book as much as I enjoyed writing it.

## **Gee It's Hard To Be Human**

### **A New Approach**

Humans are conscious beings comprised of mind and soul/spirit. The soul/spirit rules our emotions. Our lives are a constant interplay between our mind and emotions. A thought can lead to an emotion and, conversely, an emotion can create a thought. The heart is the seat of the soul/spirit which means that it is our emotional centre.

Our mind and soul/spirit are contained within an energy field commonly known as our aura. The human body exists within the aura. The mind and soul/spirit interact with the workings of the body.

Currently I think that most people view other humans with regard to their earthly trappings. A new approach would be to view ourselves and others as conscious beings comprised of mind and soul/spirit with no emphasis on sex, colour, manner and clothing et al. Our perception is our reality so to change the perception of how we see ourselves will alter our reality. I urge you to try viewing people in this way and note any change in your reality.

Imagine a man walking through a depressed area in the middle of the day in a new Armani suit. He is likely to cultivate emotions within the residents such as jealousy, hostility and contempt – negative emotions. These arise because the wearer of the suit has been perceived only on his earthly trappings. The residents have no idea about the person's thoughts and emotions so they have allowed themselves to experience negative emotions based solely upon the outward appearance of another. If the residents viewed the man as a conscious being comprised of mind and soul/spirit, then of course his appearance would be noted, but his appearance would not have given rise to negative feelings. He may be the new owner of the local factory which is about to advertise for 2,000 new jobs.

So we are conscious beings comprised of mind and emotions. If we deny the existence of our emotions we have a serious problem. So let us assume we haven't. Our task, if we choose to accept it, is to try to understand our emotions. It is not Mission Impossible! We have a mind and emotions which we all share. We are all equal in this respect. We have a body which we inhabit but the mind and emotions determine how it is used. The mind and emotions rule our accent, our speech, the words that we use, the way we talk, our friendships, our choice of partners, choice of job, what we show to other people, blaa, blaa, blaa. The list is endless.

So, if we wish to change our lives in a particular way which our mind proposes, then our emotional self has to weigh the consequences. It has to consider whether we will be happy, have we overstretched ourselves, can we cope emotionally with the failure and the feeling of depression that could be caused by the mind's proposal. As Clint Eastwood famously said “ a man's got to know his limitations.” The emotional self has to take into account the emotional impact of collateral damage in relationships with others. It has to decide how the increase in happiness arising from the removal of a negative influence in our lives balances with the current position.

Imagine a girl who was sexually abused by her father when she was aged fifteen. She couldn't tell her mother about this because her mother wouldn't believe it. The daughter knew she would side with her husband because she couldn't come to terms with being married to a rapist. Her mother obviously knew something had happened because her daughter had become aloof overnight – completely shut off. Her mother tried to dialogue with her daughter and suspected what had happened but could not reconcile herself with her fear, so her attempts at dialogue were half-hearted

when faced with the aloofness of her daughter. So the inevitable happened. The daughter left home with a schoolmate who had a similar experience. They split up a few months afterwards.

So after a few ridiculous relationships, short-term jobs, seedy bedsits and a bit too much alcohol, she came to the conclusion that:-

- (a) I am living in the past tense.
- (b) I am letting someone else live my life.
- (c) I am going nowhere. I am moving in a train without a driver.
- (d) I am not contributing effectively to society in a way that fulfils me.

So, what do you think, emotional self? Well, this anger is hard to handle. I am even showing anger to people who have nothing to do with us. Anger can be constructive but it mustn't be our ultimate destination. So any plan will do. But I don't know much about anything? Well, that is not entirely true. What do you mean? I am still suffering from the emotional impact of what happened when we were fifteen. Couldn't you use that in some way in our future? You mean help others who have had similar experiences? Sounds like a great idea to me.

So she took a three-year course in social studies to give herself some legitimacy in the job market. Then she managed to swing a paid job with a charity that helped abused women. She needn't have bothered to get the certificate to do her job but she probably wouldn't have got the job otherwise. She quickly rose to the top because all she had to know was what to say to the abused women and she had learned to speak in capital letters:-

DO YOU WANT TO LIVE IN THE PAST TENSE?  
DO YOU WANT SOMEBODY ELSE TO LIVE YOUR LIFE FOR YOU?

REPEAT AFTER ME UNTIL IT SINKS IN.

DO YOU WANT TO LIVE IN THE PAST TENSE?  
DO YOU WANT SOMEBODY ELSE TO LIVE YOUR LIFE FOR YOU?

REPEAT AFTER ME UNTIL IT SINKS IN.

WHO ARE YOU?

I AM A CONSCIOUS BEING COMPRISED OF MIND AND SOUL.

Next one please.

People talk about forgiveness sometimes involving victims of crime. The girl did not need to forgive her father but she could metaphorically have taken her hands off his throat. She did take her hands off her father's throat because she removed the emotional connection by not allowing her father to control her life anymore by removing him from the forefront of her consciousness to some distant memory. She did not forgive him – needless to say.

A lot of people have had very damaging emotional experiences in their lives. I am not saying it is easy to recover. It does require hard work and self-knowledge.

I believe that God views us all as equals. I think He was referring to us as conscious beings comprised of mind and soul/spirit that live forever. I don't think He was saying that our human bodies are equal or that we all share the same bank balance - these are earthly things.

The approach to ourselves and others as conscious beings comprised of mind and soul/spirit is fundamental to escaping the crisis in which humanity finds itself. We are all conscious beings of mind and soul/spirit and, as such, should consider everybody as equals. This approach will gradually reduce crime, enhance mutual respect, increase productivity and reduce incidences of illness and disease as the awareness of the world's population rises.

An individual in a mature society must aim for trying to balance their mind and emotions. Most crimes are committed by people whose minds and emotions are unbalanced - the mind is controlled by the emotions – or vice-versa. Those that judge the crimes are also unbalanced – the emotions are controlled by the mind. I will discuss this later. Happy people are more balanced between mind and emotions. They are more productive and live a more fulfilling life than those that are not. The mature society must ensure that everybody is working towards a harmony between mind and emotions. This I feel is the way forward.

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### **Blame Culture**

I want to talk about emotions so I want your emotions to be engaged while you read this book. Think of something that is really narking you and blame yourself for it. Even if you don't feel a responsibility for it. Or you don't feel able to do anything about. It doesn't matter. It really annoys you. It could be something in your home life or work or some issue you feel strongly about on a local or national level. It could be a person at home or work. Or a friend. Say “it is my fault” “that's my fault” and state the problem or issue out loud – repeat it many times until you get the message – really mean it! Feel this in your heart and pulse through your body. Charge your emotions up. Please take between five and ten minutes before you return to this. Don't be shy or feel awkward. The greater the effort you put into this exercise the greater the return. I want you to be moving emotionally. If you think this is silly you will derive no benefit.



How do you feel? Do you blame others anymore? I hope you will feel great. It is very cathartic. A regular exercise, I hope. Imagine each of us then taking responsibility for the world's problems. "All the problems of the world are my fault" being said repeatedly by everybody in the country, including children, or especially children, because it is their future I am primarily concerned with. It is huge for one person to do this – let alone seven billion doing it together. I blame you sir. No madam it's your fault I think. And they both collapse laughing. That is the energy we all have to create. Laughter is disappearing from this planet at an alarming speed – let's get it back now.

I am not attempting to deceive you. I just want you to be feeling something. This exercise will release you and enable you to recognise and solve problems which you were previously unable to do. You will be empowered.

It is fundamental that you shut off straight after finishing the exercise. Don't expect a genie to suddenly appear or that you experience an epiphany. Just return to what you were doing and forget the exercise. Your mind is worried about the problem - so effectively the mind is sharing the problem with soul/spirit. Your whole being, your mind and emotions, is now immersed in the particular issue so when the issue crops up in your daily grind you will be primed.

Some of you may consider this quite absurd. How can I be to blame for that? That is the council's responsibility or the government's. You have missed the point of what I am trying to say. In chapter one I mentioned that we are conscious beings comprised of mind and emotional self and that our lives are a constant interplay between the two. Effectively what I am doing is to ask you to self-programme your emotions in relation to your chosen issue.

Learning by repetition, the times table at school, is essentially a mind exercise since there is not much emotional content. If you want to programme the spirit you have to use emotion to communicate with it. So the amount of work you put into the exercise on the emotional aspect will give you an equivalent return. What you are doing is releasing the creative force of your spirit which is unlimited. By posing a problem that is already affecting you emotionally and programming your mind AND spirit with this, it will empower both mind and spirit to be aware of the problem and work on it together. You are then balanced with regard to the issue at hand.

Let me give you an example:-

Mrs. Bakewell, aged 64, lives over the High Street and has always been complaining about the litter on the street to the council. So she has read this and, being enthusiastic, she put a lot of emotion into it. "It is my fault this street is dirty" - "it is my fault this street is filthy (change the words for more value)." She jumps up and down in her living room reciting these words again and again. She feels quite exhilarated but is not sure why. She then shuts herself down.

She wakes up at 6am on a Sunday morning a few weeks later and looks out of her window in horror to witness a heap of rubbish outside the pub which is one Mrs. Bakewell high. There had been a local celebration. So she puts her shoes on and rushes across the road to put the rubbish into bins and creates neat piles next to them. This takes her about 45 minutes and she returns to her bathroom to wash her hands and then looks into the mirror. Oh my God! I never go out without combing my hair! Hope nobody saw me. So Mrs. Bakewell's phone bill has gone down and she is regularly seen on the streets clearing litter, which she does with relish. It has given her a purpose in life now and she has had many interesting conversations with the local residents. Want any help, love? No thanks. This is my responsibility.

Mrs. Bakewell identified a problem. The inefficiency of the council worker. She took responsibility for this upon herself and her action was instinctive because she was hard-wired. They

sometimes meet and she will say “you've missed a bit there.”

There could be ramifications such as the council worker explaining about Mrs. Bakewell to his boss, who then cut his hours by 50%. The council worker has more time for joinery as he is steadily building up a customer base. The town where Mrs. Bakewell lives may have tourists. Where shall we go this year? Let's go again to where Mrs. Bakewell lives. They don't know her, of course. That town was so clean. Because of Mrs. Bakewell doing her exercise, she has a purpose to her life, the council have saved money and the hotel, restaurant and cafe trades have been boosted. The council worker has made a large step to financial independence.

This may seem a very trivial example but if you start thinking about multipliers across the country, there will be significant savings. For instance, if each street had a householder whose responsibility is to arrange cleaning for their street by a rota, or if some lad or lass was unemployed they might offer to do it until they get a job. So all small towns and villages would state to the council that they don't need a cleaning service anymore. In addition, the local cleaners will feel prouder about their environment so will be able to spot and reprimand those that create litter. Not sure if this could work in cities.

Our society has become weak. We are blaming others for things which really are or can become our responsibility. It is OK to blame others where appropriate, but first one must do soul-searching before pointing the finger. What does your heart tell you? Your spirit. Your soul.

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### **Racism**

I will start with a couple of sketches as a taster and then comment on racism later:-

A magenta skinned gentleman is walking down the road and somebody calls him a “magenta bastard”. He carries on walking and ascends the train at London Bridge, sits down and thinks. Oh, I see now. My skin is magenta and he thinks my parents weren't married. Of course both are true – but there is no need to make a song and dance about it! What did he want me to do? Hit him? Well I didn't even consider it. If I had, I would have quickly realised that I am giving him the feedback he desires. So, quite unintentionally, I gave him indifference. Nasty. We all want attention don't we? He picked on the wrong person – that's all. But I wouldn't be surprised if he is waiting for me when I get home and accuses me of being indifferent.

I would say to him:-

“Did you want my attention?”

“Well yes. You just ignored me.”

“What did you want me to do – precisely?”

“I don't really know. I think I was angry and I took my anger out on you because you are different.”

“I certainly am. We are a minority in this country. We don't believe in marriage so you are correct in assuming I am a bastard. Are you a bastard?”

“Yes.”

“So we have something in common then. Did you know that magenta people make printing inks?”

“No.”

“Are you still angry?”

“Well – not as much as before. You seem like a decent bloke and I am sorry for my behaviour.”

“Apology accepted. Would you do me a favour if you are still angry?”

“Yeah. Sure.”

“Well, we make the best primary colour in inks. Would you be kind enough to rough up some Cyanists for me.”

“Sure. Where are they?”

“Just go to the end of this road. Turn right at the traffic lights. They live in numbers 12 to 24 on the right-hand side. If some white or black bastard opens the door you have got the wrong address. They should be blue skinned. It should work on them if you call them “Cyan bastards” because

they are all married and miserable.”

“Well thanks. Nice to meet you.”

This is a possible solution to racism in football such as chanting “black bastard” at the players which is singularly unimaginative – but this is what you expect from bullies. Not that creative as individuals. The stewards and/or police will detain the individual or individuals who are guilty of chanting. At the end of the match they will meet up with the black players who participated in the game in front of the press and (hopefully) TV.

The players would question in a matter of fact way (no aggression) as to why they behave in such a manner. The chanters wanted attention. Now they have it. Bit more than they bargained for, maybe! They are on TV and they are being asked to apologise for their disrespectful behaviour. What the players must do is not just accept an apology which is likely to be given without any eye contact because bullies are cowards. All they want to do is slink out of the door. That would be an insincere apology.

The players must actively seek reasons from each of the chanters why they do it and ask whether it would be the same if they had indigo skins. Do we have to have black skins to be treated with disrespect? If so, then why us particularly? There were plenty of players from other nations – why us? We hope that we entertained you for 90 minutes. We did the best we could for a 0-0 draw.

The players asked the chanters if they liked football. Answer was no! So you paid £25 to abuse us. I suppose we should be flattered with so much attention but we would be happy to pay you £50 not to attend the next match – then we would both win. We would have an abuse-free game and you would have more beer money and the taxpayer would also gain in duty and VAT which is much needed now.

The players, who are conscious beings comprised of mind and soul/spirit, are effectively doing a psychoanalysis on the chanters, who are also conscious beings comprised of mind and soul/spirit. Difficult though it may be for the players to do, they must give the chanters unconditional respect from the start – even shake hands with the chanters and say “how are you – thanks for coming”, give them a smile, a bit of love because they probably haven't had much in their life. The chanters need the players' help. The chanters will be disarmed by this. Disarmed maybe is not quite strong enough. They all sit down at a large table so everybody is comfortable. The black players then question each chanter about their reasons for being disrespectful, genuinely wanting to ascertain the story of each chanter. Their time-line. Their history.

So, after a few hours, one of the cardboardbox-background black players pipes up “I am really sorry that I am black. I mean all you did was call me a “black bastard” - which is true. My parents weren't married. I don't know why we use the word “bastard” anymore. Bit outdated, really. Your story is much worse than mine. The white folks bring up their kids a lot worse than we do.” “Don't worry. Your skin colour doesn't matter. You are cool.” says a chanter.

Another black player says, while looking at his phone, “I have found another definition of bastard in the Chambers dictionary which is a “difficult or unpleasant person or thing.” We hope that you don't think of us in such a light considering we haven't met until now. How could you know without meeting us if we were difficult or unpleasant? The chanters chorused “look we don't know why we said it. We were out of control.”

Another black player said “so, after this meeting, will you try to control yourselves?” Chorus “yes we feel absolutely gutted inside. Nobody has listened to our stories before or even taken an interest.

Thanks. We will control ourselves. Look we are really sorry we did this. We meant you no harm.” Chorus from black players “apology accepted.” So everybody exited to apologise for their lateness to their partners, children, relatives, landlords etc. Where have you been? Just making a TV programme. Better than Oprah Winfrey. So, what is it about? Racism. There is no cure for racism. There is now. I think it will go on TV in the next few weeks. By the way, I am the one with a white birthmark over my left eyebrow. I know that. You idiot. Can we go to bed now?

Let us examine this episode in more detail. The episode would not have occurred if the black players were thinking like the magenta man, since the chants would have been like water off a duck's back. Just some ignorants. Ignore. The real crime of the chanters was not the words used but they classified the earthly trappings of the black players in an aggressive manner. They classified basically. They failed to recognise that the black players were conscious beings comprised of mind and soul/spirit and that it is disrespectful to make a judgement based entirely upon someone's outward appearance. They have feelings. The chanters did this because they were unaware that they themselves were conscious beings comprised of mind and soul/spirit. They were floating entities disconnected from their soul/spirit and this was the only way that they could gain attention since they had no other gears. They need more help than the black players I think. At least the black players know they are black. It is a start, isn't it?

The chanters were lost, but as a result of the respectful behaviour of the black players I think the chanters would be helped enormously so there would be no need for any further police involvement or punishment from the club. Of course - we all want attention. We are all trying to steal energy from each other. Everybody has evolved their own way of gaining attention. It would not do anybody any harm to observe how they gain attention because they may be doing it in an antisocial manner so it needs fixing. These chanters were lucky. They were completely psychologically gutted by the objects of their derision. We don't want to enjoy our time on this planet being treated with indifference.

A programme depicting this episode on TV would have huge ramifications if it followed the course above. It is not reality TV. It is a film of reality. The cast have not met before. It could not only help the black players but could help racism white on black and the other way as well. It could bring about a reduction in crime in general and be shown in prisons. It should be made available on Catch-up TV for an indefinite period. There has to be a spiritual gain for the players, the chanters and the viewers - otherwise the exercise won't work.

Racism is no different from “somebody walking with a limp” ism, “wearing religious gear” ism, “homophobia” ism, and “wearing red shoes” ism. I could go on for ever. Isms are great for those people that classify others to make their lives simple - and very limited. That somebody “walking with a limp” could be the person you knocked over in a hit and run three years ago and you feel so guilty about this that it is completely taking over your life. You desperately need atonement. You can't go to the police, of course, because they are looking for you. That person “wearing religious gear” is your new piano teacher. Your homophobia is directed against the new publican in your local. The person wearing red shoes is an actor at the local pantomime, got a bit drunk after the performance and forgot to change his shoes. Your wife has already booked for you and your children to attend the pantomime in which the actor is appearing.

The bottom line to racism is that it will disappear when people start to see everybody as conscious beings comprised of mind and soul/spirit. I urge you (the readers) to try for a day, or the rest of your lives, to imagine yourself and all others as comprised of mind and soul/spirit. I think it will change your perspective on life considerably. We are too obsessed with the human body and we ignore our emotional selves.

The key word in discussing racism or any other ism is fear. Somebody I met in a village told me they were all racist in the village because they didn't know anything else. Effectively, I understood him to mean that they don't know how to deal with strangers. He is admitting that they are not flexible (a very useful quality) enough to accommodate a stranger in their midst. The stranger has not grown up in the village so they have no knowledge of the time-line of the stranger. They are embarrassed by this so they turn their fear outwards towards the stranger in an aggressive manner to conceal their embarrassment. The racism can hardly be personal if they don't even know the stranger. In any event, if one is moving to another district or country then the onus should be on the incomer to integrate – not the residents to lay our a red carpet. When in Rome.

## **Gee It's Hard To Be Human**

### **Gaining attention**

None of us wants to go through life being treated with indifference, therefore we all try to find ways of attracting attention from others. We are all giving energy to and taking energy from each other. This is because we are a social species where the need to bond is fundamental to our existence.

I read in a book somewhere that there are four major methods of gaining attention which I suspect that we all use to a certain extent. One is Bully. Two is Poor Me. Three is Aloof. Four is Interrogator. These arise in childhood and may change or disappear throughout one's life. Bully and Poor Me are on the same polarity. So if our parents were bullies then we could become bullies by imitation because that is all we know. We could decide to cower and become a Poor Me as a reaction to the bullying. Conversely the parents could be Poor Me so we could follow this course by imitation or become a Bully because they are so pathetic that bullying them is the only course to extract information and I am fed up with their whining and indecision.

Aloof and Interrogator are also on the same polarity. If our parents are aloof then we don't get much information so we could become Aloof by imitation. I thought everybody was aloof until I got to university! Or we, to overcome this barrier, become an Interrogator. I want answers please. I don't do aloof. If our parents are interrogators then we could become interrogators too, or become aloof to shut ourselves off from constant questioning. We are making fundamental decisions early in our lives.

The magenta man, who is way above this anyway, could have been an interrogator in which case he would have approached the bully in a completely non-aggressive manner and enquired why he made the comment. The bully is disarmed by this because his upbringing is not consistent with being questioned. Nobody consulted him. He probably doesn't know why he made the comment so the interrogator has defused the bully. If the magenta man was aloof he would probably say "sorry don't do abuse. I am a bit late for work, if you don't mind. Must go." He marches along head down because he abhors violence. The bully is once again defused because he doesn't understand aloof because he is on a polarity with violence, physical or mental. It is not complete indifference which was given by the magenta man.

If the magenta man was Poor Me then the bully would notice the slight change in step of a Poor Me. He understands the polarity. So magenta man may get beaten up for his quality of magentanness without retaliating as he has always done.

If magenta man was a bully then a variety of things could happen which is by no means exhaustive. One could be "I am a bully too. Do you want to fight?" This is an excellent reply because it is a combination of interrogator and bully and implies that a bully has been spotted. A fight may not ensue. The recipient of the abuse may approach the bully with his own special form of abuse and they face off beak to beak like cockerels to see who is the strongest. One may prevail in which case a fight is avoided. They may find that they have equal strength. A fight is too risky for both of them. Do you fancy bullying together? Yeah. I think this is unlikely as bullies like to be in control of their own domain. They always pick on those weaker than themselves. But this might work although there could be a problem with sharing the spoils later. The last alternative could be feathers flying.

We haven't looked fully at the Bully/Poor Me and the Aloof/Interrogator polarities. The Aloof and the Interrogator defusing the bully has been demonstrated. But not the other way round. The Aloof and Interrogator are essentially non violent and they have decided that they are not going to be a Poor Me. But if they are confronted by a Bully in a lasting environment such as being their partner or their boss at work then it is probably not enough to be an Aloof or an Interrogator as described above with magenta man – which was only a fleeting meeting. Maybe they have to change if they want their relationship to continue. Their choice. The bully can defuse the Aloof by saying that you always keep yourself to yourself. Why don't you talk to me? In an intimidatory manner. Aloof gives up being aloof. So Aloof pours out a story of woe about all the questions that were fired in Aloof's direction during childhood. Who do you think you are? Why haven't you done this? How do you expect me to put up with this? I just shut off when I was 16 . I couldn't handle it anymore. I became aloof. Until now. I am dealoofed.

The Bully can defuse the Interrogator. I am fed up with your questions! Can't I have a private life with my own thoughts? In an intimidatory way. The Interrogator goes into a sulk and relates a rather miserable neglected childhood because there was no conversation. The only way to survive was to ask questions to learn anything so I became an Interrogator.

Poor Me can spot bullies a mile off. Poor Me understands emotions because of the bullying or whining (Poor Me parents) that took place in childhood. Poor Me will look for compassionate people to gain attention from. Makes sense, doesn't it? The interaction with other Poor Mes is likely to be empathetic since they share similar emotional backgrounds, but I don't think they will get much attention from each other. They are likely to spend most of their lives with Aloof and Interrogator since they won't be given a hard time. They can also defuse the Aloof and Interrogator because of their emotional maturity. They can play the sympathy vote. Well, that is the essence of Poor Me. Interrogator and Aloof can develop the Poor Me out of their natural introversion.

Two Aloofs together. Best just to put some music on! Two Interrogators together. So long as they answer the other's questions honestly then this could be fruitful. There could be a danger of boredom setting in after the investigation process has been completed. They are both Interrogators so they may seek attention elsewhere from others who don't mind being interrogated since, generally speaking, people like talking about themselves as it assists with their own self-understanding. Interrogator and Aloof together. Well, we don't want to live our childhoods again.

These are just four basic character types. We all know that life is far more complex than this and that we are all probably little bits of each. We are all on this planet to learn so to develop the Interrogator in ourselves is an asset.

.



## **Gee It's Hard To Be Human**

### **Now**

“So what did your mother-in-law die of?”

“The death certificate said grievous tractor injuries. She was always worrying about the future. I kept telling her that she didn't have one and I was right.”

“So who was driving the tractor?”

“Me. She had that glazed look in her eyes. Just ran out in front of me. I think she agreed with me after all. It was all for the best.”

The mother-in-law was not in the present tense. It cost her life. She was in the future tense. There is another take on the episode!

Mother crosses the road. Forgets what she has always told her children – look right and left before crossing. A van driver veers to the right and crashes into a statue in the centre between the two carriageways. The van driver is killed and his two children were two and four years old – fatherless - all because the mother couldn't remember whether she had put garden peas on her shopping list. Hopefully the mother will learn the lesson – to finalise the shopping list before she leaves the house or practice what she preaches in terms of roadcraft.

Another mother is thinking about her dead daughter while dicing carrots. Off the finger goes. She immediately blames her daughter as she always had done. No mother. It was poor thinking.

These are rather dramatic examples of drifting out of the present tense because they all have tragic consequences. This is, of course, because our strongest memories have the greatest emotional content. The day of your marriage, your bicycle for your 11<sup>th</sup> birthday, the beauty of the mountains in Switzerland or scuba diving off the the Great Barrier Reef. Are most “accidents” the result of drifting out of the present tense? I suspect yes. Staying in the Now – the present tense – keeps you out of Accident and Emergency. Poor thinking.

Imagine an accountant adding up a column of figures in his head and he starts thinking about the Manchester United team for tonight's game. He loses it and has to start adding up the column again. He is unlikely to remember that day because there is little or no emotional impact but he finds it immensely frustrating since he is wasting his time – that precious commodity!

How many of the above will attribute the “accident” to their not being in the present tense. Probably none which is why I think this chapter is worth writing. There is nothing wrong with reminiscing but just don't do it when it endangers your life or health. Be aware. Similarly planning your future (garden peas) is fine but not when it endangers life or health. Be aware. John Lennon said “life is what happens when you are making plans.”

Here is a football example:-

Think about a football team who have just lost 3-2. The team are competing for the championship so nobody says a word in the dressing room afterwards. They all go quietly home. The captain walks up to the left back back on the way out of the stadium. The left back lowers his head slightly. The captain says – we didn't get your full attention today, did we? No boss. I am sorry. Is there

any reason for that? Well, my wife is having problems with her pregnancy. Is that an excuse? Well, I suppose so, I just had a bad game, that is all. That is not all! Can you do anything about your wife's pregnancy? No. It is quite absurd to worry about it, isn't it? Yes, but I love her. I know you love her. That is really not the point. The team wants your love too. You chose to worry about something in a football match which had nothing to do with your role in the team. That is unacceptable. You were not in the present tense for two seconds so two goals and three points lost. That is a bit harsh. Worry can take you out of the present tense (Author's note: I have just taken my bin bag past the bins and nearly walked into Greggs with it, while I was thinking about the present tense, thereby taking me out of the present tense!!! I could have been mugged and my bin bag stolen!).

All the team asks of all of us is that we all start the game with our mind and emotions in balance, which yours clearly were not. A responsible decision would have been to inform the manager that you are out of balance. Then that would have let Joe in! Which is why you didn't inform the manager. So you chose to go on the pitch unbalanced and letting us down and the supporters. All you had to do was focus and erase all other things from your mind except the right winger. It is perfectly permissible to worry about the winger because that is something you can take responsibility for. If you stay in the present tense for your whole life, then you give all of yourself to everybody every second of your life. That is a 100% player. By worrying about your wife, you were not in the present tense for us and you forgot to balance your mind and emotions. Will you do the blame exercise and say "it is my fault that my mind and emotions weren't in harmony" until you cry. We play this game for joy. Think of the joy of us winning the title. Yes, I certainly will. I think you are better than Joe. I will have a word with the manager and say that we have spoken and plead your case. I can't guarantee anything. I don't pick the team. Thanks a lot, boss. I feel much better now Do the exercise. You will be hard-wired then.

A football team is as good as it's weakest player.

I could just as easily be talking about the word concentration. Full concentration is continuous presence in the Now. I must concentrate! I must concentrate! It implies to me a certain anxiety. Surely it must be easier to live in the Now all your life and it will be less stressful and certainly more enjoyable. Remember the futility of worrying about events you can do nothing about. You may be caring for a sick relative. Worry only about things you can control. Enjoy your off-time to the full – in the Now.

## **Gee It's Hard To Be Human**

### **A Diabolical Alliance**

When a term of government finishes people look at each other and say “thank God that's over.” This is not healthy. Cannot God take a more active role throughout the duration of parliament - er like being there all the time – omnipresent. Surely people would be happier if God played this role – but they don't realise that all they have to do is ask!

“You have no idea how difficult it is for me to watch my children mess up their lives election after election. Two choices each election for a hundred years. You look so bored. Why don't you try to change your system or is change a dirty word? Tell you what - I will work through your hearts and we will see what happens” “OK God. It is a deal.” “ Don't talk to me just get on with it. Design a communications system whereby you are working with the MPs on a daily basis. There is no need for government. You do not need to be governed or told what to do. You remove political parties and open a channel of communication 24 hours a day such that 67 million plus 650 are working together to make the country a happier place. Has Brexit taught you nothing? Has the presence of Satan on your planet not assisted you in realising the need for change? You are so depressed.”

“OK, I will be honest with you. I did a deal with Satan a few thousand years ago. I told him that my children have lost their way. Give them the best you have got. Satan was delighted but quite frankly he is really fed up now. He wants a real challenge. He says that the human race is pathetic and he views humanity with complete contempt. They believe my lies. They are killing themselves with injections. They haven't figured out all the illusions I have set up – climate change (cows farting - they believe this tripe), famine, arson, mystery mass killings, sabotage, war, black lives matter movement, woke movement to destroy freedom of speech, political correctness to destroy their language, gender issues to confuse the children to stop them breeding and interfere with women's independence, slave trading to play the races against each other, deletion of their history to remove their identity, mass migration to destroy their culture, working from home to destroy their social life, chaos in schools to destroy the kids' education and family life, lockdowns, masks, social distancing (bit of an oxymoron really) and hand cleansing. These, God, as you know, are the four main components to bring neophytes under my control. They haven't figured that either! They still haven't worked out that I am destroying their economies by using a fake virus with fake vaccines to bolster my already healthy bank accounts. He has given 6 months notice to quit this planet since he does not think there is enough of a challenge. He will try to do as much damage as he can in that notice period. And that is a lot. I have seen him at work many times. On planetary systems.”

“ The only difference between myself and Satan is Love. Satan has none and I have it all. I think that it is a fair division. Satan has instilled fear into your hearts. Fear is an absence of love. Like darkness is merely an absence of light. My message to you is to start feeling love in your hearts and give goodwill to others which will be returned to you in equal measure. This will gradually remove the fear and give you the awareness to spot all Satan's illusions and lies. Satan has corrupted all walks of life, banking, academia, schools, police, judicial system, health service and of course, the government. He is very thorough. So you have to start working together to create a community with your increased awareness. I have made things easier for you by doing the deal with Satan because all you have to do is examine what is and reverse it, if you don't like it – in simple terms. Currently many of you are still asleep so you need more hardship which Satan will be happy to provide in the last 6 months of his contract. Satan is showing you that you have to fight for your freedom and that the concept of human rights is debatable.

Satan has made you slothful through his tools of Go Compare, Cinch, Amazon shopping, TV, social media, mobile phones blaa, blaa, blaa. With your new state of awareness, you will start questioning everything because Satan has left his mark everywhere, and do lots of internal enquiry by conversing with your heart. I live in your hearts so you have no need of my mobile number or email address. The heart is the seat of your soul. We are all one because that love you feel in your heart is me – God.”

## **Gee It's Hard To Be Human**

### **UK Parliamentary Reform**

**Written March 2022**

Dear one-votes,

Our country is in a mess. I don't think that this is a controversial statement.

Our citizens must gather together and create an environment in which everybody is happy to live. Happy is an ephemeral state so let us say contented without being complacent. The citizens must go back to basics and examine everything that is happening in this country and conclude whether these happenings provide added value to the populace with regard to the happiness of the whole. This used to be referred as "in the public interest". Who decides what is in the public interest? The government without consultation with the public! A one-way street. We shall now decide what is in the public interest. If we turn down this opportunity then quite frankly we do not deserve to live on this wonderful planet.

Question. Do we need to have a government at all? No. Simple! Currently we are ruled by people who view us with complete contempt – the full extent of which will be revealed in the coming years. The government have sold us out to the Great Reset without our consent from a referendum. You don't get much more contemptuous than that! All the political parties have been complicit in this. The country is controlled outside and inside the parliament by puppets who work on behalf of the Great Reset (GR) and a treasonous UK charity called "Common Purpose"(CP). This explains why there is no opposition because all parties are working to the same end – the agenda of GR.

These two organisations are bent on destroying our spirit, our sense of identity (wokes), our families, our friendships and our businesses. They wish to isolate all of us. Their aims are to control us even down to examination of the way we think. They plan a credit system as our only source of income which will emanate from the government. There will be no cash or property ownership. Everything you buy will be controlled by the government and they will bar any purchases you make on-line which are not made with companies controlled by GR. Greed is their primary weakness and will be their downfall. When cash has gone you will be defenceless since all the banks and all the world's large businesses, including energy, media, Big Pharma and telecom, are currently controlled by the GR holding company, Vanguard, through direct shareholdings or via their many subsidiaries. I have not found any article that explains who owns Vanguard.

I am still amazed at how few people are aware of this conspiracy by GR. Surely it must be blindingly obvious when one considers that 193 countries are all doing the same thing at the same time in response to a virus which is hardly dangerous enough to lock us all down. Why are all the countries shutting us up, restricting our freedoms and imposing tyranny upon us contemporaneously. The odds are massive against this so there must be puppet masters or conspirators pulling the strings of the government leaders. The people that run Vanguard – who we never see.

I now return to my previous comment about there being no need for us to be governed. The word government I view as pejorative. From birth to death I need to be governed. In case I do something wrong? Am I born a sinner? I envisage a parliament whereby the members of the government become facilitators towards to the common objective of making the people of this country happy

and prosperous. We will not be treated with contempt any more.

People say we have democracy in the UK. They must be joking. One vote every five years for a political party. The political party has a manifesto which can run to 80 pages. Hardly anybody is going to read the manifesto since they are incredibly dull and nobody expects the political party that comes to power to stick to it anyway. Harold Wilson said that a week was a long time in politics so to plan five years ahead is futile.

Is there any advantage for the voters in having political parties? No. Political parties are just gangs. They hamper the free expression of the individual MPs when voting through the use of whips and other methods. Why are they formed? Power. They have no intrinsic value. They redistribute the wealth that the electorate has created. They are not wealth creators. They are funded by large organisations such as unions or large companies, wealthy individuals and membership subscriptions and anybody else that wants to influence the policies proposed by that particular party. Key word. Corruption.

Anybody that wants change by trying to become an MP generally perceives that the only way to achieve change is by joining a political party. They have sold their soul/spirit to the party. Change can only be brought about by using one's soul/spirit - so nothing happens. The laws, codes of practice, taxation rates etc. are all set for the sole purpose of keeping the ruling party in power so the electorate is completely disenfranchised throughout the usual 5-year term of a parliament. The voters are merely pawns at the behest of the party propaganda machines. The prospective candidate may stand as an independent but their chance of success would be incredibly slim unless they own a TV station or have some extraordinary prominence in the community. If the latter then the salary of an MP probably would not interest them. They could form a political party themselves.

Party membership has dwindled considerably in the last few decades such that the Conservative party and the Labour party have about 150,000 and 500,000 members respectively out of an electorate of about 50 million. That sends a message in itself. But how many of these people are active members? Things have reached the farcical stage that, out of a constituency average electorate of about 75,000, prospective candidates can be nominated by a majority of about 50 active members. The candidate, assuming that he represents the party with the most outrageous campaign, could become an MP with less than 50 votes. He has no reason to campaign at all. Democracy eh! Wonderful isn't it! The parties vet the constituency nomination. Sorry! Wrong colour. Wrong sex.

During the progress of the farcical three-year Brexit debate some MPs were saying "I am awfully sorry Prime Minister, but I feel that I must resign as your Putative Principal Personal Private Grovelling Secretary." All because they disagreed with the party view. Surely that must be the height of patheticism. Such obsequious behaviour typifies the party system. The party always comes first. This must change.

Time wasting is a huge drawback of the party system. None more so than PM's question time. Let us examine this in a conversation between the education minister who attends question time and his wife. So what do you do on the day of question time? I generally read the educational press beforehand. For three hours! Well no I make phone calls as well and check the post. Nothing important. Nothing important, OKKKK. So what do you do in the afternoon? Well I have lunch, a few drinks, talk to friends and maybe relax afterwards answering constituent's letters. Relax from what? What do you mean? I mean that you just had a huge adrenaline rush with all the shouting, raised voices and booing. It is similar to footballers in the old days getting drunk on Saturday night after the match, supporters too - they have had an adrenaline rush also. I reckon you have completely wasted a whole day when you could have served your country. This happens every week! Cough. Splutter.

I doubt whether the PM wants to attend question time. It is solely for the benefit of the opposition. What if there was no opposition?

Reflect on the Brexit marathon. MPs were more often found in TV studios than anywhere else. There were murmurings in corridors about their party's prospects. There were raised voices in the bar. There were time-wasting debates in chamber. What was achieved? Well the party consciousness brought the government to a standstill at one stage. Nothing is achieved for the electorate by the debates in chamber because they are fundamentally for the benefits of the parties to impose their agenda and, as a result too adversarial and time-consuming. Debates are televised to give the appearance of some meaningful activity. I am not fooled. The Brexit "debate" when all 650 MPs had their say was a joke. I could tell what party they represented when they stood up and that they were going to say what the past speaker from their party said – which proved to be the case. Complete time-wasting.

Any time, any second, an MP is aware of the party that they serve is time wasted when they could be thinking about the country's problems. I would love to see a more studious approach to parliament. Well you never know.....

Another aspect of the party system is that the MPs of the ruling party are living in fear. Fear of losing power which leads to short-term decision making – just enough to last five years. This conveniently leads to the greatest disadvantage of the party system which is long-term planning. In fact I don't think we have a long-term plan on anything in this country. Health service, care sector, education, judicial system, prisons, the role of the Police, our defence, power generation. No plans there! They are all in meltdown. We must act quickly.

My approach to a new system of parliament is purely a conceptual one without having any knowledge of how parliament works. Well it doesn't - does it! I consider this an advantage since my mind is clear for creation. I am coming from a spiritual perspective. So I am starting as if 67 million people are stuck on an island without a government. LIKE NOW! How do they form an effective communication system such that everybody feels involved and that help is not far away. Where smiles, grins and laughter are permitted under Section 23 of the Social Behaviour Act 2022. How do they create an atmosphere that is INCLUSIVE and SUSTAINABLE. Sorry I couldn't resist that! Can they achieve this twin objective without killing 90% of the population? Yes. Let's give it a go!

They decided to look inside themselves first to discover who they are and how they wish to interact with each other. They are conscious beings comprised of mind and soul/spirit occupying a human body.

The mind creates thoughts and soul/spirit creates emotions and their lives are a constant interplay between the two. The brain is just a tool for the mind. Their perception is their reality. Their current perception is based upon their thoughts and emotional experiences to date. They can change their reality by changing the way they think of themselves. They decided not to blame others for their reality until they have examined what their heart says first before pointing the finger. The heart is the seat of the soul/spirit. They decided that the aim of their society is for each citizen to reach harmony between mind and soul/spirit. They realised that increased self-awareness can only be achieved by internal enquiry. This can involve examination of their time line from birth. The time line will assist the citizen in understanding their current reality and recognise any imbalances which need amending in the progress towards harmony between mind and soul/spirit.

They decided that, since each citizen is a conscious being comprised of mind and soul/spirit, then they will deal with others as equals since they are also conscious beings comprised of mind and soul/spirit. They decided to meet strangers giving them unconditional respect as equals. They

decided that the only crime is that of disrespect. They realised that this approach will remove awareness of the colour of a person's skin, their religion, their sex and physical handicaps when interacting. This will avoid preconceptions. They decided that all cries of help from citizens will be answered since they realised that their community will be judged by other communities by how they treat the most vulnerable of their number.

They also realised the importance of dictating one's own feedback. One has to give what one wants to receive. Sounds weird but it is true as I have experienced it. If one wants love one has to give it first and others will return it by imitation. If you want respect then give respect to others before it is returned to you. All the above were taught in schools.

They appreciated that a central assembly must be established to serve the requirements of the whole and interface with other earthly communities. They called this parliament.

So they divided the community into 650 parts called constituencies. I have no idea where they got that figure from! Elections were taken in these constituencies and the winner became an MP. No political parties! Prospective candidates must be over 40 so that they have some life's experience to contribute to parliament and live (not a second home!) in the constituency. The intention of the electorate in each constituency is to pick the most aware and creative individual in their midst. The voters did their best to research all the candidates so that their vote had value. They were aware that in other communities too much power had been given or taken by their parliaments which led to arrogance or tyranny so they wished to keep the system as devolved as much as possible.

The 650 new MPs voted for their PM since they had to work with the PM. The PM could be removed if a certain number of MPs object to the premiership. The PM, after installing a cabinet, announced to the voters what the parliament intended to achieve over the five-year term of parliament. Each following year the PM discussed departures from the plan and what they have achieved in the last year. After a settling-in period of one year of parliament, the major department heads were required to attend for one hour on TV to discuss their department. This happened every three months for each head and the appearances were spread evenly over the country..

They decided that parliament would install a free 24-hour day landline for contact with the voters called the "one-vote line" to demonstrate equality. The intention was to attract ideas and obtain information from the voters to assist the parliament in their task. People can interpret this as a rant line. That is OK because a rant imparts information and can give rise to new ideas. It was not supposed to be an "agony aunt" line. The caller must have exhausted all other avenues before making the call if they have a gripe since the operators are well paid.

The one-vote operators were hired for their compassion, intelligence, patience and flexibility. In short they were a cross between a Good Samaritan and a diplomat. They received a one-week course in the workings of parliament, councils, charities and made aware of the funding available to UK businesses. They were paid about £50,000 to £60,000 a year initially on six-month contracts since, at the beginning, the MPs had no idea what the response would be from the voters.

They decided to install a website called Postboard. Its sole use being for announcements from the PM. Examples such as "the one-vote lines received 5,023 calls yesterday which has overloaded our 45 operators, so please can you cut your calls today to enable our operators to ring the 1,963 callers who could not get through. Thank you."

OR "the new business department (see below) is considering setting up a website called "Thames." This website will only sell goods manufactured in the UK. In common with other websites named after rivers it will not pay tax in the UK. It will not pay any tax in the UK because parliament i.e. you will own it. Please go to the following website and vote as to whether you think



this is a good idea. When you go to the website and vote you will see there is a section for people who voted yes to the idea to give their personal details if they wish to be involved in the project and they will be asked what they consider they can bring to the project. If you voted no there is a section for giving your reasons why not, which is optional. This site will be left open for 90 days. Thank you.”

OR on a quiet day. A football team is as good as its weakest player (Confucius).

OR After two years of negotiation with the French authorities we have agreed to accept 5,000 foreign citizens into the country who have been residing in Calais. We don't have their names yet. I apologise that this is a bit out of date now! (June 2023)

OR The results of the recent survey about banning the manufacture of plastic ducks were 49,563 for and 1 (!) against.

OR Parliament wish to concentrate on the education system. We freely admit that because of the internet we haven't a clue how to educate you. So we invite replies from people who are aged 25 or under who are currently at school or have been through the UK school system. If your reply reads “it is crap” or “I hated it” we will treasure your reply but by itself it will not be enough to help the education of future generations. We really want to know the drawbacks of the existing system so if you didn't or don't like school please tell us why. Thank you. So we point you to the following website to complete a survey concentrating on how you obtain your knowledge and what are your interests.

We are not interested in your names because they are probably silly anyway, but you are welcome to give us your personal details if you wish to help us to improve the education system. We also want you to imagine what your childhood would have been like if you did not go to school. If we abolished school then we could save a lot of money couldn't we? We could pay for grandma's hip operation instead. There is no point in anybody wasting their time educating you if you are not interested in learning or do not understand the beauty of learning. Consider what you would do with yourselves if you didn't have to go to school – would you want to learn? Would you want to help your community?

We beg you to complete the survey for future pupils.

These are just a few examples of Postboard. Postboard can of course be used for referenda - most likely for moral issues involving, say, abortion law and capital punishment. The Postboard boss must have a sense of humour because he or she is in charge of the “one-vote line” operators, some of whom may be having a very bad day. He or she would also be in charge of receiving the results of surveys. He or she will also need to make postings every day on Postboard so humour is at a premium to keep the public interested so they will check it every day after the PM has approved the entries. I am trying to restrict the sexes to two for the sake of simplicity.

They realised that they needed a New Business Department (NBD) to be headed by a pro-active businessman or businesswoman of considerable experience in foreign trade, well-travelled, inspirational communicator and also an educator on the same salary as the PM. His or her brief was to act upon referrals from the “one-vote line” operators, develop and make contacts abroad to ascertain the needs of foreign trade ministers, check monthly import figures and what has been imported and from which country. Basically to maximise the trade surplus. They needed to identify whether they could compete from scratch with the imports in-house or whether the product was already being made in the UK – in which case NBD called the importer to ascertain why they went abroad. They had to develop a system to obtain this information. The NBD was assigned to develop new businesses in the UK especially in areas of high unemployment and assist in training people in international trade and how to run a business in the UK. The NBD was paid by the

government but was not under the ambit of a ministry although the NBD head may be asked to attend cabinet meetings. Staff were regularly interacting with other departments. The NBD head will be interviewed and appointed by the cabinet.

So, in outline, that is what the 67 million did.

I will continue in the present tense now. I will try to expand on what they did and why.

This following move I consider is fundamental since the “one vote lines” callers could be ringing about any topic so parliament must have everything covered so that the originator of the call has a reply from parliament within a reasonable period of, say, three weeks. All referrals must be attended to – otherwise the electorate will quickly lose confidence in the “one-vote lines.” The “one-vote line “ operators will not give out a number direct to a caller – they will just take the caller's number and pass it on to the appropriate group or individual.

The Postboard boss, who hires and fires the “one-vote line” operators, will meet the new MPs ( except the PM and the cabinet) and enquire as to their area of special interest. A list of, say, 200 categories will have already have been chosen. The intention of the Postboard boss is to cover all the activities taking place in the UK and all the geographical locations in the world. The MPs do not require any prior knowledge of their chosen subject, which would be a bonus, but the subject must be interesting enough to occupy the mind of the MP for 5 years. The MPs should be allocated in minimum groups of 2 and probably a maximum of 7.

A specimen sample of categories could read as follows:-

Youth recreation (3)  
Waste disposal (3)  
Autism – cause and education and work placement (3)  
Care of the physically handicapped (2)  
Care of the elderly (3)  
Engineering industry (3)  
Science and research (4)  
Retail sector (3)  
High streets (3)  
The environment- preservation mainly (2)  
Pollution (3)  
Banking sector (4)  
Cancer cures (4)  
Film and TV Industry - we want one! (4)  
International and national crime (specifically fraud and terrorism) (4)  
China (6)  
USA (6)  
Russia (4)  
EU (6)  
Brazil (4)  
Indonesia (4)  
New design for the NHS (7)  
Policing (3)  
Prison system (3)  
New business ideas (3)  
Power generation (6)  
Rare minerals (3)  
Social media (5)  
Education system – create one that develops imagination (7)

That comes to 115 - so there are loads more. The MPs must be covering everything around the world and in the UK- that is the principle. The numbering is very arbitrary. The research subjects will be expected to change, or new ones created, upon national and international circumstances and the “finiteness” of the research subject, so MPs may be involved in, say, three different research groups during the five-year term of parliament. Of course, with small research groups, there will be personality issues which will be easily solved by contacting the Postboard boss with regard to an MP requesting transfer to another group.

The above research will be their principal role. Every month they will meet and discuss their subject. They will invite others whose names have cropped up in their on-line studies. They will be paid day rates. The committee will be solely the MPs and nobody else would be salaried. Examples of invitees could be a journalist who is particularly knowledgeable about China, a doctor who has some very revealing views about the causes of autism and what jobs the autistic people are best suited to, a mother from Sunderland who has ideas about youth recreation, a corrupt ex-banker who wants to do some whistleblowing, a warder who has some ideas about finding work for ex prisoners or an ex-MP who is giving the benefit of their experiences. Just examples – basically anybody who has anything to contribute is welcome at these monthly meetings!

I think this would be immensely stimulating for the MPs because they will be learning so fast. I know how it feels because I have done over 2,000 hours research on-line in the last year which is more than I did on a 3-year degree course. I have a degree in the illusion created by GR. The MPs can contribute to parliament in debates on their chosen subject which is obviously good for the ego. The minutes of every monthly meeting on every subject will be mail-merged to all the other MPs. So that is about 200 emails a month received by each MP! At this stage the parliament will be buzzing. Information overload! But everybody will be up-to-date and unencumbered by party consciousness. They would be freely expressing and so would the populace after they have recovered from GR and the Covid scam. That's the aim. All freely expressing and gagging to learn new things. Needless to say there will be knowledge discovered by one group of MPs which will be of interest to another research group – this MUST be shared.

The debates in chamber are so formalised, boring, and, as explained earlier, incredibly time-wasting that I wonder whether we actually need MPs at all. This occurred to me half-way into the 3-year debate on Brexit. Hang on – who is running this country - I thought? It certainly can't be the MPs with blank time sheets for 3 years. The Civil Service? Or maybe the country just runs itself with all the countless laws put in place so we don't need MPs who have sold their soul/spirit to the party. No creativity there. Hence every activity in the country is in a complete mess.

Surely there must be a more efficacious method of passing motions and resolutions. A new motion emanates from the PMs office and is emailed to all the MPs. The MP has the following choices:-

Box 1 tick if agreeing to the motion

Box 2 tick if disagreeing with the motion

Box 3 tick if abstaining

Box 4 tick if wishing to debate in chamber thereby leaving boxes (1) to (3) blank.

The PM will have agreed with the MPs what percentage of the MPs will give rise to a debate – could be 10% for example. All the MPs within a month will know what has happened in the other 199 monthly meetings, or, at least, have constructive notice if they have not read their emails. They therefore will be aware of most of the issues put forward in the PM's motions unless there are other issues that arise in which case most MPs will probably opt for a debate. There will be a vote in the chamber after the closure of a debate – the result of which will supersede the prior email voting. The MPs can create a motion themselves by contacting the PM's office. The PM, if happy, will circulate the motion to all the MPs.

I do not see any virtue in a recess. I disagree with a complete closure of parliament. I feel that MPs should have, say, 5 weeks holiday per annum and they can take them any time during the year outside the weeks allotted for chamber debates. These could be, in a “normal year”, four blocks of two weeks dotted throughout the year. Approval for MP's holidays will be given by the PM and the PM's Principal Private Secretary (PPS). A record of holidays will be kept by the PPS.

In summary, the MPs are required to be in parliament for 8 weeks plus 12 monthly meetings with their research colleagues. The rest of the time can be spent in their constituency doing research, dealing with local issues, reading minutes from other MPs' research projects and corresponding with their own colleagues. They will also be doing site visits in relation to their research and interacting with ministries along with replying to callers on the “one-vote lines”. The relocation of MPs to their constituency means that they remain grounded at a grass roots level. This removes the risk of acquiring a cloak of hubris currently experienced by association with fellow gang members and the grandeur of the London office.

This working arrangement makes the MP's staff in Westminster redundant as the staffing would be arranged in the constituency. The aim is to devolve more power to the constituencies. The cabinet ministers would be full time employed in London including some MPs they may second to their department.

The MPs would be made titular heads of their local council. They would work with the council leader on a budget for income and expenditure for their constituency and submit to their personal contact at the Treasury by 28 February for the following year ended 31 March. Every month, say by the 15<sup>th</sup> following the month end, an actual income and expenditure account will be submitted to the Treasury contact alongside the budget with explanations for variances over 10%. It would be wise, if only at the beginning, for the MP to actually meet their Treasury contact so that a personal relationship is established and for the contact to visit the constituency. This makes the figures come alive to the Treasury employee rather than some mumbo jumbo. It would be desirable if the Treasury contacts originated from the same areas as that of the MP's constituency.

The MPs would be advised to keep time sheets for themselves since their job is completely new and they would assist in spotting the reason for overwork and filling unoccupied time.

The new MPs will be providing added value to the parliament over and above those with party consciousness in residence at present, so they merit a higher salary. I suggest the following salaries to incentivise those people that are creative and aware who wish to stand for parliament:-

The PM and NBD chief £500,000 per annum

The Chancellor £400,000 per annum

MPs £150,000 per annum

I cannot really comment on any others since I am unaware of the respective responsibilities and workload of the other ministries.

The independence of the MPs will completely change the parliament's relationship with the Mainstream Media (MSM). Currently, MPs and those working in the party HQ are very sensitive to criticism from the MSM since it is a threat to their power base. Independent MPs will be able to move freely without fear amongst the electorate. They will have no reservation about expressing their views in public since these are personal views and not those of a party where discretion would be at a premium. They can be utterly themselves in front of the press or in a conversation in a pub. The “one-vote” lines encourage the electorate to speak freely so one can hardly deny the MPs free speech.

The “free” movement of MPs will be a great PR exercise since the electorate, who often see issues in black and white (as do the MSM), will see that everything is a sea of different shades of grey and will be educated, as a result. They will also see that their MP is reachable and cares about the constituents. They will not feel constrained by a more formal meeting at the MP's surgery. The MP will spend more time in the constituency than they do now under the current party system.

Political parties set themselves up to be shot down due to their arrogance which is why the adversarial interaction between the parties spreads to their interaction with the press, which too becomes polarised. This polarises the electorate but most of them are apathetic about politics because they know that they are completely disenfranchised. The press really are not very constructive since most articles are negative. The system with independent MPs will remove any control of the conduct of parliament from the MSM. There really is little mileage in a journalist criticising an MP for some minor behavioural issue when there are another 649 to pursue. Much better if it could affect 360 MPs from one party. The journalist, under the independent system, will have to produce well-researched, balanced articles on issues that benefit the UK population which could lead to them being asked to attend MP's research meetings on day rates. This will give kudos to the newspaper if their staff are advising parliament. The press will be working towards the same end – to improve our lot!

There are 67 million people out there who are now enfranchised after having been disenfranchised for centuries. They, initially, probably will not realise this. Power is not in the exercising but having the ability to exercise. They don't have to phone the “one-vote lines” - but they can if they wish. This option not being previously available. The electorate have lost the ability to vote for the PM but have received an open line to parliament – which country's citizens have that? They also have the choice of the individual they want to represent them. I suspect that most people vote for the party currently without having a clue as to the identity of their MP (as I do).

Are you sceptical? I haven't started yet!

Postboard entry - Armageddon minus 30.

Message for the management of Glyphosate Infected Foods Ltd. I have been informed of certain nefarious practices conducted by your company which I set out below. If these practices have not ceased within 29 days then I will enter the following message on Postboard in 30 days time:-

“ due to the following unacceptable practices being operated by Glyphosate Infected Foods Limited, citizens (67 million) are advised to shop elsewhere for food.”

If the management feel I am being unfair then please feel free to phone the “one-vote line” and ask the operator to give your contact number to the MPs dealing with the Retail Sector and mark it as “urgent”. Thank you. Lack of knowledge of Postboard is not an excuse!”

How's that? There were 25 phone calls to the “one-vote lines” on this matter of which 7 were referred to the Retail Sector MPs - 18 callers were told that referrals had been made so they were happy. The relevant MPs took three days contacting the callers, two days in the PM's office and then the following day on Postboard. 6 days - no legal fees or lengthy court hearings. God! I love capitalism!

Is that exercising power? The PM is not telling the citizens to discontinue shopping at the stores. It is their choice whether they listen to parliament.

Postboard Entry - 3 months after the last election

Message to the constituents of Rackham South

Your MP has admitted that he works for Common Purpose (CP), a treasonous charity whose aim is to subvert the progress of democracy in the UK. CP has connections with the EU and has been working to destroy us along with GR. These people are not allowed to hold higher offices. There will have to be a by-election.

These people are greedy, soulless and without compassion. They are easy to spot. I know it was the first election for you under the new system, but please try a little harder this time. By-election date to be announced in the next month.

It is advisable for the Postboard entries each day to be read out on TV and Radio News at times considered appropriate by the station to keep people informed who don't use the internet much, or at all. Postboard entries should be between 1 and 5 entries per day. Not too many, but not too few.

The 67 million introduced the concept that the only crime is that of disrespect. This resulted from their acknowledgement that there are just so many crimes now that most people are criminals. This has given the police and the court system an impossible task. The system needs to be simplified. So the only one of meaning to their future community is lack of respect to another which specifically includes lack of self-respect. Lack of self-respect hinders citizens from respecting others which can lead to crimes of disrespect to others. The aim of the new community is for all the members to harmonise the mind and soul/spirit. This is their personal quest. I think there are far too many people in prison now because of society's blinkered approach to crime. The courts, police and the prison system should be concentrating on harmonising everybody such that crimes will not exist.

So the electorate have disposed of political parties. They have spent considerable time on deciding who is the most appropriate individual to represent them as their MP - thereby showing respect to the successful candidate. The MPs have returned that respect by opening the one-vote line. The voters MUST do the research on the prospective candidates to find the individual best suited to sorting out the mess this country is in. That is the primary objective of an MP. I don't care if the turnout is only 10% - at least I will know that 10% of the electorate care and have given a positive vote - although 10% is disappointing! If voters can't make up their minds, don't care about elections, can't be bothered, I will just vote for what Dad or Mum says, then please DON'T vote. It shows disrespect to the electoral system if you do! The system is asking the voters for positive votes. The system is asking the voters to give of themselves - read all the websites, go to hustings, listen to candidates at the door, read leaflets, talk to others. Believe in the new system and believe that you made the best choice. If you don't make the effort then how can you expect the MPs to respect you? There is no room for apathy or laziness. I want this country to buzz!!!

The prospective candidates are baring themselves in front of the electorate. To be able to do this they must have conducted a lot of self-enquiry - which is great because they are increasing their self-awareness as a consequence. They are exploring what makes them a suitable candidate and what special attributes they can bring to parliament. They are deciding their best approach to the campaign. Are they better at one-to-one or writing a website or behind a microphone or in debate? Lots of soul searching - very healthy! An unsuccessful candidate may not be disappointed because, if they attracted attention for a particular reason, parliament may wish to hire them, but just not as an MP.

The current MPs should be disqualified from standing for parliament in the first election under the new system (so 5 years). There are a number of reasons for this:-

- (1) they are under a shroud of party consciousness. This needs time to heal. They need to freely express themselves in parliament.
- (2) I am not aware of any MP who did any research on-line about GR. That is a conspicuous

omission. If they did then they were too cowardly to speak out.

(3) all the political parties are serving the GR agenda by their actions or inaction so that, by association, makes every MP culpable for our demise and the consequent deaths and injuries (mental, physical or both).

(4) many MPs are committing fraud, deception and are guilty of more serious offences.

Any person found working for, or has worked for, CP should be disqualified for holding high office anywhere in the UK for life.

I have no idea what the readers are thinking right now. Let me emphasise that all the political parties are responsible for our demise. How are voters placed at the next election after nearly 2 more years of evidence has been placed before them. Which party should I vote for? To hell with it! I won't vote. Well I could vote for an independent. Which is precisely what I am saying. There is no party system left as they are all controlled by GR and CP. Now is precisely the time to change the face of parliament. Now.

It is only with new faces that corruption in every facet of our country can be removed. Otherwise we have the ridiculous position whereby in 2024 the same party or another party purports to remove the corruption which all parties have created. Doesn't make sense does it? Another party makes no sense either. PR is pointless as you still have parties. Who is going to finance a new party? Are they going to reveal the source of their donations? New parties are corruptible. It is hell revisited. We know what it is like. We are in it now. It is a long time since we had an independent enquiry into anything in the UK. Let's do it now.

The first thing the new PM must do is order an audit of the Treasury and the NHS finances. Test our water and foods consumed, the injections administered by dentists, the air et al. Do we still have our gold reserves? £225 billion value was the last I heard. Have they been mortgaged as collateral against loans. Who has loaned the UK all the Covid funds? There will be many skeletons. What are our assets and liabilities? What is our opening balance sheet? What off-balance sheet commitments have been made?

We cannot wait until after the 2024 election when we will have no freedom left and more and more people will die and be injured unnecessarily.

We need MPs who are aware. who think outside the box, who respect the electorate and the sanctity of the individual. We need MPs who bring love, empathy and compassion to bear in the performance of their work. It is only these people who can remove the stench of corruption that pervades this country.









## **Gee It's Hard To Be Human**

### **Introducing love into a government department**

This is a call made to the one-vote line:-

“Hello - one votes (going up in the last syllable for effect).”

“ I don't have a question or an idea but I just wanted to tell you that my production figures have increased by 20% over the last year and I don't know why.”

“ Have you checked the employees' happiness level? “

“How do you do that?”

“The main symptoms of happiness are grins, smiles and laughter in its highest form. These have been quite rare in recent years. Have you noticed any of these symptoms in the last year when compared to the previous year?”

“By George! You are right. I have heard laughter at times and they do appear more relaxed. So do you think that is something to do with this “one-vote” line?”

“100% to do with it. This line is installed to integrate the electorate into the policy formation of their country. I love this work because I can feel an increase in positivity from the callers and such a variety of subjects and nationalities. The callers are invigorated by being allowed in to what was considered the private sanctum of politics. I think the word politics will gradually disappear from our speech due to its Machiavellian connotation. This is a 24-hour day interactive democracy.”

“How do you manage with all the variety in the callers?”

“ Well, basically we are all conscious beings comprised of mind and soul/spirit. Our hearts are the same colour. We all urinate and defecate. We are all the same really.”

“Yes. That is a great way of looking at people.”

“Do you want me to refer your comment to the Spiritual Health Department?”

“ ? Never heard of that!”

“Few people have. They just have Greta as their sole secretary who breezes into their office with a compliment from the public and dances around shouting YESSSS! She will then compose herself and return to her desk. The trouble was that there were 5 people in that room who were only accepting compliments from the public on behalf of the government. Well one day they all disappeared.”

“Wow. That is some story.”

“The police got involved and their partners interviewed. Their partners testified that they had not seen them since the day of the disappearance. Now this was really spooky for the police. All of them were really happy. It was almost as if they were relieved their partners had gone. They all told the police that they had not left but they cannot see them anymore. They therefore told the police to call off the search, which they did. A friend of mine went to see a psychic/healer about this. The psychic said the answer was quite simple. They haven't disappeared – they are just vibrating at a higher frequency so they are out range of sight. The visual part of the electromagnetic spectrum is very small so the fact that you cannot see them does not mean they are not there. Who has seen a micro wave or a radio wave? There are many many more entities in the universe than those that you can see – an entity being defined as a conscious being comprised of mind and soul/spirit. The healer went on to say that what is in that room is pure and adulterated love which has been built up by the compliments to the government over a period of time. The healer said that their disappearance was a gift from them to the government and the nation for following a spiritual course.”

“Wow. I have said that before, haven't I? Have you ever been into that room?”

“ Yes, five times. I can't go in now until just before lunch because it takes me an hour to get over

the euphoria. In each of the previous four visits I went straight back to work afterwards which was a big mistake. I couldn't take the callers seriously because I was so euphoric. One of them asked me if I was on drugs. I just said that I had a weird awakening.”

“Is love a drug?”

“If it is then it is a lot cheaper than alcohol, cigarettes and street products.”

“Do you think it is wise to inform Greta? She must be close to going. She also must be lonely.”

“ I think so too. She has a huge aura. She can't stop laughing. I think she is bubbling up.”

“In that case, is there anybody who could relocate her to Postboard – you must need someone particularly insightful to interpret the results of surveys and convert them into earthly policies.”

“That is a really good idea. Thank you. Yes I can do that. Must go now I have an appointment with my landlord. He always slags me off when I am late at the bar. Cheers.”

“Me too. Cheers.”

## **Gee Its Hard To Be Human**

### **Crime**

Crime does not exist in a mature society where all the citizens are harmonised between their mind and soul/spirit. There will be no motivation to commit crime. People would not even consider it. No police, judicial system or prisons. But that is a long way off! We must however, on our journey to maturity, suffer crimes. It is clear that the police are poorly led, the judicial system is virtually non-existent and the prisons are under real pressure, so there is a lot of work to do.

My approach to crime is to introduce another crime. Yes - another crime to add to all the others on the menu! A crime of disrespect. Virtually all crimes are crimes of disrespect so the large majority of crimes will disappear and be bracketed under disrespect. This will simplify matters somewhat. Murder – disrespect. Robbery – disrespect. Fraud -- disrespect. Grievous bodily harm – disrespect. Rape – disrespect. To name a few. The mature society will immediately accept that a crime of disrespect has taken place and that the culprit needs balancing of mind and soul/spirit. A balanced individual would not consider committing a crime so by implication the perpetrator of a crime must be unbalanced in this respect. The mature society will put things into place to ensure that the culprit does not re-offend.

So we need psychos to do the balancing. There are so many long words with “psycho” as a prefix - therefore I will use psycho to describe them all. Hey! Just appeals to my sense of humour! To achieve the objective of harmonisation countrywide we need many psychos. Psychos attached to the courts, the prisons and in the constituencies. The network of psychos are gold dust to society since they are involved with reducing crime, reducing sentences, thereby cutting the prison holding costs, reintegration of prisoners into the workplace, reducing pressure on accident and emergency. The prison will gradually disappear and be replaced as a harmonisation centre.

Let us get one thing straight. The criminals are our equals. They are conscious beings comprised of mind and soul/spirit – as we all are. We are not much of a society if we don't look after the vulnerable members of society, the aged, the young and the criminals. You may find this surprising. I think you will find that the majority of criminals have low self-esteem. This is lack of self-respect which, to my mind, is a crime of disrespect to oneself and requires harmonisation. If somebody does not respect themselves then they find it difficult to respect others, which makes them a risk to others, so the psychos have to nip this in the bud. The whole country lacks self-esteem and we are all unbalanced to varying degrees. I still haven't managed to give up smoking so I am unbalanced too. I need harmonisation.

Can I give you a story to explain where I am coming from - this may seem crazy?

This is a story of a young man who killed a girl.

The family of the deceased girl agreed to meet the young man at the police station between conviction and sentencing. A psycho was in attendance. They did this because they accepted that they could not bring their daughter back. They realised that meeting the offender would help the family to overcome their loss because they would understand the reason for the crime and that the members of the population are interlinked. The maltreatment of a child in one household caused the death of an innocent girl of another household. The brave (and it is brave) gesture of the family would assist the young man in his harmonisation process. Children should not be excluded from this event because they have no fear. They tend to ask questions that adults will avoid and make the offender feel even worse about the offence he has committed. This is healthy. The children have

longer to live than their parents so they are even more entitled to understand why their sister was killed. A 6-year old may pipe up to the offender “you mean your mother did that to you at my age! That is disgusting!” Yes, I hated women after that. Never ever underestimate children.

Let us proceed to the near future in the Spiritual Court of Crimes of Disrespect. The only crimes are those of disrespect. The Judge in Session is the Lord Holmethrop-Postlethwaite of Little Whittington – ex Lord Chief Justice.

Judge: So how do you feel?

Offender: I feel great.

Judge: So do you think you have gained anything?

Offender: I feel as if my whole being has been opened out. I feel like a chicken who has been gutted and all the insides have been returned to different places and sewn back in. Your Honour.

Judge: I haven't heard that one before. I like it. By the way – you can call me Frederick. I think “Your Honour” is outdated. I feel distinctly uncomfortable hearing it now.

Offender: OK, Frederick.

Judge: You caused crimes of disrespect. Firstly you allowed your mother to take away your own self-respect. Secondly you failed to control your anger and low self-esteem and took no action to repair the damage thereby caused. That in the present environment is quite frankly unacceptable. Do you accept that you are a conscious being comprised of mind and soul?

Offender: Yes. I accept that I am a being comprised of mind and soul. I didn't know that then.

Judge: The awakening (a few words about this are at the end of this chapter) happened five years ago when you were seventeen years old to remove us from the slough of despond. You were so full of anger. And yet you did nothing about it. I reject your plea, if I may dignify it as such. Sounds more like an excuse. I sentence you to five years, equal to the amount of years' neglect of yourself.

Offender: five years! That is a bit much, Frederick!

Judge: Not only did you upset the spiritual development of a girl because of your hatred of women, but upset four other souls, her mother and children, and all her friends and teachers as well. This is the consequence of you not doing your spiritual work. Why didn't you do it?

Offender: Well, for sixteen years all I could feel was rage towards to my mother and subsequently rage became my companion. My friend almost.

Judge: In the last five years how many times have I heard that? Did your mother ever apologise?

Offender: No. I left home a few weeks before the awakening and lived with a friend rent-free and got part-time work. I have not seen her since.

Judge: Is your friend doing spiritual work?

Offender: Yes, but I suspect it is very half-hearted.

Judge: Will he visit you when you are in detention?

Offender: Yes. We are good friends.

Judge: Good. Would you do me a favour by asking him to do a bit more work?

Offender: Certainly Frederick. Yes.

Judge: Back to this sentence. You realise now, I hope, that I have to sentence you to detention and you clearly understand why? Do you think you can cure yourself within three years?

Offender: Frederick, I can do it quicker than that, two years.

Judge: Plea bargaining. This is more like crunching a business deal. Pre-awakening, people who committed an offence known as murder in earthly terms, because it involved a body, would have been detained for twelve years, with untold negative spiritual consequences, and they would not have been fortunate enough to be “gutted like a chicken” as you so graphically put it. They went into prison emotionally damaged and received some but inadequate help from psychos attached to the prisons. A lot of prisoners treated the psychos with contempt. They treated it as a fight. So they did not help themselves and, as a consequence, re-offended, armed with knowledge from other prisoners. The Court is working on this.

You are also fortunate that the family members of the girl that you killed were evolved enough to help others so that everybody gains spiritually including you. If they had not assisted you, probably a sentence of eight years would have been meted out, since we don't have enough people trained in understanding the emotions. I urge you not to approach the girl's family after you have completed the sentence. I would consider that a gross intrusion because you don't know where they are in their spiritual development and it could most likely arrest your spiritual development, if you receive an adverse reaction. If you happen to meet one of them by accident and they hesitate upon seeing you, then use it as an opportunity to approach them slowly and give them your heartfelt thanks for saving your life. That is all you need to say. Do you understand?

Offender: Yes, I do. Frederick.

Judge: Do you think you can do your work in two and a half years?

Offender: I can't thank you enough. Yes. Yes, I can. I agree to two and a half years.

Judge: That is true. You can't thank me enough. Please look into my eyes when you repeat these words from your heart. Feel them leaving your mouth.

I HAVE BEEN DISRESPECTFUL TO MYSELF  
I HAVE BEEN DISRESPECTFUL TO OTHERS AS A RESULT  
I HAVE BEEN LAZY IN MY SPIRITUAL DEVELOPMENT  
I AM GRATEFUL FOR THE HELP OF MY VICTIM'S FAMILY  
MORE THAN WORDS CAN EXPRESS

That is great. Now look into my eyes closely and repeat this:-

FREDERICK. I THINK YOU ARE FUCKING MARVELLOUS.

Thank you. I really believe you do. My wife has never said that. It brings me great joy. Please take my image into your detainment and images of the victim's family and be grateful. Now all we have to discuss is your accommodation.

Offender: Accommodation!

Judge: Yes. You have to be detained somewhere. Do you want a single room or a double?

Offender: It really has to be a single. I want two and a half year's silence. My mother had the TV on all day. She never watched it with any interest. She just observed it with no change of expression. And, when it cut off after four hours I cannot explain to you, Frederick, how beautiful that silence was, when I was so angry with her. Rage and noise together made me more angry. So what does she do? She flicks her remote and the noise starts again. I walk out to my room.

Judge: You see you really missed an opportunity there. You should really have taken her favourite ornaments off the mantelpiece and chucked them at her TV, causing as much destruction as you can, thereby invoking your rage to its highest point. Everyone knows the sound of breaking glass. It echoes for ever. Very therapeutic. She will surely be clicked out of her mindless life to recover sufficiently to say "WHY THE FUCK DID YOU DO THAT?" To which you reply "WHY THE FUCK DID YOU ABUSE ME WHEN I WAS SIX YEARS OLD?" The rest will follow on familiar domestic lines and most likely would have saved a girl's life.

Offender: Thanks for that. To be honest with you, Frederick, I wanted to kill her so many times. I hated women so much. To me they were selfish ignorant creatures beneath contempt. I just cut off my mind at school when a woman teacher entered the room. Fortunately they didn't ask me any questions.

Judge: You do realise that I would have given you eight years for that?

Offender: eight years just for killing my mother! Who is no use to anybody!

Judge: Well, there is still a lot of rage in you. I suggest you do the first exercises with this in mind before you progress to other matters. The key point here is that you have just killed your mother. So who is left from the victim's family to give you pre-hab? I like that expression. Pre-hab.

Offender: OK. I get it. Me. So I have to cure myself. It is back to square one, isn't it?

Judge: Precisely. It has taken five and a half years off your sentence because meeting your victim's family was such an emotional experience for everybody present and the more honest you are about your past the greater the benefit for you. I must be honest with you. At weekends I have the TV on for over twelve hours on Saturday and Sunday because there are normally two golf tournaments in different time zones, and either cricket or football in between. I watch Sky and they also turn that off every four hours, so on a normal weekend six times I have to go to the remote. What is more, sometimes I don't know which remote to use because one is for Sky and the other is for turning the TV on or off.

Offender: Surely you don't sit down all day for twelve hours.

Judge: I do the Crossword, Kakuro, Samurai Sudoku and read the bridge column. The Jumbo crossword I normally leave for Sunday. All the while the TV is on and I turn to it if an exciting moment occurs. May I bare my soul to you? I play Ffacebook games.

Offender: What! Which ones?

Judge: Candy Crush and Farm Heroes.

Offender: What! Our generation stopped playing those at age eighteen! You are a High Court judge in his sixties.

Judge: Yes. But sometimes these games last an average of two and a half minutes and the average attention span for somebody your age is about one minute per game. It is no wonder your generation stopped. They got bored after a minute. The difference between us is forty years or one a half minutes per game. I have another admission to make. I hate your mother too because through her mindlessness she has destroyed the enjoyment of others who derive pleasure from the programmes. I digress. You will have a single room with no TV in one of four different environments:-

(1) the old prison system where people were incarcerated for crimes such as yours. I consider this unsuitable for you. You would be able to provide added value with regard to your recent experience but that is all. You are only twenty two years old so you are not worldly-wise enough to empathise with repeat offenders aged between forty and sixty five. People much more experienced than you are working with them anyway.

(2) there is an open-plan prison for white collar detainees. These are mainly fraudsters and conmen. I find them insufferably egotistical which I find rather amusing considering their current circumstance. These people are generally intelligent. Theoretically they could take you under their wings but the knowledge they wish to impart is likely to be tainted with arrogance.

(3) there is a holding facility for those who have sentences between two and eight years for crimes such as yours, grievous bodily harm and other offences. This would be suitable for you if you wanted to build up longer term friendships.

(4) there is a holding facility for those who have committed crimes such as burglary, burglary with violence, weapon-related crimes and other less serious offences where the psychos perceive the offender may re-offend, which they wish to avert. This is suitable for you if you wish to meet more people over shorter periods.

Which one would you like?

Offender: I think I will take option three because I only have one friend and I think a few good friends is better than many acquaintances.

Judge: A wise choice. So that is settled. Go forth, integrate yourself as quickly as you can. Try and empathise with others and gently ask them about their lives, their time-line and understand their reasons for sharing the same accommodation as you. This will assist the psychos. Think about what



you want to do after you finish and observe which options will give you the most joy and then investigate what aspect of you draws you to this particular option. These exercises will assist you in achieving self-knowledge and harmonising your mind and soul.

Your crime was to transfer your personal rage onto others of the same type as your persecutor and slaughter an innocent rather than throwing ornaments at her TV, which is a fine statement, in my opinion to bring about a reconciliation with your mother – the subject of your torment. Your life is so shallow now that, if your mother looked like an armadillo, then you would be killing armadillos and the girl would still be alive. Your rage is vast. You would still get a custodial sentence even though it is not a crime to kill an armadillo. It is a clear sign that you have a problem with self-respect. It is disrespectful to the armadillo's family and friends. They have just as much right to live on this earth as you. It is also a sign that you need harmonisation of mind and soul. The armadillo's family, to my knowledge, are incapable of going through your time-line to help you, so you may get a larger sentence for killing an armadillo because more balancing work would be required than you do now. You have a glorious time ahead of you. Use it.

The old system was administered by predominantly mind-orientated people who had little understanding of people such as you whose emotions control their minds. Do you know why? They are conscious beings comprised of mind and soul such as you and me – wait for this. They are not harmonised between mind and soul because their mind rules their emotions. They therefore, because they are not balanced themselves, feel awkward when confronted with you, who has a problem of the opposite polarity.

So they remove you from their sight. Prison. For murder. They fail to realise that, from a spiritual perspective, the girl you killed is merely carrying on her spiritual development elsewhere so don't grieve for her but concentrate on ensuring that you don't re-offend. People, I think, misunderstand the spiritual approach. If they did understand then they wouldn't think that I have just condoned a murder for the spiritual development of another. They think it is all namby-pamby stuff. They fail to recognise that the spirit that lives within them exists for eternity.

Do you know what a NIMBY is?

Offender: No.

Judge: it is an acronym for NOT IN MY BACK YARD. Pretty well the whole world is run on this basis, especially by governments. But it is also true on an individual basis. It is OK for genocide to occur elsewhere in the world but we will not take any action or responsibility unless it occurs here – then we would punish the religion responsible. Did I say religion? I could go on for hours about that. I would miss the football tonight.

The old courts had adopted this nimby approach to crimes by removing the offender from the sight of the public and very little was done to treat the cause of the crime -- the imbalance between mind and soul of the perpetrator. They just treated the symptom – being the behaviour of the body of the perpetrator -- which is controlled by the mind and soul of the perpetrator! The detention period was very arbitrary and was considered a punishment.

Every crime committed diminishes the quality of life of the society as a whole, so why did society not take responsibility for this? Why did they not investigate why crimes took place? In the old prison system, the detainee had a lot time to think if they had a single cell, but they were unable to think constructively until they had the tools of thought to overcome their emotional imbalance. There was nobody to converse with in regard to their problems. They re-offended, unless they had developed a fear of incarceration which overcame the urge to repeat an offence. Note the word fear. We don't want them to live in fear -- or anybody else for that matter. The old system had given a criminal a new fear. Fear of prison. So they entered prison with thirty seven fears and left with

thirty eight.

A football team is as good as it's weakest player. Society and this court takes a similar approach to those who are not balanced between mind and emotions.

After you have completed your time you will be asked to meet me for a couple of hours to relate your experience. This will be of more benefit to me than you because I want job satisfaction. I don't want to detain people unnecessarily. I want people to examine themselves by self-enquiry and balance themselves in the harmonious environment of the facility. They would find this very difficult to do when surrounded by all the negative influences outside the holding facility, which is of course why they are in the facility. Life outside the facility is commonly referred to as real life. But that is people's perception so it is their reality. Sadly.

In this court when a crime of disrespect occurs such as murder in your case – we say why? We want to eradicate fear. I have to ask why did you kill this particular girl? Was it because she looked liked an arm-----

Offender: adillo! She looked so like my mother and an uncontrollable urge overtook me.

Judge: We will investigate your thoughts about how you can rejoin the real world because they need your help desperately, and the type of job that you seek. If we are both happy that you have succeeded I will give you a “Certificate of Spiritual Competence” from the Court of Disrespect, which you will carry for the rest of your life. I will give you an open letter setting out the types of work which will suit you and incorporates your strengths and weaknesses.

I mentioned fear earlier. It reminds me of a story I heard about a Tibetan couple who took their six-year old daughter to a foreign country. After a few days, the daughter rushes up to her mother and cries “I don't want to come here again” “Why is that, dear?” “There is so much, much-----” “FEAR” “Yes, yes that is it, mummy. I don't like it.” Darling, we only brought you here because we wanted you to experience it, now you are old enough. It is equally important for you to experience what you don't want to experience as what you do want to experience. This will balance you.

Offender: That is a wonderful story, Frederick.

Judge: I think of it every day. Not during a football match you understand. I am a 100% spectator.

They laugh.

Judge: I think we are finished now. I give you my best wishes.

Offender: You feel like a father to me. You have been so helpful.

Judge: The father of a common criminal! Think of my reputation!

They both roll about laughing.

Offender: I can't thank you enough.

Judge: The best thanks you can give me is doing the work and improving yourself so I will not be the father of a criminal.

More laughter.

Judge: Good luck. Officer Perkins will show you out.

Offender: Goodbye, Frederick.

I would love to see the faces of the readers after they have finished this story because there is a lot going on which will be alien to most of us. The familiarity of the judge, the perpetrator meeting the family of the victim, the reduction of sentence as a result, the premise that the perpetrator will be empowered to assist the psychos in prison as a result of his “gutting”- and Frederick's advice. The crime of “murder” was tried in the Court of Disrespect rather than a criminal court.

Society invented the word “crime” so I think a mature society should work towards making it disappear.

The crimes on the current menu (and there are many) are mainly those involving the human body (rape, murder, grievous bodily harm) and possessions (robbery, robbery with violence, fraud). Clueless politicians rant on about the root causes of crime because they just see a body and possessions. The more harm done to the body the higher the detainment period – they say. I hope that they will stop now because the root cause of crime is an imbalance between the mind and soul/spirit.

Society needs to come to terms with the fact that it is responsible for all the crime that occurs in its midst once it is aware of the root cause of crime. We are all unbalanced to varying degrees so we can all help each other to solve our back issues once an awareness of the importance of harmonisation of mind and soul/spirit has permeated throughout the population. Pubs could have “harmonisation” rooms! I bet there would be a few fights in these but once the word “disrespect” becomes prevalent in our vocabulary then these rooms could turn into impromptu group therapy sessions and help the brewing trade!

When a crime has been committed the first question that is asked is “who did it?” - then what is the punishment? Punishment is usually confinement for an arbitrary term as if confinement alone is going to prevent a second offence. Nobody asks why he did it and what help the perpetrator needs. Yes. What help the perpetrator needs! The perpetrator is our equal and should be treated as such. Even in confinement they are within society. It is the responsibility of society to attend to the perpetrator's problems and of course the perpetrator himself. If the perpetrator doesn't want to help himself, the society can do nothing, but they can create circumstances whereby the perpetrator could be persuaded to help himself. They could decorate all the prisons in colours predominantly light blue for harmony and yellow for reassurance. No blacks or reds. Red feeds rage. Colour coordinators would have to get involved. Colour is a vibration with a frequency that interacts with our own electromagnetic system. It is to all intents and purposes physical since being surrounded by a particular colour affects our behaviour. This is the first step towards harmonisation centres.

The “why” question is vital because an enlightened society will wish to ascertain the root causes of a crime which, in the case above, was the striking resemblance of the victim to the perpetrator's mother and of course the mother's sexual abuse of her son. In an evolved society this crime could have been avoided by certain events such as the perpetrator's friend persuading him to attend a harmonisation centre, or the perpetrator going direct on his own volition, or a teacher taking action with regard to the perpetrator's abnormal shyness and contacting the harmonisation centre.

Once this approach is up and running, people who acknowledge that they have an imbalance between mind and soul/spirit which is badly affecting their lives may wish to make a voluntary appointment. Lack of self-respect or self-esteem is an obstacle to an individual living a full and interesting life so they may seek help too to remove the fears in their consciousness.

I often think of the warders in prisons. What job satisfaction can they get? Every day they must be

surrounded by a combination of rage and despair emanating from the prisoners – both giving low frequency vibrations – the highest frequency of vibration being love. Imagine what it would be like for them to be associated with prisoners being harmonised and released back into the workplace. Imagine the tremendous boost to their morale.

I understand that a group of warders are involved in setting up businesses for people who have just finished their term in prison. This is wonderful. I do not know whether they can work elsewhere because employers always ask whether somebody has a criminal record so an error at the age of eighteen resulting in a small sentence could end up as a life sentence. This is why a Certificate of Spiritual Competence I think is necessary and be accepted by all employers. The Certificate doesn't imply that somebody has been in prison as somebody could have voluntarily attended a harmonisation centre to obtain the Certificate without committing a crime. I don't see why people should be stigmatised for life for a past demeanour. What matters is the state of mind and soul/spirit at the time of the job application. If somebody is unbalanced, they won't get a Certificate. Society needs to grasp the concept that all members are capable of crime because they are unbalanced, some more than others.

So where do we get all these psychos from? We already have counsellors and freelance psychos but, of course, we will need loads more. Occupations that spring to mind are social workers and nurses, to name but two. They are commonly compassionate and empathetic individuals and the success of the harmonisation centres will gradually diminish from their current role. There will be less “domestics” and less disease since people will have a healthier, more harmonised outlook upon life. Just removing the political parties and opening the 24-hour one-vote line will give a huge morale boost to the population apart from anything else I suggest. They can be directly involved in their own future. All constituencies should have harmonisation centres. We must all remove our fears from our lives.

The psychos will be involved in advising a judge on sentencing with regard to a crime of disrespect, working in prisons (harmonisation centres now) and they will be present in constituency centres dealing with referrals from social workers, referrals from courts where no detainment was considered necessary, walk-in members of the public and any other sources – and there will be many! The local MP will liaise with the harmonisation centres in his constituency. The psychos will be paid by parliament and should be considered as profit centres by parliament even though they don't charge – although a charge may be considered for walk-ins. Their contribution will be vast. They are raising the awareness of the population hence more intelligent one-vote line ideas, more laughter, higher productivity, less crime, less accidents requiring A & E, less disease thereby reducing pressure on the Health Service.

Once that the population are aware that they are conscious beings comprised of mind soul/spirit and that the society that they inhabit considers it a wise move to harmonise everybody so that they can live fuller and fear-free lives, the stigma of mental health issues will disappear. Because we are all mental! Or, to be more accurate, unharmonised. The deeper one goes into one's consciousness the greater the benefit.

“Hi. So what are you doing? Phyllis.”

“I am taking two weeks off on Monday.”

“So where are going?”

“I am going to get harmonised.”

“Two weeks! I did it in one!”

“Did you tell them about, you know?”

“Course I didn't. Still got the Certificate though!”

“Cheat.”

The psychos will therefore be welcomed by the population and not viewed with suspicion because the patient/client is inhibited about going into their past. The energy in the country will have changed so dramatically that everybody will be talking about disrespect and their emotional selves, so they can't wait to unload all their woes. The process of harmonisation will therefore be accelerated and, as a result, the work of the psychos will be easier. The psycho must be empathetic, a good listener, curious, open-minded and have a good intellect. The key is to ask the right questions at the right time. An Interrogator, by nature, would be ideal, because anything can come along:-

“Good morning sir. How can I help?”

“I want you to help me overcome my fear of mushrooms.”

(Off stage. Did I hear that correctly? Did he really say he had a fear of fucking mushrooms? Look, Trace. Compose yourself. You know you're a good psycho. You know you are competitive. I have my boyfriend coming to pick me up at five o'clock and it is now four fifteen. Shit! I could win awards for this - psycho of the year. Must get this done in forty five minutes.)

“OK. Mushrooms are not my specialist subject. Is it any particular type of mushrooms? Or toadstools maybe?”

“No. it is just mushrooms.”

“Is this a sudden thing? Or has it built up gradually?”

“I have always enjoyed eating mushrooms until they started making me sick. Then I felt queasy when I saw them on a plate. Then I couldn't go into restaurants in case they had mushrooms on the menu. Now I get nightmares about mushrooms and I find it difficult to concentrate at work.”

(Off stage. If Sandra sent this guy over to me – I will fucking kill her! Your first loyalty is to your client. Never forget that. Maybe we need to try and engage some help from his subconscious to see if something bad has happened.)

“I need to have some idea of time. Can I ask how old you are and when the mushrooms started making you sick?”

“I am thirty five and the first time the mushrooms caused me nausea was about eight years ago. I ignored it for a number of years, well about five years. I just didn't eat mushrooms. I thought maybe it was an allergy. In the last three years things have gathered pace such that I fear losing my job.”

“I think there must be some traumatic event in your life that is causing this where mushrooms play a part. Does anything spring to mind?”

“No. I have thought about this many times but nothing happens.”

“OK. This is unlikely to be a recent event if you cannot remember it so I am thinking of a childhood event. Can you ask for help from your subconscious mind where your past is stored?”

“OK. Done.”

“ I will start going backwards from the age of twelve and see if you feel anything and then you stop me. OK?”

“Yes”

“ twelve, eleven, ten, nine, eight, seven. six, five”

“Wait a minute? Five.”

“ What you do you see or feel?”

“ There is a fight.”

“Who is fighting?”

“My father is beating the hell out of my mother in the kitchen and I can't watch because it is so awful.”

“So what did you do? Look out of the window?”

“I remember just staring at the kitchen table.”

“Was there anything on the table?”

“A plate of mushrooms. Oh my God!” (huge sigh)

(Off stage. 5 minutes to 5. Yeeees! Can't wait to tell Sandra about this.)

“Now thank your subconscious.”

“Done.”

“My boyfriend is coming in about five minutes and we are going for a meal. Would you join us for a plate of mushrooms?”

“Of course. I love mushrooms. The meal's on me. I can't thank you enough.”

The key point to my approach to crime is that the prisoners were already in prison before they went to prison. I will just give you a moment to let that sink in.

They were prisoners of their own consciousness. Get it. Like most of us are. They are conscious beings comprised of mind and soul/spirit. They are suffering an imbalance which causes behaviour that the government considers antisocial - and incarceration (punishment) is considered the only viable option. This short-sighted behaviour by the government results in no consideration of re-offending, re-integration into society, the cost of maintenance of the prisoners, the lot of the long-suffering warders, the cost of building a prison and the maintenance thereof.

Errrrr. Couldn't we just have encouraged the prisoners to change their perception of themselves, and, by implication their reality. Got to be the cheaper option – surely!

That is a hell of a long list of things not considered. So what does society do? Nothing! We just do what we are told without question. The moral of this story is that a society gets the government it deserves. Current circumstances demonstrate this. Effectively what has happened is that the government have taken us over using mind-controlling techniques to ensure that we do what we are told – as always. They are offering us tironny. Get lost, spellcheck! If I don't respect a word then I reserve the right to misspell it. OK! I even misspelt you. You shit! How many times have I told you that it is colour not color! Moving smoothly back to tironny. Tironny is a democracy-free environment. It might help to revisit “Diabolical Alliance” at this point.

Back to the psychos because they are just soooo important. Many millions of people will visit psychos and the psychos will be receiving oodles of information which affects the running of the country and the constituency i.e. non personal information. It must be shared at the appropriate level, local or parliament, or it may concern a local firm or a nationwide chain of businesses – just a few examples.

The information shared will be dependent upon the conscience of the psycho who receives it - so let us respect their decision. It could be evidence that a prominent local business is bullying their staff but everyone is keeping quiet about it. The psycho, if they wish to report it, will have to decide upon the most appropriate person to receive this information about the bullying. Could the psycho contact the local MP, go straight to the MD of the firm involved, go to see the warehouse manager, the bully, and offer him a session of harmonisation. The psycho could suggest to those bullied that they all meet with the warehouse manager and suggest that he is not harmonised. They would give him the psycho's contact number. Lots of different solutions to the same problem but which simultaneously gives the greatest spiritual gain to the most people?

Phoning the MP is a weak option since the running of the local firm is really not within his purview.

At this point, I wish to say to the female readers that I am aware of my use of pronouns throughout this book and I am using “he” and “his” almost exclusively, apart from “she” and “her” in a “girlie sketch”. Considering the mess this country is in I sensed that the female readers would wish to reduce their involvement. HOWEVER! There are an awful lot of females in prominent mess-making positions in this country and they are doing a good job (at making a mess). I therefore consider that females and males have equal ability in this respect. There is an old adage “men commit all the crimes and women provoke them all.” It is a partnership!

Another reason for not wishing to use “he/she” throughout is that I am trying to keep sex out of this book and I don't want to disturb the concentration of the readers. If this book is published, then there will be less printing costs.

Meeting the MD of the firm is a fair option but the psycho is really acting outside purview. Similarly, the psycho meeting the warehouse manager direct is also outside the purview of the psycho. Surely the staff meeting directly with the warehouse manager is the richest option with regard to spiritual gain. In the chapter on “Gaining Attention” I discussed bully and poor me being on the same polarity, so the staff will gain little by approaching the warehouse manager as bullies themselves or as poorer citizens, since the bully would be on home territory. The most sensible option would be interrogation of the bully as to why he feels it necessary to bully them to get results when a team spirit approach would seem more appropriate. Fear works to a degree in the short-term but the human spirit rebels. The meeting lasted for an hour with the interrogators at the forefront without much progress being made. Aloof (sitting at the back) , who has not said a word, says to the manager:-

“you have made no apology about your bullying and have shown no respect for us during this meeting. I therefore ask if you would agree to doing a term of harmonisation. Here is the phone number of a well-respected local psycho. Will you phone this number now to make an appointment and tell us when you will attend so that we know that this will occur? If you do not we will whitemail (blackmail is redundant since it has sinister connotations) you such that if you don't make the call and tell us the time and date of the appointment then we will cease work in the warehouse from the time of your refusal to do so. Please note that three out the eleven of us have had harmonisation and they have reported increased packing and shelving rates and they are outperforming the robots at shelving.”

I don't know whether the warehouse manager made the call but I think this is the healthiest approach for the optimum spiritual gain. It also keeps the problem in-house , so to speak, without involving anybody else, not even the MD.

Whitemail is a similar approach to blackmail (obs.) but the whitemailee is being twisted into something that will benefit them, rather than a blackmailee who is generally being asked to do something dark. Similar principle to white lies.

The psycho, in the case of a national issue, has only to call the “one-vote” lines at any time of day or night. The “one-vote” line operators will have equivalent information coming into their ears but they can report this to the Postboard boss, or an assigned deputy, as they finish for the day or night. The Postboard boss has direct access to the PM and hires and fires the “one-vote” line operators.

Shall we talk about offensive weapons? I think it is high time we did? Let's face it. How many books have we read without mention or involvement of offensive weapons. I will leave the romantics out of this!

I need sharp pencils to do a deadly “Killer Sudoku.” I don't need a licence to do this. Somebody comes up to me and puts their arm around me and whispers an obscenity in my ear in a hostile tone. I won't repeat what he said because I consider this a family book. On the official list of nastinesses it ranked 95% where 100% is really really nasty. Check it out. So instinctively I jammed the sharp pencil into his left eyeball and he lost sight in this eye.

Question. Is a sharp pencil an offensive weapon? Is a blunt pencil? Is a bread knife? Is a carrot dicing knife? Is a machine gun? Is a Webley 2.2 rifle? Is a knife? Is a pistol? The internet? A mobile phone? A word?

Anybody that answers “none” gets ten out ten. Anybody that answers “all” gets ten out ten. This is rather weird. The “none” and “all” respondents have considered the key word which is intent. The word “offensive” implies intent in action. Basically nothing is an offensive weapon unless humans are involved. Then we have to qualify based upon the balance of the bearer of the weapon between the mind and soul/spirit. We are back here again. This is where we must always be.

So what happened to me? The guy sued for damages for causing grievous bodily harm. I won the case in the Court of Disrespect. I didn't have to pay damages on the grounds that it was provoked and the 95% nastiness level was a big advantage to my lawyers. The judge found that the weapon was not offensive since it was not on the official list of offensive weapons. The Court did not consider my intent. I stated that my reaction to the insult and its mode of delivery was an instinctive response. I felt lucky somehow. Soldiers who have experienced great danger in active service have questioned my instinctive response because time seems to expand when danger threatens and maybe there was a split second when I intended to do harm. The bottom line is if I was in control of my emotions no offensive reaction to the insult would have occurred.

Needless to say there was an independent enquiry into the use of sharp pencils in this country. It was conducted by four individuals, who, although they worked in different locations, regularly met up in a public house not far from the Houses of Parliament. So much for independence. Although to be fair to them they did not use pencils at work. After doing nothing for about six months, one of them shouts on a busy Friday night “what is happening about the pencil report?” Oh no! The other three chorused in a drunken haze. We vote to ban the use of pencils to protect the public. Yeah. Let's do it. I will do the report over the weekend. This is how important decisions are made.

Lakeland Pencils (sharp pencils) went out of business and laid off fifty staff. Cumberland Pencils, who had been selling blunt pencils, struggled on until they closed. Sharpener and eraser businesses went down all over the country. Pencil imports have been banned, but paradoxically pencils not more than two inches long, are allowed from the EU.

The moral is loud and clear – don't mess with somebody who is doing a deadly “Killer Sudoku” - the message is in the name.

The introduction of the crime of disrespect may seem far-fetched to some readers but when the readers become more aware of themselves and what is happening on this planet, they may come around to my point of view. All types of crimes are on the increase. Ok, I accept that this is largely due to governments and large companies treating their countrymen with complete contempt at this time – and crime will necessarily get worse. However, the advantages of the harmonisation centres completely outweigh those of the current prison system and I bet it would be a lot cheaper.

I appreciate that many times people will be verbally disrespectful to each other, especially in a domestic environment, but these need not lead to attendance in the Court of Disrespect although technically these people have committed a crime. The crime could be sorted by an apology, which



costs nothing, or a visit to a harmonisation centre if the “criminal” agrees to it. This book is designed to empower people to realise that they can do anything with sufficient will and imagination so really there is no need to be governed. I mean told what to do! The Court of Disrespect will not send a mass murderer to prison for life. The judge will merely say that they will be confined to a detention centre for a minimum term of x years. The psychos will determine when the culprit can be integrated into society. The psychos may find that the culprit is unreachable but they must not give up. We all have the capacity to heal ourselves so the cooperation of the culprit is fundamental, if not, they will stay in the detention centre for life and there will be no Certificate of Spiritual Competence issued.

I mentioned an awakening earlier. This is happening now and will gather pace. The Earth will be taken to a higher frequency of vibration. This will lead to people becoming more aware. I cannot say more than that at this time except that those who are of low frequency of vibration (those that rule us) will find it difficult. More about frequencies in the chapter on Energy.

## **Gee It's Hard To Be Human**

### **Getting in touch with oneself**

We are conscious beings comprised of mind and soul/spirit occupying a human body. The body is a complex organism. The organism would be incapable of movement without the presence of the mind and spirit in our aura which encloses the human body. Ever seen a dead body move? It can't. At the time of death the mind and spirit have departed the body to continue their adventures elsewhere. The body has lost its energy - its motive force. The mind and spirit live for ever. We have eternal life. So if anybody offers you eternal life in exchange for a pint of bitter, then you just say "I've already got it, mate, but thanks for the offer!"

I have not written a word in ten minutes. I am struggling now. My readership is unlimited and so am I. How do I get this across to the readership that their potential is unlimited? How do I speak to people who have shut themselves off and are not thinking critically about current events? How can I emphasise the importance of getting in touch with one's emotional self at this crucial time for humanity because, without an enhanced awareness, how can we emerge from the chaos around us? We need to create a sense of togetherness far in excess of that achieved after World War Two. See Diabolical Alliance again. It is not a fictional sketch. It is real. It is happening now. The planet has never been in as much danger as it is now. Humanity. Flora. Fauna. Insect Life. And any form of life on this planet not aforementioned. I don't want to kill your grandma. Honest.

But I am limited by the words in this chapter. I will do my best to limit discussion of the unlimited. That's it readers. You have access to the unlimited now. That is what I want to be able to say at the end of this chapter.

OK. I think I will relate some strange experiences I have had in my life and then try and link them to getting in touch with oneself. It is very important to have understanding of what oneself actually is!

I will try to put the events in chronological order and give you an idea of what went through my mind and my emotions at that time.

1995 - I was sitting at a computer next to my client and I turned to my left to look at him. He had gone. All I saw was a baby lizard poking its tongue out at me from my client's chair. It looked like a monitor lizard. Not an everyday event. I can still visualise it now. At this point I should tell you that I have a way of keeping my face blank when emotional things occur. Sorry. Can't do better than that. It stood me in good stead at that time. So I looked back, within tempo, to the computer in front of me. I hoped that my client had no recognition of what I had witnessed since it seemed as if I had invaded his privacy, albeit unwittingly. After an allotted time, say a minute and a half, I looked at my client and he had reappeared showing no evidence of this "invasion of privacy."

Strange to relate, I thought very little about this episode. I just put it on a high shelf in my mind until something causes me to remove it from the shelf and be incorporated into my reality. This happened later when I read books by David Icke when he writes about other people seeing people transpose visually into reptilian-looking creatures. These people often occupy positions of power. He says that there are three alien species on this planet now and have been for over thousands of years.

This is confirmed by many books written by Dolores Cannon about human interactions with alien

species. Dolores Cannon had evolved a technique to quickly gain access to the subconscious mind. She started life as a past life therapist but, after a while, strange things happened. She discovered that the subconscious mind is connected to the universe and that her clients were being contacted, under hypnosis, by conscious beings of mind and soul/spirit from elsewhere. She would question the foreign entities vocally and they would reply vocally through her client under hypnosis. Sometimes she would get a reply “we cannot tell you this information at this time.” This strongly implies that the spirit world is gradually drip-feeding knowledge to humanity. It also implies that there are levels of knowledge which will be divulged dependent upon the appropriate level of understanding of the receiving spirits (us). The spirit instinctively realises that the information requested could be misunderstood because of the evolutionary level of the recipient, or it could be understood but the recipient is not responsible enough to use it properly.

Think of Einstein, who spent most of his life in a forest. There were no hairdressers for miles around. He just thought and thought – bombed on oxygen. He must have reached a very high level of spirit. OK, Albert. God loves a trier. Here it is. Energy equals mass times the square of the speed of light (186,000 miles per second). Did he jump up and spill bathwater all over the floor like Archimedes and shout “eureka”. Eureka is Greek for “fucking hell!” by the way. Or did he coolly say “I knew it. I just had to ask the right question and the truth would be revealed to me.” Or did he text his maths professor friends at the University of Revelations, jump start his 4 x 4 because it hadn't been used for months since his last epiphany. “Lads, I have a job for you.” Apparently Einstein did need help on the mathematics. I don't think his Theory of Relativity will work off this planet, since in space, time does not exist. That is just my theory!

I have often thought about this. The drip-feeding of information to develop humanity. Making spears out of trees, I can accept. So who told humanity to locate these particular rocks (no, not those - the reddish looking ones), stick them into a foundry, heat them to a high temperature and the molten product will cool and you can make a sword out of it which kills people. Oh, thanks mate. Dolores Cannon writes about many visitations from alien species interbreeding with human women. I remember looking out of my office one autumn afternoon, dreamily watching people go past, and thinking “I bet they didn't all come from the Caucasus.” So many different sizes and shapes. There must have been another agenda. So a lot of us have aliens in our heritage and I think that an enormous amount of knowledge has been obtained over many thousands of years from these earthly visitations. There are many cave drawings with images of what look very much like spaceships amongst drawings of earthly things. Yes, they could be products of imagination, but if all one sees is circles like the sun and moon, it would require imagination to draw a square. I do not feel that they had sufficient imagination. They just drew what they saw. From the Dolores Cannon books I get the impression that God is impatient with us for developing so slowly. I don't mean technologically. I mean spiritually. We haven't worked out how to live together in peace yet.

The Dolores Cannon books are transcripts from cassette recordings of the meeting with her patients. It is not prose – like what I am writing!

I thoroughly recommend these books. They are a fantastic escape from reality or do I mean into----- reality. That is what we are talking about here, sweethearts. What is real? What is true?

1997 - I get a flier through the post from a bookshop selling “suppressed literature”. Wow sixty (!) books of “suppressed literature”. This, to me, is the equivalent of a plate of raspberry pavlova covered in clotted cream from a specialist supplier in Cornwall after Sunday roast beef covered in thick gravy with a double ration of sprouts. So I pig myself. I buy all sixty! Dolores Cannon, David Icke, Betty Shine, Masaru Emoto, many books about Sathya Sai Baba and others whose views were being suppressed. This makes me well qualified to speak to you since I know that what is being suppressed is the TRUTH. This has never been truer than now. We are being lied to. So

once you spot the lie – the illusion – just invert it and you have the truth. Simple. This is because there are 100s of thousands of people conspiring to suppress humanity on this planet and a lot of them are very familiar to you – UK politicians past and present. They are easy to spot since they have no soul. When you get in touch with your soul you will be able to see them too. They call themselves the elites. Chambers Dictionary - elite- “a chosen or select part or group, the pick or best of anything.” Well, they are not a patch on raspberry pavlova, I can tell you!

Note the word chosen. Who chose them? Did you readers choose them? Did you choose to be controlled by evil, greedy soulless bastards? The only way this can happen is if you allow them to destroy your spirit. You see, they don't have one. The only way, because they are limited in outlook, they can control you, remove your freedom, is by demolishing your spirit. They are jealous of you. Continuous relentless propaganda is one tool. They control the TV stations and newspapers worldwide. They control the information you receive. I will deal with this in more detail in a later chapter. They see you as ants crawling over their morning crossword at a beach bar in Malibu. Splat! But ants are difficult to kill aren't they? Do you sincerely feel that you are deserving of so little respect?

Let me tell you something as one common person to another. We are all unique. Each of us is “all that has been, all that is, and all that will be”. Imagine yourself going to sleep. What else is there but your thoughts and feelings in your current life. Past lives. Future lives. No consciousness of body. Sorry, I forgot. Can you push over, love. Thanks. You are conscious beings comprised of mind and soul/spirit.

I have not read all these books from the supplier since I still want to taste raspberry pavlova covered in clotted cream from a specialist supplier in Cornwall until I transition (OK die!) when the cream will go mouldy since my spirit is not there to keep it fresh.

1999 - February

I was reading a lot of Betty Shine books. Betty Shine is a well-known spiritual healer. She relates her experiences in the books and they were so uplifting to me that I felt euphoric. I was going frequently to a local restaurant and constantly exceeding the limit of red wine allowed for a registered alcoholic. The owner of the restaurant often drank with his cronies in the restaurant. So we had a nodding acquaintance. The manageress of the restaurant was a very nice woman from Serbia, aged about 28. Serbia was being bombed at that time. In a previous conversation she said that she wanted to be an actuary. That was a first for me! I had been thinking about what she said and being doubtful if she would achieve her ambition I was considering offering her a job. Her job would be giving financial advice to my clients. I was fed up with the “good for nothings” being thrown at my clients by the Life and Pensions companies and posing as financial advisers after only two weeks training.

This particular night I decided to ask her out for a meal to see if she was interested in doing financial services. I also wanted to know what things were like in Serbia. Her boss was two tables away while I was asking a respected employee out to see if she wanted to work with me - so I kept my voice down. I did not want to say why I was asking her out because I did not want to be overheard. We had a good understanding within the limitations of the environment but obviously we could hardly say we knew each other. I did not know whether she had a boyfriend which I felt was important since tensions could arise between them if he discovered that I was single man working from home and I would not get her full attention at work. If she did have a boyfriend I would not have asked her out. I would merely have asked what he did for a living and left the matter there. In any event, I disapprove of office relationships because employees tend to drop their pencils during these relationships. Who has to clear them up and sharpen them? Me!

I therefore didn't start the conversation with “are you interested in doing financial services?” for fear of being eavesdropped. I said “do you have a boyfriend?” “No.” “Great. Do you fancy going out for a meal?” How clumsy can one get? She said “as friends?” “Yes.” So we did arrange an appointment but, needless to say, she didn't attend. There were other Serbians working at the restaurant, friends of hers, who answered my inevitable follow-up calls and they gave me so much contempt over the phone I could feel it over the phone line. They didn't use any bad language. It was just an energy.

I have had prudent relationships with women – don't touch me! But never prurient!

Now this is very important. When I was saying “do you have a boyfriend” I felt a pronounced sensation in my throat. A restriction of the throat. What happened there? I will refer to this later in this chapter. There is absolutely no doubt that a crime of disrespect occurred although I contended in court that my intentions were pure. The court decision was that I was guilty of not respecting her individuality. She has a mind of her own. She will decide upon your offer whether she has a boyfriend or not. The defendant deserved the weight of contempt meted out to him. “You will be sent to a harmonisation centre for one week. Do not pass GO (just a little monopoly joke).” Offstage (Oh no! Please don't! Can't you let me understand contempt a little longer so I can experience it, understand it and feel it? I am not ready.) We are on this planet to learn. Not just knowledge (we call them facts) but also feelings. Reincarnation takes place primarily because of the desire for a mind/spirit combination to experience intense feelings. The beings who are not incarnate do not experience feelings as intensely as those who are incarnate on Earth. This could be because, apparently, Earth is the densest planet in the universe and has the greatest variety of life forms. Sathya Sai Baba has said that it is difficult to get through to Earth because of the amount of spirits queueing up to reincarnate! An energy barrier has been formed. More about Sai Baba later in this chapter.

At 9am on Monday, at the harmonisation centre, I was ushered through an unfamiliar corridor and the usher stopped at a door and said “Enter.” I looked at the writing on the door and it said, in capital letters, GETTING YOUR WORDS IN THE CORRECT ORDER. I am pleased that I am not receiving an early harmonisation but why is my heart filled with dread. So I enter. There were humans and lots of orange bins with huge labels on the top - PREPOSITIONS, ADVERBS, NOUNS, SUBJUNCTIVES, GERUNDIVES, VERBS, ADJECTIVES blaa , blaa, blaa. What is the opposite of heaven. I don't know - but it can't be worse than this. The judge's exact words were “you will be sent to a harmonisation centre for one week.” So he is technically correct. I am in a centre where harmonisation takes place. He never told me about this room. This is all about grammar, isn't it? How can he possibly know about my pathological fear of grammar – my boring English teacher – my saying to myself that if I don't get English Language O Level first time I never will. I never told my parents, my friends or my confidant, who is a noun. I don't actually have a confidant. I speak to my heart - another noun.

I am so pissed off with this judge. I am so angry. I am filled with rage. How dare he treat me like this? He might just as well have said “you will be sent to hell for a week.”

“Excuse me.”

“Who is that?”

“We are part of your harmonisation team.”

“Part?”

“The judge is part of the team too. We all know everything about you. Every thought you have ever had – every feeling.”

“That's invasion of privacy.”

“Privacy? Whatever makes you think you have privacy? It is a non-word. All is known. You start cleaning your teeth from top left of your mouth. Always. Never changes. Sameness. Routine. Dull. Boring. Your only redeeming feature, in this respect, is that you clean your teeth once a day but never at a particular time. It is 15 days since you gurgled Listerine. You forgot to take your Vitamin D, Vitamin C with Zinc and Lansoprasole tablets yesterday. You haven't showered for 3 days because all you can think about is putting your words into some sort of order and then you sleep.”

“ You are really beginning to wind me up now.”

“Look. Do you want fucking harmonisation or not. You just don't realise who are you dealing with , do you? We have complete control of our emotions. Mind and spirit in complete harmony. We are fully harmonised. It is a wonderful state. We can switch from hate to love before you have blinked. We turn emotions on and off like you humans do with taps. We are conscious beings of mind and soul/spirit but we don't have a body. We can swear too in order to communicate with you. We considered this necessary considering your emotional condition.”

“I am in a harmonisation centre. What is this room? All I can feel is my anger increasing and you certainly aren't helping it. Is this real or am I just imagining it?”

“That is some question - which humans have a problem with. Humans live mainly in a physical world but they are spiritual beings and most of them are completely unaware of this. They have not learnt the importance of their heart - that is their emotional centre and the conduit for communication with us - the source of everything.”

“You are beginning to sound like God. Omniscient.”

“ I suppose we are.”

“ You suppose?”

“ God is a term for humans to classify an energy which has the highest vibrational frequency in the universe. This is called love. We have achieved the same frequency which represents a level of understanding of the universe equal to that which you call God. It is a place of peace. Infinite patience. Infinite imagination. Infinite knowledge. Infinite will. And we don't have to defecate and urinate like you earthly things. It is really cool.”

“Do you mean that God doesn't really exist?”

“God is a level of consciousness, awareness and self-understanding which any human can achieve. Jesus Christ intimated this on his visit to Earth when he said “you can do as I do.” He called himself the Son of God. He did this because of the limited understanding of humanity. He didn't intend to be worshipped. He intended to teach humanity that they can reach a similar level of awareness as him. Jesus did not have our level of awareness but nearly. The best way of explaining us is that God is a collective of conscious beings of mind and soul with infinite responsibility for the universe. We cannot intervene in the happenings on Earth because human spirits have choice – we respect this. You can choose to cease this conversation at any time you wish.

At certain times in human history, more aware beings are incarnated to help the evolution of humanity. The humans deify them and Classify them so they don't have to think about them anymore. Too much effort to think about what these aware beings are actually saying – but we will deify them as sign of respect. Some get killed by the low frequency satanic beings because of a conflict of interest. All the major religions are now controlled by the low frequency beings. Shortly they will disappear since they are all corrupt. They have been usurped by low frequency beings and used as a power base – same with all the world's governments. There are a few small religions who understand the truth but you are not going to hear about them are you – because the low frequency beings control your receipt of information and you are too lazy to look elsewhere for the truth. Deep down you know you are being taken for a right idiot but you mistakenly believe your favourite newspaper or TV channel is telling you the truth. The truth is available - you just have to make an effort to find it. EFFORT. That is all.

Humanity has lost its way because it has always looked without. It has deified aware visitors to this

planet such as Mohammed and Jesus Christ to name but two – there are many many more of higher awareness who have visited and only a few who have our awareness. Once they are deified – they are classified. They are a god. Once they are classified by a human then they are of no further use to that human. Humans need something/somebody else to believe in.

Try this on for size. We have adjusted the waist by one inch and turned up the trousers by two inches. How does it feel? Great. What if humans believed in themselves? Instead of looking outside for answers. What if they looked inside themselves for the answers. Religion is a belief structure. Each human would become a religion in their own right. Belief in oneself is belief in us and, by implication, a belief in attainment of the state of awareness that we share. What you call God is really a state of awareness which humans can achieve. By classifying an aware entity who visits this planet as a god, humans shut themselves off from this internal quest. They distance themselves from their deity and their inner selves. The human spirits think that the awareness of the deity is way above them, which is why they deify them, but do they ever wish to achieve the awareness of the deity? No!

Would you like to try this silk shirt on? Sure. “You are all that has been, all that is and all that will be!” Does it fit? Perfect!

This is an entirely mythical conversation between Mohammed and Jesus. It is all a product of my imagination.

Mohammed and Jesus were only teachers on holiday. A busman's holiday I think is how you refer to it. They were both right pissed off when they returned to spirit. So much anger! Their language we can repeat, but choose not to. They required more harmonisation than Adolf Hitler, can you believe? We are not going there again – they said. The people are so stupid. They both had similar experiences. The humans have written books about them.

Mohammed (screaming) : “they dare to classify me in a book! And as a god. They dare to classify full stop. The fucking cheek of it!”

Jesus (in a state of anger): “they did the same to me. If I was on Earth I would sue the fucking bastards that wrote that stuff about me if I could find honest lawyers and judges, but they are all serving Satan right now.”

Mohammed: “do you know what really annoyed me most, I think, these people following me about. Even when I was on the toilet! No respect for my privy!”

Jesus: “I was on the mount giving them my best shot. They never asked one question. Not one fucking question!”

Mohammed: “It is so frustrating isn't it – teaching.”

Jesus: “It would be so much easier if they had a system on Earth like we do in spirit whereby the greater awareness is taught by the level just above with a higher spirit in attendance.”

Mohammed: “great idea. In maths say, the fifth formers would have to teach the fourth formers what they learnt last year.”

Jesus: “that would concentrate their minds somewhat!”

Mohammed: “that won't work will it? If the fifth formers were teaching fourth formers in their fifth form year, when do they have the time to do fifth form work?”

Jesus: “point taken. OK let us refine this. What about if each fifth former has to do three one hour sessions a year with fourth formers on a subject of the fifth former's choice.”

Mohammed: “that would solve the time problem. Do it as an extra class at the end of day. There would be a lot of laughs – very important for teachers, laughter. When knowledge is conveyed with a strong emotion it stays in the memory longer.”

Jesus: “not much laughter for the fifth formers though.”

Mohammed: “they get fear and humiliation. Fear preparing the course material and humiliation

thereafter in the classroom. Great for their souls. I know that we were both on holiday but were you ever nervous?”

Jesus: “I was a bit sweaty before the sermon on the mount. It was a hot day though. Anyway I decided to hit them with three straight epiphanies. That shut them up! I can tell you! I could have talked about any nonsense after that – and probably did. And plum pudding for afters. They slept like logs after that. Kept me awake for hours.”

Mohammed: “I have always meant to ask. How did you pull off that stunt with the bread and fishes?”

Jesus: “that was easy. I arranged for the five thousand to assemble at the front of the synagogue. The synagogue curator was on my spiritual payroll. This is where disciples can be useful in setting up a scam. We loaded many carts of straw in the synagogue. At the back of the synagogue were the missing loaves and fishes with a few disciples. The carts were wheeled out in front of the five thousand and all they saw was the straw which was distributed around the area for use as bedding. The missing loaves and fishes were hidden under the straw and quickly dispersed to the people dispensing the food before the carts emptied the straw in the sleeping area. And so on all afternoon and evening.”

Mohammed: “I am impressed. Weren't there any Roman soldiers around? Wouldn't they have spotted something fishy going on. Sorry, Jesus. Maximum respect. High fives.”

Jesus: “there was a guy in the village who was heavily into sleeping draughts, Fizzier, no it was Pfizer. He was into alcohol too. Mohammed, I don't know if you were ever invaded during your visit. But these people were used to giving home-made cookies to the Roman soldiers as gifts. It was a gesture to thank the Romans for invading them and save themselves from death and serious injury.

My disciples bought from Pfizer sufficient sleeping draughts to knock them out for a day. There were only about twenty Roman soldiers in the village. The cookies were distributed to the Romans by the most alluring girl in the village in the early morning. She didn't have to go far since they all congregated together. You never hear of a Roman outside Rome do you? Nobody proudly says “I am a Roman.” They say “I am Italian” “which part of Italy” “Rome.” They haven't come to terms with their filthy imperialist past – four hundred fucking years of it! When in Rome, Romans talk to other Romans because they are the only ones who will understand their past. We are now at the time of creation of their past. Hi darlin'. Have you got lots of wonderful cookies for us? She ignores them and deposits a huge plate of poison cookies in front of them. Eat well my conquerors. Sleep well – she mutters as she returns to her hovel.”

Mohammed: “I understand that. How did you organise it without the locals knowing? Who baked the bread, for instance?”

Jesus: “obviously I had a name by then and many followers. So I just sent them round the village to tell them that I was going to feed all the men of the village on Thursday at three pm (to midnight) in front of the synagogue with five small loaves and two fishes. Accommodation provided – well, straw. No dress code. Just as you are. Which would be very shabby. A shabby attire was commonplace at that time. And bring a full bottle. It was acknowledged at this far distant time that a bottle of wine could not be smaller than a magnum. Honestly, Mohammed, it was the biggest piss up I ever witnessed during my holiday. It was like the fall out after a nuclear war. There were magnums, rehoboams, jeroboams, balthazars, even a few nebuchadnezzars and loads of other bottles of different colours and shapes littered everywhere. I found it quite pretty actually. And the stench of the fish! Unfortunately those that brought nebuchadnezzars all died.”

Mohammed: “did you take responsibility for this?”

Jesus: “of course I fucking didn't! They have choice. They chose the size of the bottles. They chose the drink. The drink they drink every day. They chose to be greedy. They died of greed. Did you ever hear of a nightclub owner taking responsibility for deaths on his premises? Same defence every time. Unfortunately for me, officer, they chose to die on my premises, they could just as easily have died in the taxi home, in their wife's arms or in their sleep. Nuffink to do with me, guv. “



Mohammed: “you forgot to tell me about the bread.”

Jesus: “sorry, Mohammed. I have been talking an awful lot. I hope I haven't bored you.”

Mohammed: “Jesus. This is the third time I have asked. Where did you get the fucking bread!”

Jesus: “Oh. Sorry. There was a much larger bakery in another village five miles away and they delivered two and a half thousand loaves of bread the night before and it was received by the curator of the synagogue, a disciple of mine. Each diner received half a loaf. One of my disciples was a fisherman, who had vast nets, and caught a shoal of mackerel. This was what started the idea for the scam. Over five thousand mackerel and five thousand men in the village.”

Mohammed: “I apologise for swearing at you, Jesus. Please excuse my impatience but I have been in spirit for over a thousand Earth years – thinking. When I came to Earth, I heard so many conflicting stories about you that I had no idea which were true. I am anxious to hear what you have to say and what your life was like, hence my questions. Another question . About the publicity. How did you get everybody to believe that there were only five loaves and two fishes?”

Jesus: “we had no mainstream media in those days, but we had a scribe. He was the only one who could write understandable Aramaic. He was a horrible man. His self-importance could have filled two carts. We invited him at two thirty pm to feed his self-importance to observe the five loaves and two fishes before everybody else arrived. Want a drink, scribe? Well, don't mind if I do? In my experience, he had never ever minded if he did! So he downed his wine laced with a potion mixed by Moderna, one of our local witches – healer, she called herself. It was then I realised the full importance of controlling the information when conducting a scam. I will never be in Satan's class. What he is doing on Earth now is unbelievable. At about two fifty pm the scribe was beginning to drift off, so two disciples carried him through the village to his bed. The sun rises. The sun sets. This was a common occurrence in the village.

Now, this is the important bit. Moderna's potion was enough to knock the scribe out for about six hours. I was standing behind the five loaves and two fishes while he was drinking, so the abiding image before he drifted away were the loaves and fishes and their exact number. At about ten pm he turns up. The look on his face was a real treat. He spoke a bit of Greek and I am sure I can still hear his cry of “EUREKA” over the assembled throng. That word is great. It echoes forever. EUREKAAAAA. Really useful if you scream it when you arrive late at a party. Everybody looks around and says “JESUS CHRIST! What was that!” An assembled throng of five thousand make a hell of noise. One of the disciples was waiting for his arrival with another wine laced with potion. It was fundamental that he should be nowhere near the synagogue because he was a nosy bastard.”

Mohammed : “nascent journalist.”

Jesus: “so the disciples carried him back to bed. The next day, even before we started clearing up, there was a sound of a “double-donkey” cart starting up and holding the reins was the scribe clutching a huge pamphlet.”

Mohammed: “so where was he going?”

Jesus: “to see the editor of the Galilee Harbinger. There are many transcribes in his office.”

Mohammed: “how much do you think he got paid?”

Jesus: “for a story that lasts for over two thousand years. I would say enough to keep him in wine for at least a year, and that is a lot of wine for him.”

Mohammed: “doesn't matter whether it is true or not does it? I am beginning to sound like I work for the Harbinger – so what happened with the Roman soldiers? Won't they suspect anything the following day with all those fish bones in front of the synagogue?”

Jesus: “ we thought long and hard about that - me and the disciples. The whole village will be gossiping about the “miracle” so we don't want that excitement to spread to the Roman soldiers. To balance that up these soldiers could barely speak their own language, let alone Aramaic. I heard “pugnabimus” (we will fight) a few times. But they were just referring to between themselves, not us. Most of them were between ages 17 to 20 so their lives had hardly started. So we decided, on balance, to move them to their garrison building after midnight with a loaf of bread, a damn fine

mackerel , and a drugged magnum of wine. The drug was enough to knock them out for another day which the soldiers will blame on the wine being off. We didn't want our cookie scam to be revealed.”

Mohammed: “so who provided the potion this time?”

Jesus: “ Astrid and Zeneca. Two termagants. Always in the meadows with heads down, picking plants.”

Mohammed: “I understand now. Well thought out. Another question. Why did you need to do it?”

Jesus: “very good question. I was so frustrated at not being able to get through to these people. I think they were beginning to assume that I was a god-like figure which meant that they created a gap between me and them. So they would worship me in front of me and, as a result, they failed to concentrate on my message sufficiently. So when I said “you can do as I do” “you have unlimited potential” “all the answers lie within you” I feel these words were wasted. If I walked into a classroom as the new scripture teacher, John Zacharias, with a very large piece of chalk, I think I would have got through.”

Mohammed: “if that was truly the case then how did you get the followers in the first place?

Aren't you being too hard on yourself?”

Jesus: “well I was really proud of my parables. I spent ages on some of them. I did need to have help a couple of times from God consciousness when I was desperate to get a message over. That is how I started so I think I got quite a few followers then. What follows a crowd? A crowd. It was a domino effect. So the audience got bigger. I wasn't as comfortable in larger meetings because the parable approach didn't seem appropriate. I became a bit like Billy Graham then, which really didn't suit as I had a quiet voice. The Romans were watching me by then because they are scared of gatherings of non-Latin speaking peoples. It seems ridiculous doesn't it - they controlled most of Europe and they are scared of a teacher on holiday!”

Mohammed: “but they thought you were the son of God though. Surely that helped?”

Jesus: “of course the idea was preposterous that God was capable of breeding. But I let them run with this since most of them are peasants and if it comforts them, then that is fine. In answer to your scam question I have never, in previous lives, performed a scam so I wanted to experience it. Since I was known as the son of God. I thought. Prove it . With a miracle. I never would have considered this in the early days of my holiday.”

Mohammed: “thanks for that. Do you have any plans right now?”

Jesus: “well, funnily enough, I was thinking of reincarnating to watch the excitement on Earth but after the birthing process and childhood I fear I will miss the deciding goal.”

Mohammed: “why don't we just possess somebody. We will save a lot time then.”

Jesus: “Mohammed! You are no average god. That is brilliant. I have never done that. Shared a body with another.”

Mohammed: “I didn't say share. These people are weak – they are low frequency. Just kick them out of their bunk. Tell them to naff off – in a holy sort of way. You are not sharing,”

Jesus: “ I love you, Mohammed. High fives! So I find a Christian to inhabit and you find a Mohammedan.”

Mohammed: “not so fast. If we occupied one of our followers isn't there a danger of our anger returning? We wouldn't be detached. I mean the damage to our messages has been done by the low frequencies so there is little we can really do about the reputational harm. So why don't we reverse it. You inhabit an Islamic leader and I become a Christian leader. When we get back we swap notes and we won't miss the Satan match.”

Jesus: “have you got your toothbrush?”

Mohammed: “right here, mate.”

Jesus: “let's go.”

Mohammed: “I am with you.”

Jesus: “don't forget to telepath your identity.”

Mohammed: “I might if you forget to telepath yours.”

Whoosh!

“Sorry about that. We got a crossed line. It was a humorous interlude though.

Our group are working with Earth. Or should I say, many groups, since Satan is abroad on your planet. Satan does not exist either. Satan is a manifestation of a low vibrational frequency and operates by lies and illusions. Once his plans have been exposed then humans will raise their level of awareness and frequency of vibration such that it will be above that of the satanic frequency. The humans who ally with this satanic frequency will have a difficult time ahead. What is fundamental is that everybody on your planet tries to contact us by self-enquiry. Belief in oneself is belief in God. Think of the great sportsmen and sportswomen. You revere them. They get there by practice and they have a lot of self-belief which is belief in God. So they appear as gods to you. Anything can be achieved by a combination of will and imagination - so cultivate both. There is a spark of infinite awareness in all humans in their hearts. So self-enquiry is the same procedure as contacting us - at which time the spark within grows.”

“Thanks. I think I understand what the judge meant now. He was telling me to confront my fear of grammar head on. Disposing of this fear is part of my harmonisation.”

“This is indeed necessary. Fears inhibit the freedom of the individual. Some come from past life experiences, some from the present life. To be fully harmonised you must remove all your fears. Then you are freely expressing. The fear of grammar was not just your teacher – yes he was dull. It was the fear of structure. The positioning of words frightened you so much that you were scared to put anything down at all.”

“So why did you come to help me now?”

“We know that you conquered your fear of water by jumping into the pool and swimming length after length underwater to overcome this fear. Your swimming on the surface is pretty crap though, but you can get in and out of the bath unassisted.”

“Thanks, God.”

“We know that you overcame your fear of heights by abseiling down from the top of the science building ten times, more than anybody else. You eventually put your faith in the strength of the rope and its connection on the roof of the building. Belief in other people.”

“We know that you overcame your fear of your privacy being invaded to such an extent that your front door is merely a prop in your life and not a defence mechanism. Every Englishman's home is his castle does not apply to you. These are fears that your conscious mind was aware of, so your conscious mind sorted them out. But the fear of grammar was so deep-seated that your subconscious mind has stored it until your conscious mind was ready to handle it – while you were writing!”

“My subconscious mind has a sick sense of humour.”

“If you want any assistance with your grammar – you know where we are. Omnipresent.”

“Fuck off!”

“ Ooooo! You are angry. Just trying to help. Byeeee”!

So I knuckled down to take my punishment. I learnt about grammar.

My emotions are going all over the place now. Last week it was euphoria, then contempt, then rage, rage, rage - surely something's got to break now.

Oh no . More rage.

My second driving test at seventeen. My first driving test was a predictable disaster after just six lessons. I knew I was dangerous to others. Like coming home, locking the front door and then chucking the front door keys out of the window. That dangerous! I was on a completely empty

street approaching a pedestrian crossing. Just set back from the pedestrian crossing were two women talking to each other over two prams. I slowed, I slowed, I slowed almost to a stop before the crossing. I clocked the women at least three times and the woman were oblivious of my presence on each occasion. Knowing that this was the watershed moment in my test, I decided that common sense must prevail so I proceeded at about one mph over the crossing. No! Failed. No regard for pedestrians.

The word “pedestrian” implies movement – of the feet and not the lips. There is no way these two mothers could be classified as pedestrians. Anyway I passed the third time with no pedestrians to be seen. In my family of four, five tests were taken and I took three of them! My father didn't have to take a test because of the Second World War and my mother and brother passed first time!

Anyway, I have digressed hugely from the conversation in the restaurant and what happened thereafter.

Alex, if ever you read this, the offer of a meal is still open – as friends of course. I apologise for my incompetence.

The feeling in my throat I interpreted as a message from my spirit to my mind as if to say “you really cocked up there, didn't you.”

Prior to the meeting in the restaurant, I was in a state of euphoria from the books by Betty Shine. The next week I was in a state of depression and doing lots of internal enquiry – who am I? Why am I not getting the feedback I desire?

The following week I couldn't stop laughing after I woke up. It was quite embarrassing for me doing this in front of my friend, who was working with me, because I had no joke to share with him.

Then there were events involving my senses:-

I was listening to the football reports on Radio Five Live at about five twenty on Saturday – with the windows closed. I heard a terrific explosion – so loud that I thought that a US bomb had missed Belgrade. I went straight out on the street and it was all quiet. No movement at all – no curtains trembling. Yes. I was confused. Later in the day, Radio Five announced that a small bomb had been detonated three miles away. I heard it but nobody else did.

I was going to collect my newspaper from the post office and when I opened the front door I was hit by a very powerful smell – just for few seconds and it disappeared. I crossed the road, walked about fifty yards to the left, turned right for a hundred yards and right again for fifty yards to the post office. Immediately I entered the post office I smelt the same odour – the post office had just been fumigated. I cannot explain why I only sensed the smell for a few seconds when I left the house and it was not present at any time during my walk. My friend suggested that I experienced a “pocket” of smell – but that seemed a bit thin to me.

My favourite fruit then was peaches. As you know, my favourite fruit now is raspberry pavlova with clotted cream made by a specialist Cornish supplier. Whenever I was in drift mode I would taste peaches. By drift mode I mean ceasing work and stopping for a coffee - I would taste the peaches in transit to the kettle. Initially it would happen about ten times a day. OK, I didn't have ten coffees a day, it would just happen when I had ceased concentrating on a particular task. Over a period of about five years it gradually disappeared. There is no doubt in my mind that the taste of peaches was put into me by another entity to give me reassurance that nothing bad had happened.

The other entity knew my favourite fruit.

I was in a wine bar with friends and I felt huge energy surges going up my back from the base of my spine. It happened later the same day when I was in bed. I didn't know whether I was meant to control the surges but I tried to restrict them to shoulder level to save my head being blown off!

In 1999, when the above events occurred, I didn't know what had happened. In 2004, I thought I might have had spiritual awakening so I Googled "spiritual awakenings". Google thought I was mad – do you mean "spiritual awakening?" it questioned me. In 2005, I Googled again and got a million hits! Something must be going on. So I checked about ten sites to ascertain the symptoms of a spiritual awakening. It is clear that I did have a spiritual awakening since overall I had about sixty percent of the symptoms shown on the ten sites. The energy surges up the back is the commonest.

So what was the significance of the spiritual awakening for me. My dreams have become more frequent and vivid since 1999. In 1999 I wanted to write about emotions. I drew a table with God in the chair and there were twelve other people at the table, six who had predominantly positive emotions and six predominantly negative. They would relate their stories to God and offer themselves for healing. I never got this off the ground but here I am twenty three years later writing about emotions.

I have been told that, once one has had a spiritual awakening, one cannot go back – one's awareness gradually increases throughout one's life. This has been true for me. I have noticed that if, there is a large noise which shocks me, I don't register the shock in my heart anymore - it registers in my head. My feelings, you could say, have gone to my head! My feeling centre is now in my head. I am writing to you from my heart and not from my head, so I am thinking with my heart and feeling things in my head – a complete reversal.

In 2006, I was taking a 4-mile walk to a local village on a very pleasant summer's day – something very strange happened. I stopped by a gate to a field. In the field I saw about thirty cows and one horse. I was brought up in the countryside and I had never witnessed cows and horses before in the same field. My first thought was what did the horse feel about these cows. I watched for a while. The horse gradually walked over to me from about three hundred yards away and we looked into each other's eyes. I asked the horse (in my head, not verbally) what he thought about these cows. He turned and started to canter, and then full gallop, and rammed one of the cows at full speed. Wow! I just said thank you, waved and continued my journey.

In 2008, I had regular coffee meetings with a friend. On one occasion he told me that he had bouts of extreme anger which he could not explain logically. I recommended that he visit a past-life therapist since it appeared that the cause was not from his current life. He followed my advice. I think he was under hypnosis, but what transpired was that he was living in Germany in about 600AD in a village community. He was aged about 16. One day he was playing in the forest nearby and when he returned he discovered that all the villagers had been murdered. Now the event, which had been hidden in the subconscious for so long, was transferred to the conscious mind he was cured. No more bouts of anger that he could have suffered in other lifetimes as well.

I promised to reveal, earlier in this chapter, what I discovered about Sathya Sai Baba which I will do now. The primary sources are written by people who visited his ashram in India in the 1950s, 1960s and 1970s when he was not as well known and popular.

He said that he had the full sixteen attributes of an avatar – effectively saying that he had God-consciousness. He stated that Jesus has twelve attributes. I looked up the sixteen attributes of an

avatar and I can honestly say I didn't understand any of them!

He was incarnated in the 1800s as Shirdi Sai Baba. He was able to speak about this previous lifetime meaningfully with others whose lives spanned both his lifetimes.

Early in his life as Sathya Sai Baba, he predicted that he would die at the age of ninety six. He died in the last decade and this prediction was disputed based upon the Gregorian calendar that the Western world uses. However, within the culture that he was brought up in, there was a slightly different calendar which proved that he did in fact die at aged 96. He has predicted that he will reincarnate in 2023.

During the Second World War an Englishman was trapped in an attic in London after a bombing raid. Two of his friends appeared and saved him. The Englishman later visited Sai Baba's ashram and Sai Baba told him about the incident and how he had saved him. He had taken the form of both his friends at the same time. The Englishman checked with his friends – they knew nothing about the episode.

An American photographer was visiting Sai Baba and he ran out of film. Sai Baba, who was sitting on a cushion, said “hang on a minute” and turned his back to the photographer. After a few minutes, Sai Baba faced the photographer and handed him some rolls of film that he regularly used. The photographer, now back in New York, entered the shop where he always purchased film. He showed the owner a photograph of Sai Baba and asked if he recognised him. The owner said that he came in for film last week - on the same day that the photographer was in the same room with Sai Baba's physical body on a cushion – in India.

An Australian photographer was visiting Sai Baba at his ashram. He had received notice that a relative of his was ill. So Sai Baba said “hang on a minute” and pointed to a wall. He then circled his finger at the wall and a map of Australia appeared on the wall. He circled again and a map of Melbourne appeared. He circled again and the street in which the photographer lived appeared on the wall. Circled again and the photographer's front door appeared. “Enter” said Sai Baba – and the photographer did – straight into his house!

Sai Baba has performed surgery on a human without leaving a scar.

A Kirlian photographer visited Sai Baba. Kirlian was a Russian photographer who developed a technique in the mid-1900s to photograph human auras – the energy field around the body. Commonly the aura is a few inches from the body. The photographer couldn't get a picture of Sai Baba's aura because it spread for miles and miles – it was endless! This for a guy that wasn't much taller than five foot.

There were two attempts to poison him. On one occasion he obviously knew about the poison and asked for second helpings.

He has healed somebody of an illness by taking on their symptoms himself so when he recovered so did his “patient”.

A follower of Sai Baba entered his room and asked him what he was doing when he saw food filling up the room. He said that a cart was stuck in a ditch with food for a religious festival so Sai Baba said he was “rescuing” it. Of course nobody else knew about this except those people in the cart.

He has frequently manifested statues of deities from the earth. When questioned how he did it – he said it was a combination of will and imagination. I fall short in my efforts to give up smoking due

to lack of will – I have the imagination to do it.

There is absolutely no doubt in my mind that Sathya Sai Baba was a manifestation of God - consciousness.

On your journey to self-understanding try to come to terms with who you really are – a conscious being comprised of mind and soul/spirit. Forget your body and material matters. Observe your self during a day as to how your mind interacts with your feelings and store your conclusions – do any fears come to light that you could do something about? This self-observation should be a daily activity. When you have quiet moments, go through the time-line of your life and reconcile it with where you are in your current life. There are no good or bad experiences – just experiences. My father was an emotional wreck due to four deaths in his close family by the time he was twenty one. His mother in childbirth when he was four, his stepmother from cancer when he was twelve, his elder brother when he was eighteen was shot down over Anzio in the Second World War and at twenty-one he was executor of his father's will. The consequence is that he was an emotional wreck (his own words) and a control freak. He felt awkward seeing conspicuous displays of emotions around him. Is it a bad experience for me, who wishes to write about emotions, to have such a father, or the perfect one? I leave that to you. Sadly he did no work on his emotions in his life and he became a recluse over the last forty years of his life. He decided to rationalise his emotions – a poor choice.

You may be shocked by me saying it doesn't matter about your background. Yes -- some are more difficult than others – but you must examine the choices you made from early childhood to grasp who you are now. Do you like who you are? Are you getting the feedback you desire from others? You dictate your own feedback. Do you need to change your perception of yourself – thereby changing your reality and altering your feedback? We all want to remove fears from our lives – the commonest probably being what others think of you. You dictate your own feedback so that is sorted. Removal of fears from your life will result in a more fulfilling life – it really doesn't matter what you do for work, how much money you have – what matters is are you happy? You have choice throughout your life – examine the choices you have made to understand your current unhappiness or negativity about life. Ensure that you only worry about things you can control – worry is futile about things you can do nothing about -- even if it is a sick relative. Death comes to all of us. Unnecessary worry leads to stress. If you are stressed about events in your life, then categorise those you can control, and only worry about those! If you are in debt to many people, then pay off all the small ones – less debts to worry about at little cost – then you can negotiate payment arrangements with the larger ones – less stress!

The key is opening your heart to the beauty of nature and others around you. Feel the warmth in your heart for everything. You did not incarnate to be unhappy. You have choice – so who's fault is your unhappiness?

Observe the men's England cricket team's success in the last year. The management have removed the fear of failure from the team so that the team can freely express themselves and, as a result, they are much happier and more successful. More entertainment for the fans too! Imagine if sixty seven million people had disposed of all their fears.





## **Gee It's Hard To be Human**

### **Jealousy**

This is unquestionably the worst emotion. It doesn't exist in the world of spirit since it generally involves sex and material possessions – earthly matters. It is derived from a combination of envy and greed. Jealousy cannot exist in a person who doesn't care about what others think about them. If one cares what others think then that person is allowing others to control their lives – this is not a happy state.

You may fancy Mrs. Jones's husband and love to have their new BMW. But really deep down you want both. What you have AND what they have. Deep down other people don't care whether your Renault has underfloor heating or not, so why worry about what they think. They don't give a damn! It is just your imagination. You will never be happy if you are jealous. Where does it stop? What about Mrs. Jenkinson in number 44 – her husband's rather dishy and they have a lovely boat. Well, for your information Mr. Jenkinson can't stand you because he thinks you are greedy and how the hell are you going to get a boat that size to the coast using your clapped out Renault.

Jealousy can be rooted out by internal enquiry. The hardest part of course is to acknowledge that you are jealous. Once it is acknowledged, then it could be removed by doing “Blame Culture” exercises – “it is my fault I am jealous” - “why do I care what others think about me?” - “do I want others to rule my life?” Or it could be removed by logical process such as asking yourself if others actually do even think about you at all – haven't most people got enough problems of their own without bothering about how much your new car cost – this would lead to the conclusion that your “jealousy” is internalised within your own system and that all you need to do is change your perception of yourself to a non-jealous person and this will necessarily affect your feedback.

Jealousy is the sign of an insecure individual. Jealousy is the most destructive emotion and this is being spread to others. The biggest problem concerning overcoming jealousy is that the negativity emitted by the jealous person attracts negative traits in others such as spite, malice, jealousy, envy and greed. It is quite likely that the best “friend” of the jealous person is spiteful and is continually winding them up which makes them more jealous and irritated and stressed. So to remove the jealousy one must go to the source of the insecurity which causes the jealousy. Why am I insecure? It may be something in one's conscious mind or in the subconscious where help may be needed from a harmonisation centre or a past-life therapist. A harmonisation centre is probably the best course if one cannot solve the problem oneself because negativity attracts negativity and if the jealousy is long-lasting then that individual may find that everybody they know is negative so they are not the best people to help. It is fundamental, if you are jealous, to nip it in the bud because you will never be happy otherwise. To remove jealousy from your system is a huge feather in your cap.

The more work you do by internal enquiry into the interaction between your feelings and your thoughts – the greater the benefit. When you have cracked it, then you are well placed to help others with a similar problem – have you thought of that?

## **Gee It's Hard To Be Human**

### **Energy**

Everything in the universe is comprised of energy vibrating at different frequencies. All the atoms in the universe are vibrating. What we call physical matter is also vibrating. Rocks, microwaves, mobile phones, washing machines and us are also comprised of atoms vibrating. Ever heard of crystal healing? A friend of mine, who is a healer, was called into hospital by a doctor, who had a patient with a large cranial tumour. The doctor had given him a week to live. My friend gave the patient a crystal to hold in his hand and the tumour had disappeared in four days. The patient lived for another five years. I don't think I have heard of washing machine healing though. Maybe – some time in the future – one could get healed in the launderette.

This may sound mad to some of you, but not to me, who views the universe from an energy standpoint. Our bodies are sending waves to and from the brain, nerve endings and all the other organs to maintain our existence. We are a very complex electromagnetic energy system – which works when we are asleep too. How do we decide when to get up for a pee? Messages are being sent.

There are two well known examples of natural frequency in operation. First the soldiers marching over a bridge in perfect unison. The marching soldiers have, unwittingly, reached a frequency of vibration that can cause to destabilise the bridge. The frequency of their marching is vibrating at the natural frequency of the bridge.

The opera singer and the wine glass are perhaps better known. When the opera singer has pitched her voice at the natural frequency of the glass – it shatters.

Similar to my friend using a crystal which has the same natural frequency as the tumour.

Similar to 5G emissions which can hit the natural frequency of oxygen which we breathe. Any chance of respiratory problems? I would say so. Or is our problem maybe something called Covid which stands for CERTIFICATE OF VACCINATION ID. Wuhan - first 5G city in China – where Covid was supposed to have originated. The Chinese turned on the 5G antennae full blast in preparation for the Covid scam. Where does Covid go next? North Italy. Milan. Turin. Big 5G installations. Where next? France? Spain? No. New York and New Jersey. It skips the Atlantic Ocean! Why does it do that next - over 2,000 miles of sea? Bit odd for a virus, wouldn't you think? Not when you consider that New York and New Jersey are the two areas of the USA which are most highly populated with 5G antenna – causing symptoms similar to what is purported to be due to the Covid virus. Why are 5G antennas installed at night? Think about it!

A schoolteacher in the USA noticed one day that all her form felt sick at the same time. Weird! The next day she asked them how they felt at home and they all said they were fine. Same happened the next day. She searched the school and eventually found a gadget, unknown to her. A 5G transmitter was later identified, which was later removed from the school. What is interesting is that the teacher was not sick. I think this is because she is older and her body has become attuned, and adapted, to the constant bombardment of the body by waves of various wavelengths and frequencies.

Mobile phones are receivers of 4G, 3G and 2G radiation. 5G is a super-4G. I am not saying that mobiles are dangerous but there is a lot of research which is being suppressed by governments

about the negative effect of mobile phones on our delicate electromagnetic systems. Mobile phone users are bombarding their bodies with radiation foreign to their own electromagnetic system.

A thought or an emotion produce energy. This produces chemical reactions in the body. The nature of the reactions will depend on what thought or emotion is being experienced. Positive thoughts and emotions will energise the body and negative ones diminish the body's energy. When you feel a positive emotion I expect you get a good feeling in your heart. You eventually crawl to the finishing line in the marathon, or you finally pluck up the courage to give her a ring and ask her out for a meal. A collective meditation, where all the participants focus on one problem/subject/thought, can significantly affect the environment in the locality because the energy will be of the same frequency and the energy produced by one thought will be multiplied by those in attendance. The Earth has an energy field too.

There is a theory that the stones transported from South Wales to build Stonehenge were made lighter by collective meditation. The frequency of vibration of the stones was increased thereby making them lighter and easier to transport. Think of what Sai Baba achieved by a combination of will and imagination. Currently most of the world's population are working at about 10% of their full capacity in this regard. We spend most of our lives trying to survive to overcome the obstacles that humanity has invented to make life more difficult!

I expect that many of you have moved house and sometimes have said “there is a good energy about this place. Let's buy it.” In energy terms there may be a very good reason – the previous owners were positive thinkers!

This is another of my experiences from the opposite standpoint. A client of mine, I am sure, was developing paranoid schizophrenia. He had delusions of grandeur with regard to his business. He had hired three new staff members – all completely unnecessary. He asked me down to his office to spend a day doing outrageous forecasts of his income over the next few years which for some reason I didn't charge for - as he was a friend. It also didn't help that he had been accidentally overpaid by £25,000 which he didn't seem to grasp was not his money. To cut a long story short he blamed me for his demise, after blaming the staff in the office – one after another – at which point I wrote him a letter setting out his ridiculous behaviour. From that point we drifted apart. Anyway, I agreed to complete a couple of tasks, so I went into his office while he was not present to do these jobs. When I entered his office I could FEEL his negative thoughts everywhere – clumps all over the place. The best way to translate this into physical terms is that these clumps were coils of barbed wire.

Thoughts and emotions are real and can be felt around us.

Some of you may have heard of chakras. These are spinning vortices of energy located at various parts of our body. Their function is to interact with the energy in the atmosphere around us. There are seven major chakras. Experienced chakra practitioners will tell you there are loads more.

The main chakras are as follows:-

**Crown Chakra** - top of the head

**The Third Eye** – the middle of the forehead

**Throat Chakra** – throat

**Heart Chakra** - heart

**Solar Plexus Chakra** - centre of chest just above the heart

**Sacral Chakra** – just below bellybutton – above pubic bone

**Root Chakra** – the base of the spine. This is often called the Kundalini chakra. This figured prominently in my spiritual awakening.

You don't have to take this information from me without some proof. Try this exercise. Imagine a black funnel with the point of the funnel touching the top of your head. If you don't feel quite ill after two minutes then you are not trying hard enough. Try it again focussing your imagination further. I want you to feel ill! What you are doing is blocking the energy around you from entering your head which is fundamental to your existence - as with the other chakras. Blockages of energy in a chakra can occur for a number of reasons, say due to some emotional trauma, and that is when one needs chakra balancing. I could say more about the ramifications on one's health here - I will discuss this further in a chapter on health.

I mentioned in an earlier chapter about the purchase of sixty books of “suppressed” literature – books that tell the truth, but the MSM don't tell you about, because you are not supposed to know. One of those books was “The Secret Life of Water” written by Masaru Emoto. He conducted experiments primarily to explore the extraordinary properties of water. The results are quite amazing. He was observing the crystal formations of water and relating them to stimuli that he produced for each experiment.

He put 0.5 cc of water into about fifty Petri dishes using a syringe. The dishes were placed into a refrigerated room and the contents of the dishes frozen down to minus twenty five degrees centigrade. The dishes were then taken out of the room and left to warm up. Crystals started to form when the temperature approached zero degrees and these were photographed with the assistance of a microscope. None of the 50 photographs were the same so the results were classified into crystal patterns and beauty of the crystal images. Water crystals are always hexagonal when well formed. Masaru Emoto would then choose a picture which he considered most representative of the entire sample of all the fifty photographs taken. Subjectivity is in play due to the crystal formations being affected by the environment, the timing and even the personality and thoughts of the photographer.

He used words as a stimulus by writing a word on a piece of paper and placing it under the Petri dish. LIKE gave a beautiful crystal shape whereas HATE gave a hollow shape, almost appearing to suffocate. It also doesn't matter what language is used either – the results are similar. THANK YOU, in any language, produces fantastic clear crystal shapes. This, to me, proves that words are vibrating and these vibrations are picked up by the water. Photographs have been put under the Petri dishes and crystals have been formed which reflect the mood of the photographs, especially true with flower photographs. So photographs are vibrating too. He used the effects of music upon the water resulting in different crystal patterns dependent upon the frequency of vibration of the music. Research is being done into the healing effects of music on the human body.

He used distilled water because crystals rarely form using tap water - due to chlorination of the Japanese water supply.

He experimented with flowers like this. Go outside on a bright and sunny morning and collect flowers. Cut each flower by the stem, being careful not to touch the flower itself with your hand. Then put the flowers in a container filled with fresh and pure water and set it out in the sun. In

about four hours the essence of the flower will be transferred into the water. Masaru Emoto decided to see what would happen if he diluted the essence and made crystals. The crystals that resulted were all very beautiful, not unlike the flowers themselves.

He also experimented with water in a river with a dam. Water flowing one kilometre downstream from the dam and springwater feeding into the river upstream produced well formed crystals. The crystal produced from the water blocked by the dam can be best described as a blob since it lacked momentum. When water is prevented from flowing, it dies, as is shown by water in a pond in a land-reclamation area which produced a tragic-looking crystal.

He gathered people around Lake Uchi in Oklahoma to offer prayer for the water. He took samples of the water prior, during and after the prayer. It was remarkable to observe the changes in the crystal from a malformed crystal at the start to a rather beautiful crystal after the prayer. He did the same exercise with two Swiss lakes with similar results.

He conducted the following experiment. He filled a jar with plain water from the tap at his office in Tokyo, and then put it onto his desk. Since the water came from the city water-works system and contained chlorine, attempts to make crystals from the water failed. He then asked for the help of five hundred people located all over Japan. At the same time on the appointed day, they all sent positive thoughts to purify the water on his desk and then sent the message “thank you” to the water. As expected, the water changed and was able to form beautiful crystals. The chlorinated water from the tap had changed to pure water. The thoughts and words of five hundred people had reached the water without regard for the borders of time and space. This is why one can be healed remotely by a healer. I have experienced this many times when I had a stomach complaint.

In the same way, the vibration of your thoughts, at this very moment, is having a certain effect on the world. If you understand this, then you can also understand that you already hold in your hands all the keys you need to change your life.

Masaru Emoto received a letter from a mother of a ten year old child who had performed an experiment on sunflower seeds. On the seed envelope, the flowerpots and the watering can, she wrote the words “thank you” on one and “fool” for the other. She spoke these words to the respective seeds as she took care of them each day.

The plant exposed to “thank you” grew tall with full, lush leaves. In sharp contrast, the plant exposed to “fool” had a deformed stem and wrinkled leaves. On inspection through a microscope, it was noted that the leaves exposed to “thank you” were dense, while the other plant had leaves that were weak and frail. This would seem to indicate the presence of consciousness in plants, accounting for the striking difference in the two plants raised by the young girl.

The mother's letter ended with a question: WHAT WOULD HAPPEN IF THE SAME THING APPLIED TO RAISING CHILDREN? The same approach, on an emotional level, could also be used by the management of large corporations, or any business or employer. We all like to be treated gently, with respect and appreciated for our contribution.

An experiment with rice was performed by Masaru Emoto. He put cooked rice in three glass jars, and to one of the jars, he and his assistants said “fool”. To another, they said “thank you”. The third jar was ignored. The rice that was told “thank you” fermented and had a nice fragrance. The rice that was told “fool” darkened and rotted. The rice that was ignored turned black and emitted a highly repugnant smell.

However, that's not the end of the story. Masaru Emoto took these three jars to an elementary

school and the students said “thank you” to the rice in all three containers. It wasn't long before the rice in all three containers fermented and started to emit a pleasant smell - even the rice that had spoiled! This indicates that even that which is dying and decaying can be brought back to life by caring attention, kind words and positive thoughts.

Masaru Emoto relates a story of an impassioned businessman who had kidney cancer before setting out in business. He started making a habit to wake up early and go to the rooftop of his condominium to greet the rising sun. As he watched the morning sun every day, he began to realise that life is a gift, and the words “thank you” started coming out of his mouth. Without turning his eyes from his cancer, he instead spoke words of appreciation to the cells, and the result was that they began to recover. The cancer receded until he was declared cured.

MASARU EMOTO. I THANK YOU FOR YOUR WONDERFUL WORK.

Why am I devoting so much time to writing about water?

OUR BODIES ARE 70% WATER!

This sends shivers up my arms. A patient had a blood sample taken due to his suffering from an ailment. The patient recovered and another blood sample was taken to prove that the recovery was complete. A Japanese doctor said to himself “I wonder?” So the doctor tested the old blood sample taken while the patient was ill and it was just the same as the sample after the patient's recovery!!!! WELL. WELL .....

## **Gee It's Hard To Be Human**

### **Learning**

I could have titled this chapter “education”. I decided not to because “education” is generally accepted as something that happens to humans up to the ages of sixteen to eighteen. These humans are commonly known as children.

Learning is a continuous process which spans a lifetime and applies to any age and is not restricted as with education. Leaving school should not be considered a rite of passage. When I was at school it was a standing joke that one's education starts when one leaves school. The standard of education is appalling now. This is a deliberate policy by the satanic low frequencies to dull the education of our children. I have read a letter from Imperial College London (Bill Gates funded) to the World Health Organisation (Bill Gates funded) which was written about ten years ago that implied that they, the satanic low frequencies, were aiming for a rate of sixty percent illiteracy in this country. Poorly educated people are easier to control. This chimes with my thoughts of about twenty years ago when I reflected on the amount of people I had met in my life who were clearly not comfortable with reading and writing, had poor arithmetic and were completely devoid of imagination. Communication skills were miserable. I would estimate then that the percentage was about thirty five - it must be more now. I could not, and I still cannot, comprehend what the teachers delivered to these children in the eleven years between five and sixteen.

I, when I was aged thirty one, said to myself “I don't have an imagination at all.” This is probably because I enjoyed taking exams and didn't question why I was doing them. Each one was a challenge – and nothing more. I was channelled into sciences at the age of fourteen so I was not taught how to develop my imagination. It was “expected” that I would go to university, which I did. When I took my professional exams I made the mistake of questioning “why am I doing this?” - at a time when I really shouldn't question since my future career is on the line! I had been corralled through a system from the age of five to twenty three. Exam after exam. This was me reacting against it. I cannot say I particularly enjoyed school – the academic side. What kept me going was my love of sport and games so I thank my schooling for that. I had a love of numbers so the sciences and maths got me through. I can confidently say that, at the age of sixteen, I would not have been given certificates in writing and communication skills, but I would have obtained one in reading. I have mentioned more about these certificates later in this chapter.

The parents are part of the education system since the child spends more time at home with them than at school so, if the parents are poorly educated, then it is likely that a child will be also. Also children who learn quickly at school are often bullied by those of lower intellect who try to drag them down to their level of understanding.

Mummy: “Johnny. It is time for your education.”

Johnny: “Mummy. I am hiding in the broom cupboard.”

Mummy (change of tack): “would you like learn about -----?”

Johnny: “yes. I will be with you in a minute.”

Mummy: “Johnny. Do you have a problem with the word education?”

Johnny: “yes, Mummy. It has hard consonants.”

Mummy: “hard consonants?”

Johnny: “Eddukkkashun. They upset me. Learning is fine – no hard consonants there.”

Mummy: “hard consonants like ggutttural. Did you learn about these at school?”

Johnny: “ don't joke. I am serious. I looked consonant up in my dictionary. ”

Mummy: “where did you get the dictionary?”

Johnny: “the charity shop next to the station.”

Mummy: “where did you get the money?”

Johnny: “ have you ever wondered why you get your newspaper delivered at five fifteen am – a full hour before anybody else?”

Mummy: “I can't believe this. You deliver my newspapers.”

Johnny: “yes, since just after my seventh birthday. I have been doing it for a year and a half.”

Mummy. “how much do they pay you?”

Johnny: “two pounds fifty a week.”

Mummy: “when do you get up?”

Johnny: “the alarm goes off at four forty five and your paper is through your letterbox at five fifteen.”

Mummy: “you are full of secrets, aren't you?”

Johnny: “it is OK to have secrets, isn't it?”

(Mummy off stage has lots of secrets and, to this day, is eternally grateful that none of them have come to light. She was hardly in a position to deny her son his secret world.)

Mummy: “of course, darling. So what do you do when I am at work and you have finished school?”

Johnny: “I listen to music.”

Mummy: “how?”

Johnny: “on my I-Pod through earphones. I have a Walkman too.”

Mummy: “and you bought these from the charity shop?”

Johnny: “the Walkman I did. The I-Pod was free from a boy at school who was upgrading.”

Mummy: “so what music do you like?”

Johnny; “Bach. I play it every night before I go to sleep.”

Mummy: “Bach. Wow. That is harpsichord. Isn't it?”

Johnny: “that is my favourite instrument. No hard consonants like Wagner. Wonderful harmony.”

Mummy: “do you want to play a harpsichord? It is your ninth birthday coming up soon.”

Johnny: “yes. It is one hundred and a seventy four days. But Christmas is seventy two days away.”

Mummy: “I haven't told you this but Father Christmas is in prison.”

Johnny; “I know. I look at the local papers while I am waiting for yours.”

Mummy: “so would you accept a Christmas gift from Mother Christmas of a harpsichord?”

Johnny: “oh Mum. I love you. I have savings of one hundred and one pounds and sixty eight pence. You can have all that. Will it be big enough to hide the ghastly plastic Christmas tree.”

Mummy: “ I can guarantee it.”

Johnny: “I promise not to play it late, because, as you know, I have to get to work early, now I am a fully functioning capitalist entity.”

This may seem a bit of an aside but the mother is an Interrogator and probably discovered that her child wished to be a musician so her future decisions will take this into account. Sorted at eight years and a half. This is a rare example but it demonstrates the importance of parents taking an interest in their children and indulging in adult-to-adult conversations with them. I am a great believer that children are much more aware than they let on. They may not wish to live in the material world! I have often wondered whether the children are there to educate the parents rather than the more traditional view.

This country needs to invent a new approach to learning which incorporates the teaching of the children at school, the universities, arts and crafts, further education colleges and trades. Currently it is just a herd system which is compassionless and failing badly.



In the schools, the single most important thing is to create an environment where all the children have self-respect because, by implication, they will respect others. It is fundamental to the rearing of a child that the first five years are spent with the mother. Some children will be unbalanced at the age of five due to adverse parental influences. It is important that these are investigated as soon as possible. This would involve the harmonisation centres so the school staff would be working closely with them. The social workers will be in tandem with the harmonisation centres too. Each child is a delicate electromagnetic system and is a conscious being comprised of mind and soul/spirit - so they should be treated with great care – not part of a herd to set before the needs of large corporations.

So let us put all existing ideas about education into the washing machine at a hundred degrees so that these ideas are completely destroyed. After three spins, put the contents into a paper bag (not plastic) and insert into your dustbin, or your neighbours, I don't care. This is necessary so that your old ideas do not pollute your rubbish.

You have a number of unknown five year-olds at your school gates. What do you do with them for the next eleven years? I think that I must ensure that they enjoy their stay (stay! like in a hotel!) and leave the school as well balanced individuals. I must stop all these regulations. So how do you propose to do this? Tell the government to fuck off! Mmm. Sounds very positive. You obviously care about them a lot. How are you going to conduct their education without these regulations? The regulations cause the teachers stress and dull their creativity. This stress spreads to the children and, to put it bluntly, many of them leave school damaged. Some commit suicide because of the pressure of exams. This is no way to enjoy childhood. The current system does not even encourage the children to develop their imagination or understand their emotional selves. It is so bad now that I would not send my children to school, and I am a teacher!

Wow. So would you give me an idea of your new approach to teaching? My aim is for the children to leave the school at sixteen to eighteen with a good command of writing and reading English and excellent communication skills – without any inhibitions in self-expression. The intention is for the children to leave school so that they have the ability to learn about anything they choose. So your plan is for pupils to graduate, so to speak, with tools to learn about any subject? Exactly. They will be told early on about the beauty of learning and that it will give the pupils a more fulfilling life and that it never stops - otherwise one is clinically dead! Bit harsh but I understand exactly what you mean. Is there a place for exams in your plan?

There will be regular essays and talks in class. My school will be issuing certificates of competence in reading, writing and communications skills from about ages twelve onwards - at any time – and not prompted by any event. We know how they are progressing. A child could gain the certificate in reading and writing at twelve but, because they are shy, obtain the communication skills at sixteen. There would be no requirement to take any exam. The target would be, by the age of sixteen, for the pupils to receive certificates in reading, writing and communications skills. Kids will progress at different speeds so more effort will be required with certain individuals but they must try to qualify by sixteen. All pupils must have an equal chance when they leave school so they can indulge infinite choice. Continual interaction with parents will be fundamental – once a year is hardly adequate.

So what about specialist subjects such as physics, chemistry, economics, foreign languages, maths and history? These would be taught after the student has gained the reading and writing certificates - communications skills are not at a premium if one is being taught. These are the choice of the student so they can guide themselves on their life path rather than being channelled into sciences or the arts. They can switch when they want. Every day if they want- but that is a bit silly. They should stick it out for a year before changing. They do not need to go for exams before they leave

school because they have the tools already to go on any course at any time in their life, or learn on the internet. However I suspect that most students will opt for the exams and stay on until aged eighteen, since they will all be balanced after receiving the reading and writing certificates and be developing ideas as to which subjects interest them. Words - English literature. Numbers – maths. Logical process – physics and chemistry. Timeline - history. Communication skills – foreign languages. They will walk into the outside world unstressed and without fear of words and numbers. One has to grab the children's attention from their first day at school so that they will enjoy learning all their lives.

So the specialist subjects can be learnt at a time that is appropriate for the student. How does this interlink with university entrance? Most of the students will continue until eighteen, because they will enjoy learning. They can go then to university if they reach the appropriate grades. They can still go to university at any age and take the equivalent of A levels at university before they stay on for the degree course, assuming they get the grades.

Under the current system, the entrance to university seems to be a means to an end – to satisfy an employer – any employer. The subject doesn't matter. My feeling is that universities should be used by students who have a fairly clear idea that the subject they wish to study has some relevance to their future. This will have a beneficial impact on the community as a whole – the degree will not be just a pointless intellectual exercise – a waste of money when the student could be working and contributing to society. History – they may wish to teach. Maths – they like numbers and they wish to develop this capability. English literature - they may wish to write for a living. Physics, chemistry – teaching, research, working for firms whose output requires knowledge of these subjects. Currently degree passes are being manipulated by the government so that their value is diminished. I wish that the government would not interfere with the education of our children since those in the government, who do interfere, have no knowledge at all in the skills of teaching. I regret to say that the politicians have little knowledge to impart on anything - they are merely party clones. They should leave this to us. They are serving the interests of large corporations and not the delicate system of a human child – who has choice, although one could be forgiven for not thinking so.

I agree with the unnecessary government interference. These league tables of schools are a real nonsense. I have a friend who bought a house in an area too expensive for her because it put her closer to a school that is ranked number five in the country rather than her local school which was ranked a hundred and three. That is taking things just too far. Not only are kids stressed, the teachers stressed but the parents are too. So much for a happy childhood. Who are these inspectors anyway? Do they have children of their own? How do they decide on the rankings? Do they get kickbacks? This conversation is beginning to make me angry too!

I have no idea how they arrive at the league tables or who decides on the school curriculum. It is doubtful whether they have spent much time teaching children – or the importance of humour in getting one's message across to them. As to the league tables, the area in which the schools are situated, is crucial. Compare a school in a leafy area in the stockbroker belt, or in a rich area in North London to one where a girl comes home from school and finds that her brother has just been stabbed. But he was stabbed last week! I know but this one was one inch deeper. Oh. (trying to show interest). The parental influence is fundamental, because, if a balanced education is not considered important to the parents for the performance of their work, then not much interest will be taken in the education of their offspring. The league tables do not take this into account when deciding upon the quality of the teachers in a “poor” area when compared to those in a “rich” area. The “rich” area school has twenty five percent A -grades in maths and the “poor” area school has one percent - but this was the best ever! The “poor” area school has also just got a budding artist into the Royal Academy of Arts and three of the students, of four years past, are full-time linguists

and another student, of five years past, is successfully running a business selling tapestries. Is this reflected in the ranking number?

Great point. So the real position could be that the “poor” school has much better teachers who are working in more difficult conditions whereas the “rich” school teachers could all be complacent but good in logical subjects but are not developing the imagination to produce a more balanced child. The “rich” school has a captive audience, so to speak, due to the parental influence. The “rich” school has a higher ranking because it excels in logical subjects which overall hide the under-performance in more creative areas.

Quite. The performance of a school is impossible to measure effectively. Who decides? The civil servants? The parents? The student? The child's first employer? As long as the child has no fear of words and numbers and has great communication skills then they have the ability to direct their lives as they choose. It is no use to a pupil having an A-grade in physics if they lack the communication skills to get a job and keep flunking the interviews. Would Einstein get a job with his hairdo? (laughter).

So can we scroll back to the kids' education between ages five and twelve when you issue the first certificates. What are the children going to be doing in these years? It cannot all be English and no maths, since it is a specialist subject for later on.

Wow. I have many ideas. The plan is to provide as many stimuli to the children as the school can. This will not be in any curriculum. Children already have an active imagination. The education system must cherish it – not destroy it as is happening now. The school therefore must indulge the kids' imagination. They are fresh onto this planet. They have choice. So my role is to channel the child's spiritual self into an endeavour best suited to their personality. They will therefore be effective contributors to society. Variety will be my tool to ensure that the child has as many options as possible. All children must leave school with no fear of numbers or words.

One site I am very fond of is Lumosity. I think it will be extremely useful at school. Exercises and games have been devised by neurologists to test the player's speed, attention, logical application, flexibility, memory and maths. I call it an exercise if I am aware of the fact that my memory is being tested. I call it a game if I enjoy it and am not aware that I am being tested.

The result of each game is scored and there are many games in each category so you have a score for each category shown above and you have a score for your total performance over all the categories. If somebody is poor at a particular memory game (it just doesn't grab their attention) then they should not despair because I think your category score is based upon only three (or four) best scores in each category. The total score of all categories is compared to the player's age so you can get a percentile for each age group. This is really interesting. There really isn't any significant difference between the total performance score for any age group between eighteen and seventy five, so grandma and grandchild can have an even contest. The twenty six to thirty age group probably shades it over the others but not by much.

The neurologists claim that these exercises or games open new neural pathways which would imply that the memory games (and others) would be useful to those suffering from dementia or Alzheimers. Some of these games are extremely addictive as I can testify since I was addicted for over five years. The big factor for me was to increase my total performance score so I was forced to play games that I didn't particularly like to achieve my objective. This is of course the objective of Lumosity – to improve our scores in our weakest area –to become balanced in all disciplines. Balance – that is what life is about. I could physically feel the benefit of these games so I believe that they do open new neural pathways.

The competitive factor is fundamental to the kids. I feel that this would reduce bullying over a course of time. I consider that this would be ideal fodder for the kids for the last two hours on Friday afternoon. I would recommend to our new government that all kids have a PC for this reason alone. It creates space for the teacher to make jokes about some kid who has lost the teacher's attention or has a memory loss. Humour being at a premium when teaching.

In answer to your question about maths. I would like the kids to think of words as things of beauty – the same with numbers. Mathematics at the highest level is a lot about imagination. More about concepts than numbers. It is doubtful whether the kids all need to learn calculus. So I think that maths can be replaced in the three “Rs” by Rcommunication skills! They will see numbers all the time during their early education and there will be plenty of computational work allied to the Lumosity games. There could be an examination on maths early on but it would be very basic. I would prefer to examine after the student has chosen maths as the specialist subject. The teachers would know where a kid was with maths and make the appropriate adjustments, if necessary. I would teach trigonometry, algebra and the times tables.

I have never heard of Lumosity. It is fascinating. So it looks as if it may take a prominent position in mental health, maybe. How many pupils would you have in your classes?

The ideal would be twenty with equal mix of male and female. The aim is to keep these people together until the school starts issuing certificates when some will leave the class to engage with specialist subjects in other parts of the school or at another place of learning.

So what other pursuits will you encourage?

I wish to bring back the old and forgotten. Woodwork and wood sculpture. The products, whether they are furniture, carvings, sculpture, could be sold from the workshop to fund the school. Same with metals and minerals. A similar approach could apply to embroidery, needlework, knitting, making tapestries, painting and drawing. Things of beauty. Appreciation of beauty is conspicuously missing on this planet. Same with music. The school will aim to compose an orchestra who would perform outside the school to fund the music department. Rock music. Ska. Reggae. Blues. I don't care. The school will gradually seep outwards into the community. Scrabble, chess, draughts, go, mah-jong, darts, table tennis leagues with other schools. Any other ideas the kids come up with would be most welcome. The kids must feel that they are involved in the school and that there is a place for every child to contribute to the school experience.

I would ask the children to research anything they want on-line in their spare time with a view to giving a talk to the rest of the class at the end of the year. This would give them help with their communication skills in front of a “soft” audience – their classmates. I would sometimes give them a cryptic crossword to do in class or some other lateral thinking exercise. Or we would play Scrabble with the board and one player's letters next to it on a screen in front of the class. The kids, together, could work out the next highest scoring word. A group activity which should always be encouraged. I would hold debates in class to enhance the children's communication skills and improve self-esteem. They could do Sudokus in class, especially “killer Sudokus”, which require addition skills up to forty five. The list is endless – all with a view to building a community spirit in each classroom which, hopefully, they will carry with them all their lives.

I envisage a community centre where kids can converge to engage in table tennis, pool, darts, scrabble and many more activities. This centre could be supervised by a priest, retired army officer or policeman for example. The teachers could get involved in the activities too. The community centre could open in the evenings between 7 and 9pm. This is why external supervision would be

required.

That is great. Building a community centre is an expensive project.

I wasn't suggesting building anything. I lived in a village of two thousand people. I checked out the places of worship. There were six! I visited them all in a week. There were never more than twelve people in attendance in any of the churches. Assuming that these people attended church every time there was a service then there are about seventy two churchgoers in a two thousand population. They were all praying to the same God or God consciousness! What a waste of real estate! Surely we can come to some arrangement with the Church of Whatever regarding the use of the building as a community centre.

Great idea. It would test the beliefs of our religious leaders. So how do you see the future education system being funded?

Considering how much is spent on education in relation to the financial incontinence of the NHS, I think the education system has a lot of slack. The education system and the NHS have been systematically destroyed since Margaret Thatcher resigned in 1991. I think all the education up to age eighteen should be paid out of general taxation. Degree courses for those aged up to and including thirty should be free with a grant (including living expenses) given out of the public purse based upon means testing if the student is dependent upon parents. I also think that free tuition and books should be given for any course over one year that relates to the enhanced contribution of the applicant to the community. For instance an ex-nurse, who resigned to remove herself from the chaos created by the administrators, has an idea for an embroidery business, would qualify for free course fees and books. A semi-retired man, of independent means, would not qualify for help with a three-year university course to indulge his recent interest in history. Where there is a collapse of an industry then the new government would help with education of those made redundant in order to get them back into work as soon as possible.

That sounds reasonable. I know it is a common question. What would you do about bullying?

Currently the teachers are under so much control from the government that they are stressed, so they have turned a blind eye to bullying because they can do without further stress from parents who object to their child being "outed" as a bully. The chances are high that the parents are bullies or "poor mes". I can empathise with teachers who do not wish to add to their emotional workload. They are conscious beings comprised of mind and soul/spirit as are the children. Needless to say, this approach is not positive because the act of bullying diminishes from the emotional development of the bully and those who are bullied. I do not blame the bully because that is probably all the child knows about gaining attention due to their parental background.

My approach is to nip the bullying in the bud. My compassion is equal towards the bully as it is towards the recipients of the bullying because I want them both to have an equal chance and succeed at school. This reflects upon me. I have spoken to my staff about bullying and we have agreed we will all work towards defusing it since we desire for all our children to be balanced between mind and emotion. We all agreed that the bullies are easy to spot, especially with smaller class sizes.

I will give you a recent example. A West Indian boy was overheard by one of the teachers bullying a small Asian girl. The teacher notified me, as agreed, and I called the two children involved into my office. I called the Asian girl into my office a quarter of an hour earlier to explain to her what I was doing so she would not be frightened by being in front of the bully and that the meeting had nothing to do with her. I was aware that if the bully thought that she had "grassed" him then the

bullying could escalate.

I explained to the bully that the Asian girl had nothing to do with this meeting and that he was overheard by a teacher (unnamed). I explained to him the four main attention-seeking methods , bullying, poor me, interrogator, and aloof. I pointed out that he chose bullying over the other three and asked why. My parents are bullies. I ascertained that he bullied her because she was in the minority in a school of mainly West Indian pupils , she wore glasses at the age of eight and was very short. I explained that he could have been an Interrogator and could have asked her how she felt being an Asian girl wearing glasses at the age of eight, being very short in a school of predominantly West Indians. I explained that we all are conscious beings of mind and soul/spirit and that the bullying has a negative impact upon the emotions of the receiver. This was acknowledged with a nod. I asked him to apologise sincerely to the Asian girl for being an overweight rude West Indian. Which he did. Then, to add an element of farce, I asked the Asian girl to apologise to the West Indian for being Asian, very short and wearing glasses. She did. Then I asked them to shake hands and mean it. I asked the boy if he understood now that bullying is not the only way of gaining attention and that there are other ways which are not detrimental. He said that he would try “Interrogator” instead.

I overheard in the passageway, after they left, the West Indian ask the Asian what her father did for a living. She replied that he was a drug dealer. Hey. Same as mine. Not quite the result I anticipated but there was no further trouble between those two. Happy days!

I love that approach. I can see how it works. I think that just about wraps things up. Do you have any objection to me giving our recording of this conversation to the Ministry of Learning and the MPs doing research on the learning system?

Absolutely not. I implore you to do it. I cannot say how relieved I am that these political parties have now gone. It does not matter to us who is in power since either way we are controlled. How can one control the education of conscious beings of mind and soul/spirit and expect a positive result if one doesn't trust the teachers. The electorate don't realise how lucky they are with a parliament of people who actually care about them and the country as a whole. No more power for power's sake!

I agree entirely. Good luck.

Goodbye.



## **Gee It's Hard To Be Human**

### **Health**

This is an entry on Postboard from the Prime Minister.

Thank you to Endrit Kastrati for his magnificent idea submitted about health service reform. Endrit is an illegal Albanian immigrant living in a cheap hotel just off Tinderbox bypass.

He phoned our 24-hour line and this is his message reproduced in full:-

“I am new to this country. The hotel walls are beautiful but they are all the same colour. This bores me. There is no golf course within walking distance. I found it difficult staring at these walls all of same colour every day, so I bought a new mobile phone to replace the one I threw in the English Channel. I decided to do some research. What do I know about? Drugs. I know a lot about drugs. So who buys drugs? The NHS. So through a friend who works in NHS accounts I get a list of drug prices. I cannot believe what the NHS pays. I could get them cheaper from my contacts back home. And these drugs wouldn't work either but they would be less expensive. Maybe I am in the right country after all. Then the NHS completely ignores other forms of healing which don't involve drugs and vaccines - spiritual healers, crystal healers, herbalists, acupuncturists, energy workers and many others that all understand the human body as a complex electromagnetic system. The NHS is being conned. The citizens of the UK are being conned. So why doesn't parliament get these healers together for a two-week conference and show their skills and knowledge to the Health Department? The NHS could save enough money to buy me a golf course.”

I couldn't have put it better myself, Endrit. I want my own golf course too. Big Pharma (all the drug and vaccine companies) have been manipulating our NHS for over fifty years and this has culminated in their recent money grab costing the UK between three and four hundred billion pounds! This is on top of the regular overpricing on certain products involving the use of brand names. Our governments, because they are only really concerned about the next election result and not the people of this country, have turned a blind eye. They make an announcement saying that they will put an extra twelve billion pounds into the NHS, for electioneering purposes. We don't know whether this actually happened or not. What value attaches to the word of a politician anyway – especially now.

It is not in the interests of Big Pharma, who effectively now control the NHS, to make people better. Healthy people do not require drugs. So drug dependency is high on their list of “treatments” as is the use of other drugs to counteract the use of drugs previously administered. So patients could be taking two drugs, which have an opposite effect, when the first drug wasn't necessary in the first place. We, people of this country, are therefore paying for two drugs unnecessarily. Most of these drugs are made by foreign companies so the NHS, and us, are importing, consequently more reserves are leaving this country, thereby increasing our trade deficit. Big Pharma, are currently giving out “vaccines” against shingles, which is a common side effect of the Covid “vaccines”. I suspect that the shingles “vaccine” will be pretty much the same as the Covid and flu “vaccines”. Do you get my drift? More money wasted and the government don't give a damn.

The money wastage in the NHS is vast and the money could be much better placed elsewhere – education for example.



Many soft tissue operations I strongly suspect are unnecessary because other methods of healing have not been explored beforehand. Somebody may have their gallbladder removed due to pain, but they may have emotional issues (harmonisation needed). A chakra balancing may be more appropriate or herbal treatment maybe. These are much cheaper than paying a surgeon to cut somebody open – the gallbladder was there for a reason - so let us explore alternative methods before taking the expensive option.

Things are so crazy now that the PM of New Zealand recently announced that treatment using alternative medicine would be made illegal. A friend of mine, a healer, went to live in France fifteen years ago and she found that practising healing was also illegal. Healing illegal! In any event, if she wanted to become self-employed, she would have had to pay three thousand euros for the privilege! It was not a happy stay for her in France. A French girl was one of my clients and she told me, about twenty five years ago, that she had been cured of multiple sclerosis by a French doctor in his capacity as a spiritual healer. She said that she had never told anybody about this apart from me. I was amazed by this revelation. I would have been shouting from the rooftops – I am cured! She was very reticent and said that it was not a good idea to publicise her cure. I let the conversation rest there. Of course, ten years later, I discovered that the French doctor could have been struck off the medical register, or worse still imprisoned.

Alternative medicine, including dietary advice, has been steadily marginalised by governments using their helper, the MSM. Because they work. I have read in detail about three different methods for curing cancer in the last ten years, one in Australia, one in the US and one in the UK. Each one received the hounds from hell unleashed by Big Pharma companies. The doctor in Australia was completely discredited as a doctor for what I thought was a really clever idea. I don't know what his circumstances are now but I have not heard anything on this matter since reading the article about him. The technique for curing cancer developed in the US was a dietary one. In the end they were kicked out of the US and had to relocate in Mexico since Big Pharma made life for them completely intolerable.

I am unsure what the UK doctor was selling to cure cancer but it must have worked. I was more interested in the lengths that our MHRA (the UK medicines authority) went to stop him practising i.e. to stop him healing people. The MHRA decides which drugs and vaccines are recommended by the NHS to insert into our bodies. I will repeat this. Our UK regulatory authority went to extraordinary measures to stop a UK citizen from selling cancer cures at what seemed an incredibly low price. What price does one attribute to a human life? The UK government must have known about this since the MHRA is accountable to the government. Their stance is that they do NOT want a cure for cancer.

If my memory serves me right, the MHRA tried over ten times to close the doctor's business. At this moment, I must point out that there is free flow of staff between the MHRA and the Big Pharma companies so, for all practical purposes, the regulatory powers of the MHRA do not exist. Somehow, the doctor was bounced over to the EU, so the last news I had was that the doctor is being held in a French prison in inhospitable conditions. The farce has taken so long because it is very difficult for the Big Pharma companies to find grounds for suing the doctor. They are using bully tactics.

A cure for cancer would fill the citizens of this country with great joy. There is no joy in the UK government, nor the MHRA. They are just patsies for the Big Pharma companies. Beware of taking injections from these criminal organisations which are misrepresented by the MHRA, the government, Sage and the MSM as “vaccines”. One common side effect of these “vaccines” is CANCER. Your choice if you have so little value for your life. It is not a choice I favour.

A responsible society must take a VERY detailed look at how we view disease and illness and their causes and treatment. This will not be possible now until we have responsible, more aware MPs who care about the electorate - when we have removed the influence of the cult from our government. My suggestion would be to split MPs into groups to investigate the new treatments available from the alternative arena, the cost of the current drugs and supplies and their efficacy and the cost and added value of the huge volume of administrators. A large portion of the administrators will be working with the cult as Common Purpose operatives with the aim of destroying the NHS. We need to create an atmosphere of trust between the parliament and electorate . None exists now because the decisions of the politicians are weighted towards to the chances of the ruling party in the next election. Nothing to do with the general good of the population!

The system of harmonisation centres will enhance our health and well-being by increasing the balance between our mind and spirit. This will contribute to a longer life and a more productive one to society.

An understanding of all chapters in this book will contribute immensely to the health of this nation. A review of healing in this country can only be effectively administered by independent people and not political party clones. There is no such thing as an independent enquiry in this country at this time, so it up to us to ensure that we create the circumstances whereby enquiries are conducted by non-corrupted individuals.

## **Gee It's Hard To Be Human**

### **Religion**

Let us look at two dictionary definitions of religion.

Chambers twelfth edition:-

“belief in, recognition of or an awakened sense of a higher unseen controlling power or powers, with the emotion and morality connected with such.”

Collins twenty first century edition:-

“belief in, worship of, or obedience to a supernatural power or powers considered to be divine or to have control over human destiny.”

My first thought is that I don't like the use of the word control. I don't like obedience either – or worship. Supernatural implies that which is not understood by humans. When it is understood, it becomes natural.

I don't know if any of you have read the “Conversations with God” trilogy by Neale Donald Walsch. The first book is about individuals, the second about the planet and the third about the universe. There are many other books that have followed these three. It is a dialogue between God and Neale Donald Walsch as the author freely admits. I think he was chosen by God for this exercise because of the author's incredibly enquiring mind, such as Dolores Cannon in her books.

The series started because, when anything bad happened in the author's life, he would write a rant to somebody he perceived as guilty for his demise. After exhausting all human contacts, he decided to write to God. GOD REPLIED! God replied telepathically. This is known as channelling. Telepathy is real because every conscious being of mind and soul/spirit has their own individual frequency of thought (source Dolores Cannon books). Those of God consciousness can respond or start telepathic communications with any conscious being in the universe. Telepathy is how spirits communicate with each other - it is not the preserve of those with God-consciousness.

There is no doubt in my mind that Neale Donald Walsch was telling the truth when he states that he was talking with God, because the replies to the author's questions were so consistent and immaculate. The replies must emanate from a divine source - that is my belief.

I have given copies of “Conversations with God”, book one, to two practising Christians. They both gave up at about page thirty when God says the Bible is not an authoritative work. When one is dealing with the “immaculate”, wouldn't the “immaculate” say that a book is not authoritative if there was a comma missing on page five hundred that the “immaculate” considered misleading? The first person gave the book to her sister who thought the book was fantastic. The second responded by sending me a copy of the “NIV Study Bible” which runs to 1,907 pages! I have not read a single word because it is not going to provide added value to my life. Why would I want to understand God-consciousness through a book written by humans when I have copious books written through a God-conscious entity? Which one would the readers choose?

My experience with reading “Conversations with God” is that I can only handle about twelve pages

a day so that the pages seep into my consciousness. I return to it about three days later. I read a lot! It is recommended to those people who have an earnest quest for truth. These people will find the book(s) truly fascinating.

The Bible was written many years ago by humans and, I suspect, edited many times in the past. Consider what is happening now on this planet. The globalist, satanic low frequency people, are trying to control our beliefs, by for instance, telling us that the vaccines are ninety percent effective, saving lives, when in fact they are deliberately destroying our immune system, sterilising people, causing blood clots and pretty well any adverse effect can occur dependent upon which formulation the vaccinee takes. They are using national governments and the MSM to control our beliefs. A lot of the population believe everything they see on BBC, read in the newspapers and the words of politicians! They don't feel the need to double-check on-line!

Do you see how easy it is to dupe us when our information sources are controlled? So control of our beliefs is fundamental to control over us, our minds and our bodies. This has been the same ever since humanity existed. It has to change otherwise we will never be able to express ourselves freely. There are still religion-states where there is little distinction between the belief structure of the population and the law. These are dangerous to the people and will shortly disappear.

It is just a short step to trying to understand those that formulated the current form of the Bible. The leaders of the religions, on balance I think, generally consider themselves elite and they mix with other people, who also consider themselves elite, such as politicians and heads of large corporations. At the elite level of society - the lowest, power over people's beliefs is the common denominator and because power is a drug, corruption is rife. Same with political parties. It is much easier to corrupt a political party, whose sole purpose in life is power, than six hundred and fifty independent freely expressing individuals. That is why they must go – NOW!

I am sure that there is lots of love in the Bible but I have great reservations from my experiences with Christian people concerning their interpretation of it. I don't know whether this is the fault of the Christians, the drafting of the Bible or both. I will try and give you some examples.

I mentioned earlier that I visited churches in a village of about two thousand population. I did the same in London. I tried about six churches in a few days – dull – not well attended. At about nine pm I was at a loose end, considering entering a pub. I then heard this singing emanating from a building that looked like a community centre. I came closer and discovered that it was a Pentecostal church. I was intrigued so I entered the building. Gawd Bless. There were about one hundred people singing (ninety percent women, everybody black) and there was a preacher (black male) on stage with a microphone. I watched this for about a quarter of an hour at the back of the building - utterly fascinated – everybody in rapture almost. Then, horror of horrors, the black preacher beckons the only white male in the building onto the stage. So up I goes. We had a chat for about five minutes in front of the assembled throng until the preacher says “the only way to God is through Jesus”, at which point I wanted to be anywhere else in the universe but on this stage. I politely said to the preacher that I disagreed with what he said and retreated with great dignity into the nearest pub.

This is one of my stumbling blocks with Christianity. I cannot believe that Jesus, a highly aware spirit, would say such a thing. Don't Christians believe that God is omnipresent and omniscient so why should God block all avenues to Him apart from the route through Jesus. This is obviously a deception put in place by evangelistic priests to encourage new flock members.

“Evangelista. Is it your singing night tonight?” “Yeah sis. Can't wait.” That sums it up for me. The act of singing is a wonderful therapy. I was uplifted observing everybody smiling and laughing

and having a great time. It didn't really matter whether it was a religious observance or not. It was a great collective experience for those involved. The West Indians really know how to shake it about! Contrast the stilted services of the white people a few blocks away. I like American gospel music anyway because they generally have great lyrics.

Contrast “onward Christian soldiers, marching on to war.” I am supposed to imagine Jesus Christ in front of a thousand tanks, fifteen hundred nuclear missile launchers and fifty thousand infantry. No can't do it – so I did in fact walk out of a church because I made the mistake of listening to the words. I nearly walked out of a christening after this for something a vicar said – decided against it. I was sweating in the church as I felt so misplaced. Don't sweat much as a rule. I am a pretty cool dude!

In the book Proverbs there are many references to God-fearing! It is a common term in the US – presumably to command respect. I don't know why. Why would I fear the embodiment of love. I want to befriend this guy, feel love for Him (or Her – then I find out she is married!) - not fear Him. This God-fearing seems like a substitute for conscience. This is a ruse to control the flock and keep them in a state of constant fear.

Judgemental is an adjective often used in relation to God. I don't believe God is judgemental. In fact in “Tomorrow's God” by Neale Donald Walsch, God says that He is completely indifferent to what is occurring in the universe. He observes everything that his creations (including us) are doing and making history. God will not intervene in our daily lives since we have choice on Earth – however I am sure that He or other spirits will respond to heartfelt cries for help. In any event we have guiding spirits who have pledged to assist us throughout our lives.

Judgement Day is another expression often used. I suspect this is to do with the seconds after death. I think that a life review takes place at alarming speed. I don't know whether the spirit of the deceased is in the presence of pure love in which case one cannot lie, or the subconscious mind merges with the conscious mind at death. The subconscious mind is connected to the universe so has access to all there is (Dolores Cannon). The second alternative makes more sense since I presume that we don't require a conscious mind anymore as it is only necessary to survive on this planet. I don't believe that we go to heaven or hell. These are just states of consciousness such as God and Satan. They depend upon one's frequency of vibration. I believe we just continue in the same state of development of our spirit as when we left the planet Earth and continue learning in the spirit world.

We have choice as a spirit to do what we want to do thereafter. We continue our spiritual development as a spirit as we learn from other spirits. There appears to be a vast queue of spirits waiting to incarnate on Earth (Sai Baba – mentioned earlier). I think there is an addiction to the intense emotional experiences undergone during a life on this planet.

Jesus said “you can be as I am” (or something close). I think he meant that we can all become as aware as him. I have read somewhere that spirits can achieve God-consciousness and then they decide to start the whole process again (Dolores Cannon or CwithG – cannot remember).

My God is an angry God and His wrath will descend upon me. If I was your mate, I would change your behaviour. Your conscience is pricking you with a sword.

Salvation is often mentioned in a religious context. Salvation from what? Jesus is lionised as the person who saved us. Saved us from what? Our sins? My understanding is that he came to educate us. There is a certain religion whose leader lives in Rome whose whole flock is composed of sinners. They are encouraged to confess their sins since the presumption by the religion is that there

must be loads of these sins and the only way to achieve forgiveness is through confession in front of a human priest - not God. This presumption of all the flock being sinners is a con similar to the vaccines being ninety percent effective. Key word – control. If you realised what your leaders were up to then I suggest that you form a religion of yourself. What have they actually done for your spiritual development? You believe in God despite your religion. Why do you not confess your sins to God since surely you must believe that God is everywhere. So why not confess your sins when you are on the toilet? God understands the limitations of humans. Why bother to go to church to achieve closeness to God when God is omnipresent? The churches around the world are a glorious tribute to the worship of the divine. But they are completely unnecessary as a vehicle to worship the divine, although they are wonderful buildings. This can be done any time – a thought, words, prayer. If you heartfully pray for something, then always say “thank you” afterwards since it implies that you have faith that there is someone listening to you. That is appreciated by those listening to you. They want to be appreciated as you do for your achievements.

There are people who call themselves terrorists who associate themselves with a religion. They are normally aged between eighteen and twenty five. Can you find a terrorist aged over fifty? No - they are renamed freedom fighters! These people who kill innocent citizens from different countries could have been encouraged by their superiors in their religion, or they have been employed by a group that is ostensibly religious but is really political. In short, these terrorists have been duped. They are young and impressionable. If they saw, as they may have on the news, the dead and bleeding bodies of the injured, then I doubt very much they would have accepted the money. It is a great sadness that people are so desperate.

It is not possible for me to have a meaningful conversation with a follower of a religion unless they believe in reincarnation. They are not interested in the truth. They are lost souls. They may be great people but their souls are up for grabs. They can regain their souls by realising that their will is the will of God. God is indifferent. They have to realise that their connection to God is through their heart – not through listening to preachers. This is why most of the mainstream religions are dying because they are hiding the truth from you. Money! Control! We were all created by God. We have eternal life. The existence on Earth is really an illusion – the material world.

I don't have a problem with people who say they are Christians and they have choice so I respect that. I believe in the teachings of Christ. Goodwill to fellow Man and Woman (I haven't forgotten you ladies!) So why not make a religion out of yourselves. The strength of your self-belief is the strength of your belief in God.

I have been given a Bible of 1,907 pages. How can I cope with all these contradictions as inferred by the interpretation of others as described above? How can I restrict my beliefs to one book? The answer to all our problems lies in our hearts and therein lies our search for the truth. The truth – there is only one truth. Currently half the population now believe that they are in possession of the truth and the other half believe that the diametrical opposite is the truth. There is only one truth (repetition). Something has to give before we are united.

In summary, I think it was Karl Marx who said that religion is the opium of the masses. I tend to agree.

Adherence to religion is a form of laziness because one is subcontracting one's own personal beliefs out to strangers. In any event, if all your beliefs are incorporated in one book, then this implies that you are limiting yourself. This is disrespectful to yourself. You want to be free – don't you? If anybody criticises you for your beliefs then you just shout “blasphemy.” This is an early form of cancel culture for those religions that are living in doubt, which currently is most of them.



## **Gee It's Hard To Be Human**

### **Death and Grieving**

I noticed during the Covid scam in 2020 how cleverly the government-paid shrinks contrived to persuade us to “save” the old people despite the fact that the average age of a “Covid death” was eight two. In prior years the average age of deaths was eighty one. This was possible because so many people fear death. If you fear death - you fear living! This is deeply disturbing. At the subconscious level, I think that most people feel that our society is letting down the elderly in the last years of their lives – so they feel guilty. The shrinks preyed upon this guilt. This was ably assisted by newspaper editors and bosses of the mainstream TV news companies.

I do not fear death because I see death as a transition whereby the mind and soul/spirit depart the body and continue their adventures elsewhere. Death is as natural as life itself. This is my reality. I dream as much about the people that were close to me, who have died, as if I was thinking about them when they were alive – so there is no real change there. I interpret dreams about those that have died as them making contact from the spirit world. They are giving me messages. The messages from my mother and a close friend were the most frequent. The messages were very frequent after they died to reassure me that they were still conscious beings comprised of mind and soul/spirit and very much alive. The dreams of my friend always followed the line that he had faked his death on this planet and that he was still here – he had not really died. My dreams of my mother were always in a family context. The effect, however, was just as strong as the dreams of my friend. So much so that my father asked if I had any dreams of my mother – and I replied no - after I had probably about thirty! She just didn't seem dead! So they weren't really dreams!

I mentioned the spirit world above. This is a bit of a deception because we are part of the spirit world on this planet – but in human bodies. The spirit world is not a distinct entity apart from us – we are part of it. When we die we just shed our bodies – nothing else. Most of the spirit world, I suspect, do not have bodies – they are not incarnate.

I did not grieve when my parents died. I enjoyed the time we had together. They did not die in great pain. It was as natural as life itself. They just made the inevitable transition to spirit. The strength of a person's grieving is proportional to the emotional investment in the deceased.

When my mother died in hospital I was there with my father. After she passed away I gave her a kiss on the cheek and asked her to keep in touch. Bit strange to do that to a dead body. Anyway she appeared in a succession of dreams but always played a static role – no dialogue. I went to see a medium afterwards knowing that she would come through. “Your mother is coming through.” After a while in the conversation she says “ I feel like I have L-plates on my chest. I am not used to this. My father is helping me.” I am laughing so much as I am writing this - it was so like her to say that. A spirit using earthly language to describe her incompetence as a spirit. I went for a Tarot reading with a friend who is very psychic and he said “somebody is saying - why are you not responding to my messages?” What messages does my mother mean? Does she mean all the dreams where she didn't say anything? Or something else I missed?

I remember walking across the road to the local cafe and I suddenly felt very faint. In fact for a split second, I thought this was the cessation of my mortality. I limped to the cafe and collapsed at a table in front of a friend of mine. “I am so faint.” I said. My friend blurts out immediately “tell them that you have your life to lead.” Fastest diagnosis I have had because she is a medium. She said that sometimes spirits get clumsy when they try to make contact. That was lucky. So after



saying that I have a life to lead, I recovered slowly over the next hour. It happened once again after that when I was alone, but of course I knew what to do. It seems that she has tried to contact me many times.

I woke up one morning and my watch said 10.38am. So, about an hour later, it still said 10.38am. My God! Am I in one of those time warp continuum thingamajigs? Imagination don't run away from me - said my mind. So I rewound my watch. It went for two hours. It stopped again, and then rewound, continued for three years. So, it wasn't the battery was it, mind – said the soul. It was exactly, to the minute, two years after my mother died. Over to you readers.

Sometimes, very rarely, we get a dream that is so strong that we remember it for life. I woke up one morning and my exact words were “what the fuck was that!” So I went to the toilet. Still with the dream clear in my mind. Back to bed. Another dream of only two images so powerful and wonderful to me that I will never forget it. So I get up. Have a cigarette and then a few more while walking up and down. I thought something wonderful had happened – they have abolished political parties at last! Then my brother phoned me at nine am to inform me that our father had died. This is probably the best euphemism ever used in written form – we had an interactional breakdown a month before he passed away. I interpreted this dream to mean “son, sorry I couldn't email you because I have just died. This is the only way I could do it. Things are fine with us.” “thanks dad. You never used telepathy when you were alive – always the email. How did you learn it so quickly?”

The people most affected by the death of their partner will be those that have been emotionally dependent upon the partner. These are people who have not looked inside themselves for their own answers and the self-knowledge that brings – they have invested that responsibility upon their partner. This, on a subconscious level at first, will be recognised by the partner, since the partner is being dumped with the emotional baggage of the other. These relationships of dependence generally don't last long and can be very nasty at the end because the “dumper” of the baggage is not aware of what they are doing. So if you are contemplating a long-term relationship then check with your heart as to your reasons for wishing to do this and what you will gain from it. This is important - especially if you are weak emotionally and the emotional trauma of a split could be difficult to handle. Build yourself up emotionally before taking the plunge and you will have a greater chance of fulfilment. Work on your self-knowledge. Think of your strengths and weaknesses.

## **Gee It's Hard To Be Human**

### **Truth**

To help me discuss the quest for the truth I would be grateful if you would read the following. It was downloaded from an unusable email address to Bankindex on 21 June 2002. The Bankindex staff have been asked many times where it came from – but they have no knowledge of its source. It is called the Secret Covenant.

### **THE SECRET COVENANT**

**An illusion it will be, so large, so vast it will escape their perception.**

**Those who will see it will be thought of as insane.**

**We will create separate fronts to prevent them from seeing the connection between us.**

**We will behave as if we are not connected to keep the illusion alive.**

**Our goal will be accomplished one drop at a time so as never to bring suspicion upon ourselves. This will also prevent them from seeing the changes as they occur.**

**We will always stand above the relative field of their experience for we know the secrets of the absolute.**

**We will work together always and be remain bound by blood and secrecy. Death will come to he who speaks.**

**We will keep their lifespan short and their minds weak while pretending to do the opposite.**

**We will use our knowledge of science and technology in subtle ways so they will never see what is happening.**

**We will use soft metals, ageing accelerators in food and water, also in the air.**

**They will be blanketed by poisons everywhere they turn.**

**The soft metals will cause them to lose their minds. We will promise to find a cure from our many fronts, yet we will feed them more poison.**

**The poisons will be absorbed through their skin and mouths, they will destroy their minds and reproductive systems.**

**From all this, their children will be born dead, and we will conceal this information.**

**The poisons will be hidden in everything that surrounds them, in what they drink, eat, breathe and wear.**

**We must be ingenious in dispensing the poisons for they can see far.**

**We will teach them that the poisons are good, with fun images and musical tones.**

**Those that they look up to will help. We will enlist them to push our poisons.**

**They will see our products being used in film and will grow accustomed to them and will never know their true effect.**

**When they give birth we will inject poisons into the blood of their children and convince them that it is for their help.**

**We will start early on, when their minds are young, we will target their children with what children love most, sweet things.**

**When their teeth decay we will fill them with metals that will kill their mind and steal their future.**

**When their ability to learn has been affected, we will create medicine that will make them sicker and cause other diseases for which we create more medicine.**

**We will render them docile and weak before us by our power.**

**They will grow depressed, slow and obese, and when they come to us for help, we will give them more poisons.**

**We will focus their attention toward money and material goods so they may never connect with their inner self. We will distract them with fornication, external pleasures and games so that they may never be one with the oneness of it all.**

**Their minds will belong to us and they will do as we say. If they refuse, we shall find ways to implement mind-altering technology into their lives. We will use fear as our weapon.**

**We will establish their governments and establish opposites within. We will own both sides.**

**We will always hide our objective but carry out our plan.**

**They will perform the labor for us and we shall prosper from their toil.**

**Our families will never mix with theirs. Our blood must be pure always, for it is the way.**

**We will make them kill each other when it suits us.**

**We will keep them separated from the oneness by dogma and religions.**

**We will control all aspects of their lives and tell them what to think and how.**

**We will guide them kindly and gently letting them think they are guiding themselves.**

**We will foment animosity between them through our factions.**

**When a light shall shine amongst them, we shall extinguish it by ridicule, or death, whichever suits us best.**

**We will make them rip each other's hearts apart and kill their own children.**

**We will accomplish this by using hate as our ally, anger as our friend.**

**The hate will blind them totally, and never shall they see that from their conflicts we emerge as their rulers. They will be busy killing each other.**

**They will bathe in their own blood and kill their neighbours for as long as we see fit.**

**We will benefit greatly from this, for they will not see us, for they cannot see us.**

**We will continue to prosper from their wars and their deaths.**

**We shall repeat this over and over until our ultimate goal is accomplished.**

**We will continue to make them live in fear and anger through images and sounds.**

**We will use all the tools we have to accomplish this.**

**The tools will be provided by their labor.**

**We will make them hate themselves and their neighbours.**

**We will always hide the divine truth from them, that we are all one. This they must never know!**

**They must never know that color is an illusion, they must always think they are not equal.**

**Drop by drop, drop by drop, we will advance our goal.**

**We will take over their land, resources and wealth to exercise total control over them.**

**We will deceive them into accepting laws that will steal the little freedom they will have.**

**We will establish a money system that will imprison them forever, keeping them and their children in debt.**

**When they shall band together, we shall accuse them of crimes and present a different story to the world for we shall own all the media.**

**We will use our media to control the flow of information and their sentiment in our favor.**

**When they shall rise up against us we will crush them like insects, for they are less than that.**

**They will be helpless to do anything for they will have no weapons.**

**We will recruit some of their own to carry out our plans, we will promise them eternal life, but eternal life they will never have for they are not of us.**

**The recruits will be called "initiates" and will be indoctrinated to believe false rites of passage to higher realms. Members of these groups will think they are one with us never knowing the truth. They must never learn this truth for they will turn against us.**

**For their work they will be rewarded with earthly things and great titles, but never will they**

**become immortal and join us, never will they receive the light and travel the stars.**

**They will never reach the higher realms, for the killing of their own kind will prevent passage to the realm of enlightenment. This they will never know.**

**The truth will be hidden in their face, so close they will not be able to focus on it until it is too late.**

**Oh yes, so grand the illusion of freedom will be, that they will never know they are our slaves.**

**When all is in place, the reality we will have created for them will own them. This reality will be their prison. They will live in self-delusion.**

**When our goal is accomplished a new era of domination will begin.**

**Their minds will be bound by their beliefs, the beliefs we have established from time immemorial.**

**But if they ever find out that they are our equal, we shall perish then. THIS THEY MUST NEVER KNOW.**

**If they ever find out that together they can vanquish us, they will take action.**

**They must never, ever find out what we have done, for if they do, we shall have no place to run, for it will be easy to see who we are once the veil has fallen. Our actions will have revealed who we are and they will hunt us down and no person shall give us shelter.**

**This is the secret covenant by which we shall live the rest of our present and future lives, for this reality will transcend many generations and life spans.**

**This covenant is sealed by blood, our blood. We, the ones who from heaven to earth came.**

**This covenant must NEVER, EVER be written or spoken of, for if it is, the consciousness it will spawn will release the fury of the PRIME CREATOR upon us and we shall be cast to the depths from whence we came and remain there until the end time of infinity itself.**

I don't know what you think right now. I thought that was pretty powerful. Loads of overweening arrogance. Judging from the spelling of labour, colour and favour I would have to say that it originates from a rich American family. Which one? There are a lot of them around. "efellers" maybe?

When the covenant refers to "they" and "them" - who do you think "they" and "them" are? Just had a horrible thought. I think they mean the 7.4 billion humans on this planet – the ones the covenant refer to "as less than insects". If I may be so bold, as a representative of 7.4 billion humans, I condemn this covenant, and those associated with it, to hell.

Did you notice the use of the FUTURE tense to refer to what is happening NOW? Current events were planned ages ago, judging from the style of English in the covenant. I have no doubt that this is the satanic/globalist charter. What do you think? Follow your heart when you make your decision. Not your head. Everything that is happening on this planet now – none of which is good -

– emanates from the adherents to this charter. There are no coincidences left on this planet - all events are orchestrated with the sole aim of enslaving humanity. Do you want to be slaves to megalomaniacs and their puppets?

Did you notice the bit about controlling the media. This is certainly true – even down to the local newspapers. There is a firm who has acquired over two thousand local newspapers quite recently in England. This can hardly be for investment purposes – no, it is to control the editorial to harmonise with mainstream media (MSM). MSM incorporates newspapers and TV and radio news channels and all social media. These are all controlled world-wide by the adherents to the covenant. Not a secret anymore!

Because of this control of the media by the globalists, the truth has gone underground – well, not quite – what I mean is that the truth can only be found on-line. I haven't watched any MSM TV news channels or read the inside pages of MSM newspapers for about two and a half years. I have watched GB News in the evenings from about 6pm to 11pm since it started in June 2021. The presenters are great, but the main strength of the channel is the debates because GBN sets people with opposing views against each other. They are not a propaganda station like all the others. I thoroughly recommend it to people who are interested in discovering the truth about what is really happening on this planet. Well, actually I recommend it to anybody. It will be a nice break from watching your favourite government propaganda station.

There is even something called the “Trusted News Initiative” which was set up by the BBC so that all the channels (and foreign news channels) will be spreading the same disinformation simultaneously. Note the illusion of the word “Trusted” when the BBC, over a year ago, hired two journalists/presenters specifically to disseminate disinformation to the viewing public. BBC has “financial arrangements” with Bill Gates as does the “Guardian” newspaper and it shows in their output. Bill Gates is a globalist whose ambition is to “vaccinate” everybody on this planet.

Recently the BBC celebrated their involvement in closing down a social media website for the “vaccine”- injured. It was growing at about 10,000 people a week. How sick is that? These people have been injured for life by these injections, some forced by circumstances to take them, and the BBC, our national channel, are laughing at them! The BBC even accuse them of spreading disinformation when it is the BBC themselves that are spreading disinformation. They are most likely vicariously liable for some of the “vaccine” deaths and injuries – and then they mock them! Our national TV channel, which used to be respected, now gone rogue, feeding you with propaganda for which you are charged £159 tax per year!

Let us examine the text of this covenant and try to relate to current events. I will use the word cult, for simplicity, to embrace the satanic low frequency individuals, globalists, Great Reset, New World Order, World Economic Forum and adherents to this covenant.

A vast illusion has been created which has resulted in a huge rift in the perceptions and thereby the reality of the people of this country (all over the world in fact). Most of the population only see the illusion which is the complete opposite of the truth that is the secret covenant. Others who have seen “red flags” (things that simply don't add up) obtain their information on-line and leave the MSM alone and are not indoctrinated. My first red flag was that our government were panicking that they didn't have enough PPE (personal protective equipment), but they seemed not to worry about testing kits. I later discovered from World Bank (cult asset) trading statistics that all the governments of the world had been buying COVID testing kits since 2017. These are described as Covid 19 testing kits in 2017 despite the Chinese first informing the WHO (cult asset) of the existence of a “virus” at the end of 2019. Reuters (cult asset) issued a rebuttal to this which made no sense at all. I follow what my heart tells me and it ain't Reuters. The press agencies, who

disseminate news to the MSM, Reuters, Associated Press (US) and Associated Press (France) are all controlled by the cult. Covid stands for Certificate of Vaccination ID. Another red flag signifying the relationship between the “virus” and the intention to control the population. Bit careless by the cult, I think. By the way, the UK government bought 1,062.59 kilograms of Covid 19 testing kits for \$6,291,396.96 in 2017.

I have certainly been called “mad” on a number of occasions – or “insane” as the covenant describes it – and have lost friends for trying to warn them about the “vaccines” since it is not considered socially acceptable to be associated with mad people.

This is a big admission by the covenant that they are using science and technology against us. The word “science” now “sticks in my craw” whenever it is mentioned. “Follow the science” is the mantra propagated by the government. What they really are trying to say is that anybody that departs from the government mantra is being unscientific and are therefore accused of peddling disinformation or misinformation. This is an illusion since it is the government that is deceiving the people with disinformation and misinformation. The cult boast that they own the science. Most people are completely unaware of the fact that there are many 100s of thousands of honest doctors and scientists screaming on their websites about current events concerning “vaccines” predominantly but also the attempts at world control. The people are unaware because the MSM are controlled by the cult and they control the information given to the people from all the TV news channels and all the newspapers (including locals). The TV channels and newspapers worldwide are owned by surprisingly few organisations and individuals so, if they work together, a deception of this scale is actually not too difficult to achieve.

Poisons in the air was mentioned by the covenant. There has been much increased chemtrail activity over this country in the last three years. Needless to say the people are not informed of the nature of the chemicals being sprayed upon them.

Poisons being absorbed through the skin. I will discuss this in more detail later in this chapter.

Poisons absorbed through the mouth. This could refer to poisons in fertilisers used in mass farming operations already. However, I think the agenda of the cult is more insidious. The climate change “scam” is being used to eradicate farming and replace it with lab-produced meats which is already happening now using cult-controlled companies. The essential nutrients in meat will be missing obviously, since the intention is to destroy a healthy diet, and the labelling on the packaging will be deceptive and will most likely omit things they don't want us to know about such as they did with the “vaccines.” The vegetarians and vegans will not escape since they will be getting Genetically Modified Crops sold exclusively by cult-controlled outlets. These measures will reduce our lifespan to which the covenant refers and we will gradually become sicker. This will not get reported by the MSM since they are controlled by the cult.

It seems that everybody is striking except the MSM. What a joy that would be. No news is good news – that has never been truer than at the present time. We could then indulge the silence, talk to each other and look inside ourselves for the truth. What the MSM are emanating is a complete illusion orchestrated by the cult. You could always just turn the TV off or watch GB News so you get both sides of a story.

The world-wide occurrences since March 2020 are no coincidence since they are a manifestation of the secret covenant. They have always been there behind the scenes, I suspect, for hundreds of years, planning for this moment of the great take-over of humanity. They have chosen this moment because they think that they control all knowledge and technology to use against us. The MSM propagate lies and misrepresent them as the truth on behalf of the cult.

The cult internet is freemasonry which has been with us a long long time. I have read that to succeed in Hollywood nowadays it is necessary to become a freemason. Some lodges have 33 levels of authority. A new member will therefore be under the control of many others at higher levels once they have joined. They will slowly creep up the ladder and may become successful actors, but they have sold their soul. A principle very similar to joining a political party. They can therefore be coerced into saying things on MSM such as “these vaccines are 90% effective” so people who admire them can get injured or die. The speaker has no idea what is in the injections. Nobody knows. Nobody cares. Even the Queen said that those that didn't take the “vaccines” were selfish. We are all selfish anyway since without a self how could we exist?

The freemasons, at the highest levels, arrange satanic ceremonies where child sacrifices take place. I have read many stories and articles about these. Imagine young ambitious politicians who are invited to an occasion to meet some new people. They will be honoured but they didn't bargain for the pictures of them attending a satanic ritual. How do they get out of this? They don't! The cult just opens a file on them. They then do what they are told.

The above example will give you a flavour for how people in power can be hijacked. Coercion, bribery, blackmail, threats are also used, amongst others. These are apart from the true believers who want the power and the riches gained from participation in the cult-controlled companies who gain from the destruction of our small and medium-size companies and businesses.

The EU was formed by the cult to facilitate the take-over of humanity. We joined in 1973 which was what we thought was a Common Market – essentially a giant trade deal. It didn't end there - since then it has morphed into a tirony (words I don't respect get misspelt) with laws for absolutely everything. It is serving the cult as it has always done. What the cult have in abundance is patience and meticulous planning skills - and they are ruthless. There have been many “mysterious” deaths at times appropriate to the cult's plans. These are not coincidences.

Brexit was done, a miscalculation by Cameron ( cult asset) who wanted to mollify the EU sceptics within his party, and just over half of the population celebrated. What the celebrants didn't realise was that 6 of the last 7 prime ministers of the UK (including the current one) and God knows how many chancellors, ministers, shadow ministers, MPs and other prominent UK individuals are working with the World Economic Forum (WEF). The WEF is the public face of the cult which is financed by large businesses and wealthy individuals. The effect of this is that the UK people have to do Brexit again. Unbeknown to the people, they defeated the cult, returned from the pub only to discover that their whole family work for the cult.

The leader of the opposition and his shadow chancellor attended the January WEF meeting in Davos, Switzerland. The cult, as in the US, has deeper penetration into the “left-wing” parties in the UK than the “right-wing”. What they are doing now is destroying the Conservative party with the aim of installing Labour to run the next government. The Labour government is full of cult followers so the cult will be ideally placed to consummate their end-game.

The secret covenant refers to controlling governments and infiltrating both sides. They have done this all over the world such that all the governments of the home nations of the UK are doing the same things at the same time. The use of words like “left” and “right” and “political parties” is currently futile, since they have no meaning. What really matters is do you want “tirony” or not?

The Conservative party has had no opposition to its policies to destroy this country because they are doing things that all the parties support - serving the cult agenda.



People say that common sense has disappeared from government. Not from the perspective of the cult – it is all in accord with the secret covenant and the aims of the WEF. What the people have to realise is that the UK government is our ENEMY. They are acting out, in tandem with mainstream media, an illusion. The illusion being that their words are soft and caring outside but inside them they view us, the people, as “less than insects.” They have orders to destroy all the businesses in the country which will be replaced by cult-controlled entities - they wish to control everything we purchase. They wish to destroy our health service and replace it with an injection and drug service - all purchases provided by Big Pharma. They wish to remove all the assets and cash from our citizens into control of the cult. It is a little known fact that the cult are digitising land registries throughout the world. Your home, your garage in Chelsea, your allotment can disappear overnight – at the press of a button. You will still be in your home, of course, but you will not own it anymore. You will be renting your ex-house from your cult landlord. They wish to make us sick in the guise of caring about our health. They are trying to control the weather with some successes. They can then attribute these “disasters” to the climate change scam thereby justifying all the ridiculous policies associated with saving us from global warming.

I think our government are doing rather well from their perspective. What about your perspective, readers? How long are you going to keep listening to the government and obeying all it tells you? And stop listening to the MSM. Continued exposure to MSM will make you ill. Silence is cool!

The UK government are being criticised for their inability to handle illegal and legal immigration. They appear to be doing nothing – which of course they are successfully. But they are trying hard to give the illusion (that word again!) that everything is fine. Their orders are to do nothing because one of the ways to destroy a country is to destroy its culture. This is what mass migration does and of course the cost is further bleeding our cash reserves, or should I say increasing our overdraft. The cult have an agenda called “Open Society”. These paid operatives are fomenting wars and arranging mass migration – as they are doing in Europe now. No European government is doing anything about this to my knowledge.

The inflation has been artificially created by the cult and the strikes have been coordinated by them. I have mentioned before about this treasonous “secret” charity called Common Purpose which was set up in the 1980s. It is only secret because the MSM are not talking about them and they train their new members by taking over a hotel on the coast in January (say). They are the equivalent of the deep state in the UK. I guess that there are over 100,000 people working for them all occupying prominent positions in this country. They have close ties with the EU so I suspect that the cult have set them up.

I stumbled across Common Purpose by accident. The government enacted another outrageous policy which was cult-originated, but what intrigued me is that, within a week, the local councils did exactly the same. Having no faith in the government to convey information at great speed I concluded that there was something else in play. About 6 months later I read many articles about Common Purpose. They have infiltrated our society like locusts – the health service administration, the civil service, the judicial system which is virtually extinct, the higher echelons of the police, large business, scientific research, schools, universities, local councils and trade unions. I think that they are responsible for the take-over of the woke movement, which was originally a peaceful organisation and is now malign. The cult are very clever in infiltrating and eventually controlling organisations that we respected for their good works such as UNICEF, Red Cross and Oxfam. These are now effectively money-making machines for the cult since they control how donations are used. They have formed their own network of “charities” and “charitable foundations” to receive the bulk of the donations to charities which were previously respected. And Common Purpose is a charity!

The inflation has been artificially created by large companies, who support the WEF and have greedy directors, gradually hiking their prices simultaneously. My internet provider, when inflation was low, unannounced, put my bill up by 7% (now it has increased by 20%!) I thought that I was in a contract. I was left pondering as to the connection with wheat prices in Ukraine. I have observed many other price increases from large companies (especially supermarkets) with no apparent tie with cereal prices. Small companies and businesses are having to increase their prices due to enhanced energy costs as well as the “artificial” increases by large corporations.

The energy crisis has been orchestrated by the cult. The US economy is in great trouble and the status of the dollar as a world currency is under threat. The US is self-sufficient in energy reserves. The Ukraine war was also orchestrated by the cult. Russia were provoked into the war by Ukraine under the auspices of the US government/NATO. Ukraine was “reorganised” in 2014 in such a way that its government was controlled by the US. There was always tension between the Ukrainians and the Russians so that border regions such as Donbass were regularly shelled by the Ukrainian army. A few days before Russia invaded, the shelling increased over a hundredfold. This was, of course, like putting a red rag before a bull. You add to the equation all the US bioweapon labs in Ukraine nestled by the Russian border. The Russians have complained about these biolabs many times to the UN (cult) but with no joy.

The US, through using their MSM, have demonised the Russians as long as I can remember - but never more so until now. The US government (cult) managed to persuade the EU (cult) to conduct sanctions against Russia and, of course, their lapdog UK government (cult). The MSM (cult) gave this message of demonising the Russians to those who are “less than insects.” RT, the Russian news channel, which I was watching regularly on-line and on TV because it did not seem biased towards anybody in particular and had some great reporters, has been closed to UK and EU residents. The war was provoked to provide income to the US armament companies, fuel an excuse for inflation in the West (wheat prices) and damage the economies of Europe because the sanctions were self-defeating due to higher energy prices - also engineered by the cult. Why would the European countries swallow this? It doesn't make sense does it – to destroy their own countries at the behest of the US government? It does if all governments of the European countries are controlled by the cult and they are following orders to destroy their own countries.

Along comes the US cavalry. We have lots of liquefied natural gas ( LNG) at very unreasonable prices – you haven't got any choice have you - now Russia is marginalised. So the European nations had to bite the bullet. I suspect that the US instigated the blowing up of the Baltic pipelines using agencies which have no association with the US government but when the agency leaders meet with the US government, Christian names are used. Crime Increase Association maybe? I hate to say it, but since the Baltic pipelines are on our side of the Atlantic, the UK government may have been involved. “Walkies. Prime Minister.” This sums up our “special relationship” with the US government. “Any chance of using your troops? Where this time? Afghanistan. Why? That doesn't concern you. It is in our interests which we will not divulge. OK.”

Years later , many of our underpaid soldiers return with injuries, mental and physical, with little or no help from the UK government. Their future is bleak. Alcoholism and suicide are frequent events. They joined up to assist in the defence of our nation, or so they thought. Their lives have been destroyed by serving US interests and a weak UK government. They will never live to drive ambulances for the NHS.

The Ukrainian government are one of the most corrupt governments in the world . OK, not saying much at this current time. They do have a Nazi sympathizer section of the army called the Azov battalion and they do have an influence in government. They get up to tricks like dressing up as

Russian soldiers, kill Ukrainian citizens and blame it on the Russians. Their leader is an ex-actor so he is well placed to make emotional pleas to cult-controlled governments – well US and UK. I have read that he has a rather large nest egg put aside in case of an emergency.

So what do the “less than insects” get? Ukraine is a democratic republic fighting for its life against the evil Russians. Their government are completely blameless for provoking this war and continually suppressing their Russian-speaking population. The MSM concentrate on the tragedies of the Ukrainian people which is right and proper since it is always the innocent that suffer at the hands of the cult who have fomented many, many wars in the past. The MSM, using our heartstrings, spin their output in such a way that the Ukraine government are portrayed as an innocent party. The cult's intention, all along, has been to disable the Russians and increase the energy prices so the US can supply energy at enhanced rates. NATO/US government/Ukraine government have provoked the war and the MSM are portraying them as saints so those that believe the MSM (sadly too many) think it quite justified for NATO, US, UK and the EU to support Ukraine. The effect of this is to prolong the war, more Ukrainian citizens killed, more refugees, more Russian and Ukrainian soldiers killed. The US has promised dollars and the UK pounds and they have provided weapons. A lot of these weapons have been found to be defective and a lot of money has apparently disappeared on the way to Ukraine – presumably diverted to cult-controlled sources. I have read a few articles stating that over half the weapons provided to Ukraine are finding their way onto the black market, sometimes in exchange for drugs. Nobody appears to want to open peace talks. United Nations? They are cult-controlled since most of the member governments are cult-controlled.

The longer the war is waged then the more money is made by armament manufacturers – controlled by the cult. Money is the main motivation of the cult. So Russian financial reserves are gradually diminished as the war continues.

You may be confused by what I am saying. Just think of the word “chaos” and the wish of the cult to bleed governments and individuals of their cash and assets. Klaus Schwab, the founder and leader of the WEF, has said many times in public “you will have nothing but you will be happy.” He also states this in the two books he has written about the Great Reset. I think “happy” means to him that your mind will be controlled by us and “happy” could be termed as “ignorance is bliss.”

I have just read the front page of The Times today. “British Gas's owner, Centrica, said last month that it is expected to report a more than sevenfold increase in net profits for the year after benefiting from volatile energy prices.” How do you feel? Pissed off! I hope so. More money going out of our country to the cult-controlled energy companies. Another illusion. Another scam – now (Jan 2023) the gas prices seem to have fallen below pre-Ukraine war levels, but people are locked in on three or more years contracts at very expensive prices. It was one huge con to remove money from our citizens to the cult with the cooperation of our government (cult).

Compare Amazon. Amazon is a cult organisation taking money from our citizens. Most of their product range could have been bought in a medium-sized town. I say “could have been” - are we too late to save our high streets? So whose fault is the destruction of our high streets and sense of local community – not Amazon - it is the citizens of this country who buy from Amazon! Amazon don't force you to buy from them – but when cash is removed from our system that is a quite different matter - Amazon can do what they want with the prices. The banking system world-wide is wholly cult-controlled, as is Amazon, so they can control your card transactions and will only allow you to purchase from cult-controlled entities. This is achievable with the removal of cash. Your choice. Either you can't be bothered to walk one hundred yards to the hardware store or you are just too tight. If you like high streets with no “for sale signs” then I implore you to look inside yourself and examine your contribution to the death of the high streets and your favourite pub

– most of the customers in your pub used to work in the high street businesses, but the pub had to close because of the laziness of you and many others who would rather give their money to a US conglomerate than get off their backsides. Effectively you are importing goods that are sold by your mates at the pub. Just close your Amazon account now if you care about your environment. In any event, the use of a card transfers money in charges to the cult-controlled banks from a local retailer. This is thoughtless use of a card. Cards should only be used as a last resort - always use cash when you can. Excessive use of cards could result in higher prices in local shops.

Your future is looking out of your attic window at the derelict high street with your last can of lager, purchased from the cult-controlled supermarket, dying for a cigarette, but you had to give up when they reached £20 a packet, of which £16.50 goes to the cult government. You have no friends because your actions closed the local pub. You did not visit the local businesses because you got everything delivered to your attic. You had no awareness of what was going on around you and that things could have been so different ifffffff----- (the longest word in the English language). Your social credit (the cult system) has been stopped by a government official because you were rather offhand with them. You can't borrow cash because there isn't any. Whose fault is that? Yours. You always used a card. You never thought of others. You can't ask anybody to pay money into your account because that transaction will be blocked and the person who is helping you will get his social credit removed as well.

This is weird. All the occupants of the attic flats of the high street in Wraxton-on-Sea were found dead on the pavement. They had all died within minutes of each other. When the police visited the attic flats they found one empty can of lager on the windowsill in each flat. Apparently the attic owners didn't even know each other. The moral of the story is use cash whenever you can, support local businesses and save your local pub.

This happened on the 10th anniversary of the Russia-Ukraine war. The BBC were running a special programme to celebrate this occasion. And all these buggers missed it. Ohhh!

For God's sake, please read George Orwell's 1984. It is extremely well written and easy to read. You will get a frightening ( I hope) insight into the cult end-game.

Let us examine what the covenant means by “poisons through the skin.” My interpretation is “vaccines” primarily - although we could be under airborne attack as well from chemtrails as mentioned earlier.

The main two Big Pharmaceutical companies (Big Pharma) who are currently manufacturing our “vaccines” are both US based and they are called Pfizer and Moderna. Pfizer has been making “vaccines” for a long time and has been fined billions of dollars over the last few decades for what are effectively criminal activities involving “vaccine” products. Pfizer have coerced governments into taking a contract to buy these “vaccines” whereby the contracts stipulate that there are no returns accepted, no refunds and no liability will arise to Pfizer if the “vaccines” cause damage or are ineffective - i.e. they will escape “nasty” lawsuits which they have experienced frequently in the past – and lost! The UK government have bought these “vaccines” under these terms.

So basically Pfizer has a rap sheet as long as Al Capone's.

Moderna was a small biotech company about 13 years ago with a handful of employees, but now it is worth billions of dollars. Three out of five of the biggest shareholders are Vanguard, Black Rock and State Street. These are the three largest investment holding companies used by the cult. Vanguard are actually advertising on TV – just ignore them unless you wish to be involved with criminals. It is not clear why Moderna was used since it has not manufactured any “vaccines” in

the past. I think that, considering the shady past of Pfizer, the cult considered it necessary to produce competition in the “vaccines” market so a competitor was invented.

While a lot of you were watching repeats of Covid programmes on BBC, a large band of honest researchers were investigating the Moderna and Pfizer “vaccines” and their effect on the VAERS reports. VAERS stands for Vaccine Adverse Event Reporting Scheme and is used in the US. This is a voluntary reporting system used by doctors, injured parties and friends and relatives of the injured party. Up to the arrival of Covid, it was estimated by the VAERS office that about one in a hundred adverse events from vaccines were actually reported. Due to coercion of doctors not to report to VAERS and the inefficiency of recording by the VAERS staff, I guess that the multiplier is well higher than 100. The Big Pharma companies used one in fifty as their guideline. The UK run a similar scheme called the Yellow Card administered by the MHRA, our regulatory authority.

Most of you are probably under the impression that, if you have had a Pfizer “vaccine”, it would be the same composition as everyone else who had one. You assume that there is only one formulation for the Pfizer “vaccine.” Let us see what the researchers discovered.

For distribution in the US, the Moderna batch numbers cover 108 pages of cyberprint! These are the batch numbers for which there was at least one adverse reaction, that are 70% of the total batches. The Pfizer batch numbers also cover 108 pages. It is difficult to see that is a coincidence. My guess is that Pfizer has manufactured the “vaccines” for Moderna as well as for themselves and that they have just changed the batch number for the same “vaccines” for distribution by Moderna – by working together. Pfizer has effectively turned Moderna into an illusion as a manufacturer – it just sells Pfizer products. Our current PM just happened to work for a hedge fund who had the “foresight” to buy shares in Moderna about 10 years ago – at a time when it was a “going nowhere company” and didn't sell vaccines.

There are roughly 50 different batch codes on each page so let us just say that, in the US, there are at least about 5,000 different Pfizer “vaccine formulations” and 5,000 different Moderna “vaccine formulations” although they may be the same but differing batch codes for each company.

For sale outside the US, Moderna had 32 pages and Pfizer had 158 pages. So for export, say 1,500 different batch numbers for Moderna and 7,500 different batch numbers for Pfizer. So in a small town in England, of population 7,500, everybody could have had a Pfizer jab and none of them would be the same!

I referred above to 70% of the batches giving adverse reactions. I have good reason to believe that the other 30% are saline injections which are used for selected areas of the population and for celebrities and politicians.

This is obviously a giant world-wide experiment with 7.4 billion guinea pigs. What is the experiment? Well, Klaus Schwab, the head and founder of the WEF, has written two books, the Great Reset and the Fourth Industrial Revolution, and both refer to population reduction. He openly, in TV interviews, talks about population reduction. In the on-line community, of which most people on the planet are unaware, 90% reduction is the generally accepted figure. The cult closing date is 2030 so the presumption is that 90% of us will be dead by then and the rest will be slaves. The plan is to do it in such a way that the cult can escape culpability. If you doubt this paragraph, then please look back at the secret covenant - “less than insects.”

4% of the Pfizer batches accounted for all the Pfizer death reports on VAERS and it was 5% for Moderna. These more toxic batches were spread evenly around the US which implies that Pfizer knew in advance about the relative toxicity of its “vaccines” since there were no reported multiple

deaths in any particular state. These figures correlate with a German insurance company, with 11 million customers, who stated that about 1 in 25 of those who took the “vaccines” were hospitalised.

Many honest scientists have been researching the “vaccines” themselves from all the main manufacturers – this has been going on for a long time.

At this point somebody may wish to ask me what an honest scientist is as distinguished from a dishonest one. I have done a few thousand hours research to date so I am very happy to define a dishonest scientist. A dishonest scientist is one who advises a national government about “vaccines”. Think about it. The governments of the world are pushing the “vaccines” - they are not interested in advisers who point out that they may be dangerous, prime minister. What are you doing here? Go away! The dishonest scientists are being used by the government to represent science and are projected to the public, as honest scientists, by the MSM. These advisers will be well rewarded financially by salary, bribes or have beneficial interests in firms who are interested in propagation of the Covid myth. Sage and the Joint Committee on Vaccinations and Immunisations (JCVI), who advise the UK government, have loads of members who have beneficial interests in Big Pharma companies. A dishonest scientist is also one who states that the “vaccines” are safe and effective and does not advise the government. They will likely be receiving backhanders from the cult or Common Purpose – quite a lot I would think considering the outrageousness of the lie.

I have got that off my chest – back to the honest scientists! The ones that are tirelessly gathering evidence to awaken people from their slumber for no gain apart from the continuance of the human race! They have discovered that the flu “vaccines” and Covid “vaccines”, all over the world, have fundamentally the same components but Big Pharma have varied the mix and concentration of the components to arrive at the large number of batches. I suspect that Pfizer has been orchestrating the worldwide production and working closely with all the other manufacturers. I emphasise that the flu “vaccines” are nearly the same as the Covid “vaccines”- for DIFFERENT illnesses. Do you smell a rat? They are both loaded with poisons. I will not bore you with their chemical formulas. However I will mention graphene oxide since all the manufacturers omitted it from their list of ingredients submitted to each country's regulatory authorities. When the manufacturers were asked if the “vaccines” contained graphene oxide, most of them looked away shyly as if to say “yes” but not out loud. Pfizer, in their utter arrogance, said that it was a “trade secret” and laughed it off. The NHS buy copious products from Pfizer. Worldwide, Pfizer has increased its prices over a 1000 times for “vaccines” - partly for profit and partly to bleed the purchasing country dry in accord with the cult plan.

Graphene oxide (GO) is a poison. It had been deliberately omitted by the Big Pharma companies from their list of ingredients supplied to the regulatory authorities when applying for their approval. GO causes blood clots and damages the immune system by reducing the body's glutathione reserves. Glutathione is an anti-oxidant produced by the body so it will combat the GO (oxidant) invasion but it will be an uphill struggle for the body after more “vaccines” are administered so the more “vaccines” you have the more damage will be done to your immune system – then you can die of almost anything but it will be nothing to do with the “vaccines”! (per MSM)

A GP in Canada was suspicious about the “vaccines” in relation to the formation of blood clots so he decided to investigate. He had about 900 patients and tested each one before and after the “vaccines.” He discovered that 62% of his patients had blood clots in their capillaries the DAY AFTER the “vaccine.” He used a specialist test called the D-Dimer. The more “vaccines” you have then the more likely that blood clots will then spread to the veins and arteries.

GO is introduced to the body in nanoparticles – nano means a 1000 millionth of a metre. Due to

their small size the GO particles can penetrate all barriers of the body – blood-testis, blood-brain, blood-placenta, and accumulate in the lung, liver, spleen, respiratory tract and can easily enter the bronchial pathways to the lower lung. It can damage your DNA and cause cell death. Basically the GO permeates your body into all the organs, including the brain, so can cause any ailment.

Spanish scientists were the first to analyse the “vaccines” and discover GO in the “vaccine” vials. Within days of the Spaniards announcing their discovery in June/July 2021, a drug called N-Acetyl Cysteine (NAC) was removed in the US by the Food and Drugs Administration (FDA) from all vitamin stores. FDA is another cult puppet. The reason for the removal is that it dramatically restores glutathione levels in the human body! Amazon (cult), at the same time, stopped selling NAC on it's site. This was followed up by the US medical authorities requiring NAC to be only available on GP's prescription.

This is a fabulous example of the cult at work. Big Pharma deliberately withheld the existence of GO in the “vaccines” and this was known, and acted upon, by the FDA, Amazon and the medical authorities who regulate the General Practitioners. They all are working closely together to make people suffer!

Since the Spaniards' discovery, GO has been found in the “vaccine” vials by groups of scientists in over 25 countries using various spectroscopy techniques. So the existence of GO in the “vaccines” can definitely be considered a fact.

Women, all over the world, have been having problems with their menstrual cycle after “vaccination”, sometimes bleeding has restarted after menopause has been completed. There is a huge increase in miscarriages and stillborns as predicted by the secret covenant. “Vaccines” for pregnant women is a definite no-no. For anybody, in fact! This is because the graphene oxide has been transported from the bloodstream into the placenta.

Men's reproductive system is affected too. Erectile dysfunction. If you haven't seen the adverts from Numan.com by now about erectile dysfunction then you are watching too much BBC, which is not healthy. Guess when they started – at the beginning of 2021 at the commencement of “vaccination” campaigns. I counted seeing the adverts 20 times in one day in early 2021! This is not a coincidence since erectile dysfunction is a side effect of the “vaccines” due to graphene oxide being transmitted from the blood stream to the testicles. In Boots (a UK drug supplier) a drug called Viagra is being advertised under a notice stating that over a million men in the UK are suffering from erectile dysfunction – presumably all “vaccinated.”

Numan.com is so obviously a cult asset. Numan is on the same side as Big Pharma, who fraudulently inserted graphene oxide in the “vaccines.” The cult are making more money from the public by charging people to fix the adverse reactions to the “vaccines”, after the country has paid for the cost of the “vaccines”! I suspect that there is an underlying agenda here because Numan will almost certainly ask for batch numbers of “vaccines” and will also perform a blood test, the result of which will be relayed to Big Pharma, or just Pfizer. Their adverts are effectively a field trial for Big Pharma which the public pays for. Numan have also advertised to assist with hair loss, which is another adverse reaction of the “vaccines.” They are currently advertising for blood tests only - which I think proves my above point.

Another side effect of the “vaccines” is shingles. Glaxo Smith Kline, another Big Pharma, is advertising to give “vaccines” to counter this condition, but this will just lead to more graphene oxide in one's body. The bottom line is that any condition can be caused by GO because GO is an excellent conductor which I think interferes with our delicate electromagnetic system. Anything can go wrong, especially when GO has settled on every organ of the body. The GO in the body is

contactable by 5G radiation. This is very worrying indeed. The moral of the story is do not take any “vaccines” for anything from now on. They are also trying to deceive people into taking “vaccines” for monkeypox - a condition last seen in the Congo!

GO has been discovered in the commercially produced masks, the testing swabs which go up our nose right next to our brains. Moral of the story is not to wear a mask nor get tested for any further virus or any variation of Covid the cult comes up with - nor get Smart meters. I don't know how Smart Meters got into the last sentence. Basically anything the government or a large corporation recommends – just refuse it on principle – because they are controlled by the cult! The secret covenant tells you the way out to your freedom. Say no and stamp your foot down at the same time. Just stand up for yourself.

Yes - they invent the variations. Hancock (UK Health Minister) has referred to this in communications with other cult followers. I have seen copies of these. Do you remember when the “variations” used to be named after countries? We were up to the Indian variant at the time – after Borneo, Sumatra, Outer Hebrides, East Timor, Seychelles “variations” and God knows how many other countries which I have forgotten. None of these “variations” exist of course. I mentioned these countries just because I like the sound of their names – that is all!

The Indian variant was created by the cult at the time of a “vaccination” campaign under the instigation of the World Health Organisation (that is it's joke name!) - WHO from now on. I have noted that when a “vaccination” programme starts anywhere in the world, the Covid cases go up. I have already told you why earlier in this chapter when the result of research by honest scientists showed that 4 to 5% of the “vaccine” batches led to hospitalisations. So for every million “vaccinations” 40,000 to 50,000 people die or get injured for life. Most of you won't hear this because you watch disgusting channels like the BBC TV or Radio and CNN.

Back to India. The Indians were told not to use a drug called Ivermectin by the WHO which they used very successfully against Covid. The cult want the deaths to go up at the start of their campaign to justify the campaign to the world, because when the deaths go down after a few months – the cult can say “hey, look they (“vaccines”) work.” The Indians said that they did NOT have a “variant” and informed the WHO and the social media to this effect. So the countries' names before the word “variant” disappeared and the Indian “variant” became the Delta “variant”. The Delta “variant” was hardly mentioned by the MSM afterwards.

Ditto around the world. Let us look at the position in the UK. I was following the figures produced by Public Health England, presumably from the Office of National Statistics (ONS), for deaths from all causes in England & Wales. In the period mid- October 2020 to 31 December 2020 the 11 weeks averaged 11,807. These were weeks 43 to 53 in the year 2020. We were locked down from 1 November 2020 to the end of the year. The highest figure in this sequence was 13,011 in week 51 and the lowest was 10,069 in week 53 due to national holidays. The deviations were not great so the lockdown did not affect things.

Now the 2021 figures. Week 1 17,751. Week 2 18,042. Week 3 18,676. Week 4 18,448. Week 5 17,192. Week 6 15,354. Total 105,463. Average 17,577 a week. An additional 5,770 per week on the previous 11 week average. So an extra 34,620 extra deaths occurred in the first 6 weeks of the New Year. The doctors gathered round. Have you seen these figures for deaths? Yes probably turkey poisoning. I think there is a touch of avian flu about. Gladys, who was distributing the teas and biscuits for the doctors, says “do you think it has something to do with the “vaccines” - Pfizer started on 8 December and Astra Zeneca on 4 January?” “Gladys, you are out of your mind” they chorussed. That pretty well sums up the NHS right now as it is controlled by administrators working for Common Purpose (CP), the treasonous charity. I think the ratio of admin staff to



medical staff is about 3 to 1 in the NHS.

That is not all on the statistics front. The following figures for deaths from all causes went like this – Week 7 13,809. Week 8 12,614. Week 9 11,592. Week 10 10,987. Week 11 10,311. Week 12 10,045. Week 13 8,201. Week 14 9,098. Week 22 7,778. These figures are scarcely believable when one considers that “vaccinations” were still going on in May 2021 – unless the Big Pharma changed to less dangerous formulations. Anyway I didn't trust any ONS figures after this because they have obviously been nobbled by the government. They are using obfuscation now. I cannot get a figure for weekly deaths anymore. I get bounced from one site to another until I get one that tells me about ages and other details of no consequence without giving me a total. All I want is one figure!

So the cult plan, in summary, is to get Covid cases up during “vaccinations” and to drop them at the end to deceive us into thinking that the “vaccines” work. You may ask “how can they do this?” Surely the virus is in control here. Wrong. The WHO is in control here.

It is now time for me to explain the biggest con of all in relation to the virus – the PCR tests. PCR stands for Polymerase Chain Reaction. I know - it doesn't mean anything to me either! The PCR test was invented by Kary Mullis to test for degrading genetic material. He won a Nobel prize for his work. He died conveniently in August 2019.

A virus is RNA in a protective protein sheath. RNA is Ribonucleic Acid and DNA is Deoxyribonucleic Acid. They are part of our genome - our genetic structure. The PCR test is to ascertain the presence of RNA in the system of the person who has been tested. The sample from the swab is magnified under a microscope. A magnification of about 25 is considered fine to detect RNA for somebody displaying symptoms of a virus – but the WHO, who were directing operations, were recommending that the labs use a magnification of between 35 and 40. The upshot of this is that about 95% to 100% of the positive results are false positives – healthy people! Loads of people have fragments of RNA in their body but they are not active. These fragments are therefore being taken as positives and are recorded as a Covid “case” or “infection” and presented to the public by the MSM. Fraud? I think so. Did you notice how the Covid positives changed from “cases” in March 2020 to “infections” in November 2020 – to step up the fear factor against us?

I have discussed the positive results to a Covid test but there are further implications. What exactly is recorded as a Covid death? It is somebody who has died within 28 days, 45 days or 60 days from a positive PCR test. The time lags are presumably decided by government health departments and the WHO – they are arbitrary. A PCR test producing 95% to 100% false positives! It has been reported that somebody died of a car crash but it was taken as a Covid death because he had a positive PCR test within 28 days!

Another way of the cult increasing the Covid deaths is by testing at the time of a “vaccination” campaign with a twin objective in mind of getting more false positives to hype up the deaths and cases – but also to “hide” the “vaccine” deaths as Covid deaths.

There are other factors in play. The doctors and nurses were told by their administrators (who run the hospitals), in early 2020, that they must not discuss Covid with the press, TV, local newspapers or any form of social media - otherwise there would be consequences. Red flag. Has that ever happened before?

The design of a death certificate was altered to make it into 3 parts, cause of death, contributory factors and other factors. If part 3 said “maybe Covid” even though the doctor was pretty sure it was pneumonia – that would be a “Covid death”. Red flag.

The registration of hospital deaths was put into the control of a hospital administrator from 2016 - so away from the doctors who signed the death certificates. Red flag. This is in preparation for the Covid scam so that the doctors will get accustomed to having control of the death registration procedure, apart from signing the death certificate, wrested from them when the “fake” virus was thrust upon them. A deposition by an NHS doctor stated that the NHS were using combinations of the old and new methods dependent on whether the NHS administrators desired more or less “Covid deaths.”

Let us face it – there are many respiratory diseases so the doctors are hardly likely to pay too much attention to the continual nudges from the administrators to mention Covid on a death certificate in the midst of the fear spread by the government, Sage and MSM. It takes time for the doctors to get familiar with the symptoms of the new virus as distinct from the three main forms of pneumonia and flu (disappeared as a cause of death in 2020! Red flag.).

The Covid scam was all under the control of the cult from start to finish. The Chinese Communist Party who met with Bill Gates (cult) and the WEF (cult) in New York in October 2019 to ostensibly plan precautions for a “possible” epidemic, but were in fact planning an epidemic. Then Neil Ferguson, of outrageous modelling, at Imperial College London (Gates funded). His, agreed in advance, “silly” forecasts were designed to alert the world governments and point them towards lockdowns. The world governments (cult-controlled) took over from there. The regulatory authorities (Big Pharma controlled) approved the poisons. Sage (conflict of interests) sold them to the public. The NHS (controlled by administrators – many of whom are Common Purpose operatives) muffled the doctors and nurses. The Covid statistics world-wide are controlled by John Hopkins University Hospital in the US (Gates funded). World MSM (cult-controlled) broadcast lies and deception.

Nothing can go wrong really can it? In fact the cult don't need a virus at all. I never met anybody who had Covid in 2020. Without PCR tests there wouldn't be a pandemic. The PCR tests have created it. Quite a few people subscribe to this view. The pandemic is one of fear, not a virus. The intention is to instil fear into the population so they will not think critically when the “vaccines” are offered to them – apart from destroying our economy, the NHS and our health from deliberately increasing the waiting list for hospitals.

Did you know that between April and June 2020 the average bed occupancy in the hospitals in England & Wales was 57,000? In each of the previous 3 years the equivalent figures were between 90,000 and 93,000. This covered the period when we were clapping the NHS next to our dustbins. I read an article about a doctor who admitted that he was in tears at home when he watched this clapping. Why? The doctors and nurses were told that beds had to be made available for new Covid patients by the NHS administrators, but really it is just another step by the cult to destroy our NHS and our health by deliberately increasing the hospital waiting lists. In 2020, the NHS had one of their quietest years on record. Between April and June 2020, the A & E appointments were 50% down on the average of the three prior years. This was when the nurses were making dance videos on Tik Tok because their wards were empty! This was when security guards appeared at the entrances of hospitals all over the country. The reason for this was to stop people entering the hospital with the aim of taking pictures of the empty wards - while the government were trying to scare us about the Covid virus and the overworked NHS.

The average age of a “Covid death” in 2020 was 82 whereas the average deaths from all causes in prior years was 81. Covid is hardly dangerous if it exists at all! This is because the doctors and nurses were instructed by the NHS administrators to test everybody for Covid in hospitals and care homes. It did not matter whether the patient had a respiratory condition or not. Needless to say,

they will get more “Covid deaths” within 28 days etc because the people are in hospitals and care homes for a reason – they are more likely to die than other people, so the government and the NHS will have a “rich” source of deaths from all causes that they could call “Covid deaths” to deceive the public. If a patient refuses a Covid test, because they are waiting for a back operation (say), then they are sent to the back of the queue – about 5 million places! What would you do? Take GO and other poisons up your nose probably.

It was a worldwide decision to move these sick, elderly people into care homes to ostensibly leave beds free for Covid cases. Imagine that you are very ill in hospital, your spirit is low and you have developed a relationship with the nurses and doctors who are keeping you alive – then suddenly you are forcibly (you don't have much resistance do you?) removed into a completely unfamiliar environment in a care home. The shock is enough to kill you, isn't it? Your pneumonia condition gets a “Covid death” status because emergency authorisation has been given to some care home staff to sign death certificates – not even a doctor! At this time BBC and others, working with the cult, were bombarding viewers with the awful events that were occurring in care homes. Yes - they were awful events – but the viewers were not informed of why they were happening, were they?

I will repeat that 95% to 100% of these PCR tests are giving false positives so that, by implication, 95% to 100% of the “Covid deaths” are false as well. These “Covid deaths” were those that were suffering from one or more co-morbidities. An Italian from their Ministry of Health stated that 95% of the “Covid deaths” were patients that had one or more co-morbidities. They were dying anyway of other causes.

Since it has been discovered that the flu “vaccines” are very similar to the Covid “vaccines” then it is quite conceivable that the 2019/2020 flu “vaccines” were in fact Covid “vaccines” so the excess deaths in early 2020 will include adverse reactions to the “vaccines” called flu “vaccines”.

The government through the NHS, ordered large quantities of a drug called Midazolam at the beginning of the “pandemic.” This drug is essentially morphine plus and has respiratory problems as a side-effect. The government were therefore deliberately killing old people and those handicapped to get their “Covid death” total up. The nurses were also encouraged to put DNR (do not resuscitate) notices at the ends of the beds of certain elderly and handicapped patients – once again to increase the “Covid deaths.” There are many legal cases, with case numbers, stacked up against the government on this and other matters, but these are being blocked by the judicial profession and/or the higher echelons of the police. These two entities are full of Common Purpose operatives as are the NHS administrators. This is another reason the general population are unaware of the the huge frauds taking place, apart from the control of the MSM by the cult. The legal profession will not touch it either because their clients are usually large corporations. A huge percentage of these corporations are working with the cult, so if the legal firm decide to sue the government, then there will be tap on the shoulder of the senior partner, “er do you want our business or not? Because if you sue the government, then our account goes to your competitor.”

Fear wins again! Lawyers, police, judges, doctors, nurses, schools, MPs, universities and of course those of us that are still wasting our money to take these poisons into their bodies and giving this money to the cult. You just don't need flu or Covid “vaccines.” You never have. It is nothing to do with saving grandma. You are just being conned. You have an immune system. The more poisons you take, for flu or otherwise, the greater the diminution of your immune system. They are killing you slowly. Living in fear is not an excuse to waste our money to feed your fear. This money is going to foreign criminal organisations – drug companies. Grow up. Think before you leap. Just snap out of it!

Doctors, of experience , tell us that it takes about 10 years to develop a vaccine. Not less than a

year! No vaccine has been successfully developed against a coronavirus. The “vaccines” were made long before the Chinese informed the WHO at the end of 2019. I have seen a transfer notice for an m-RNA “vaccine” dated 17<sup>th</sup> December 2019 between Moderna (cult) and North Carolina University (also cult). Some of the bioweapon labs , of which there are many, in Ukraine have been proved to be working on Covid in 2019.

There is a rather disturbing development of which only a few people are aware. “Vaccine” spreading. I have seen samples of the blood of “unvaccinated” children and they are scary. Huge blood clots. One child was scarcely able to move their arm and leg on one side of their body. This is all because the mother was “vaccinated”! It is clear that the GO (oxidant) is being transferred by contact with the child. I strongly recommend that mothers who have been “vaccinated” that they go to their local health shop and enquire about taking N-Acetyl Cysteine and Glutathione, both antioxidants mentioned above. Forget mainstream chemists – they are still indoctrinated. They are making money out of the “vaccine” side effects. A small drug store may help.

If you are still not convinced that there is something strange going on. Try this. I have read many articles about this phenomenon from many different countries. I urge you to try this yourself. Download a Bluetooth LE (Low Energy) Scanner onto your smartphone – but most “Bluetooth Scanner” apps will work. Bluetooth LE is commonly used in beacons and fitness trackers. Apparently the newer Android version and iPhones do not pick up generic Bluetooth LE devices. Turn your phone on, with the app activated, in a crowded area and observe your screen. You should be able to contact other reachable Bluetooth devices. I hope that you will observe addresses in twelve digit formats. These are examples of addresses that have been captured from doing this:-

27:AE:OA:A6:A7:6B  
1D:EC:A8:28:A3:34  
44:4O:OF:O6:95:B1  
OA:30:CD:40:C6:6B

These addresses will change as people move around you. I am told that this is definitely not how a reachable Bluetooth device appears on the screen. Normally one gets the name of the device and a symbol denoting what kind of device e.g. headset, phone, car hifi etc. One does not get “misc.” next to the address as from the body of a “vaccinated” person.

This strange occurrence has of course been thoroughly investigated by the writers of the articles and there is no doubt that humans who have been vaccinated are “barcoded” in a manner described above. The signals are not coming from a mobile phone.

This, I think, has been brought about from the graphene oxide (GO) in the “vaccines” which has an extraordinary ability to reassemble. I have seen loads of pictures of GO taken from “vaccine vials” in its many forms. One frequent manifestation is something that looks like an electrical circuit. Needless to say, I do not know how this is done since I do not work for Pfizer or any of its subcontractors, but the evidence is overwhelming.

This explains the cult obsession to “vaccinate” everybody because of the necessity to “barcode” everyone on the planet. This gives me an insight into what Klaus Schwab , of WEF, meant when he talks about the the Internet of Things. The Things are us - complete with “barcodes”! “Less than insects” - remember. This also elucidates the need of our government to “vaccinate” everybody even down to newborns. They are offering “vaccinations” to those down to the age of five currently, which is not remotely justified based upon the mortality rates for Covid.

I don't know whether the addresses are related to the batch code number – I suspect they are, in

which case those who are multiple “vaccinated” will have many addresses. It could relate only to the first “vaccine” which would mean that the address will be personal to the recipient. This seems unlikely as it would imply that there is something in our bodies that distinguishes us from others and it somehow interacts with the GO. There is actually one thing that is personal to us and that is our frequency of thought (source Dolores Cannon). If this was not true then spirits, without bodies, could not communicate with each other – or us. Our thoughts (energy) interacting with GO (a brilliant conductor) may just bring about the production of a personal address – conjecture.

Another more chilling thought is that it must be a pure delight for people as evil as the cult to be able to kill people remotely. They have our address – our code. They have the 5G antennae on lampposts installed during the night. Red Flag. Why the secrecy? They certainly have the intent. We are electromagnetic systems. We have an excellent conductor in our bodies (GO). Cause of death – electromagnetic energy. I have a sneaking feeling that they are using 5G already to kill without needing the address.

The future intentions of the cult include mandatory “vaccines” so the Bluetooth technology can be used to detect our “vaccination” status. There are many fact-checkers (all cult-financed and saying nothing positive) surrounding this discovery of codes in our bodies so, to a researcher, it confirms the truth.

Just a thought for anybody who has, using the Bluetooth technology, successfully detected “barcodes” in another person. If that other person took Glutathione tablets - would the “barcodes” disappear?

**WARNING.** The World Health Organisation (WHO) , which is a branch of the United Nations (UN), is planning to remove our national sovereignties for ever. The 2005 International Health Regulations (IHR) is the instrument that empowers the WHO to declare a Public Health Emergency of International Concern (PHEIC). We already know what chaos that has caused. The WHO are working on loads of amendments to IHR which will empower the WHO to become the de facto governing body of all member states. As currently written, the IHR amendments will be legally binding and will supersede local and national laws. They even include enforcement tools to ensure that member nations comply with the WHO's edicts.

Areas of life that are being added under the umbrella of “health” include climate, food production and even poverty, so the WHO will be able to claim sole global authority over anything to do with these issues as well. The IHR amendments will abolish bodily autonomy and personal choice and replace these with a one-size fits all medicine.

Since the frequency of our thoughts affects our health, the breadth of these amendments is limitless. On that point, the WHO want to control the way we think.

As it currently stands, the IHR amendments will be voted on in the World Health Assembly (WHA) in May 2024. They only need a majority vote to pass. If that vote happens as planned, then a 10-month deadline for member states to reject the amendments will expire in March 2025 and the amendments will come into force in May 2025. If a member state opts out, then the current 2005 version of IHR will apply to that state - but still the WHO can declare a Public Health Emergency on anything!

You have read the secret covenant so you must be aware that nothing good is going to come to the people from these WHO measures , which is why I have avoided detail. I would go as far as to say that if an MP supports the WHO then they are exposed as cult assets, and as a consequence should be barred from breathing for life. If our government votes with the WHO, then I stand with Guy

Fawkes – metaphorically!

I have said quite a lot in this chapter but there are still a few items I must mention before I finish.

The NHS are not registering the “vaccination” status of blood donors, so blood clots in the blood of the “vaccinated” are being transfused into others.

In the last three years, over 100 fires have been started in different US food distribution outlets. This is preparation for cult-controlled food supplies.

Climate change is what Ofcom (our TV regulator stuffed full of ex-BBC executives) calls a “settled subject.” This means that it cannot be discussed on TV which, of course, it never has. It was just dropped into the public consciousness by the MSM over two decades ago and has been allowed to fester so that it becomes “normal” and we mistakenly accept this as the truth. The term “political correctness” was also a bolt from the blue - all projected at one time by the MSM to interfere with our self-expression. The climate change net zero scam only works if we allow it to work. BBC has about 12 million viewers, who in the main, believe they are being told the truth. What if those viewers decided that climate change and the “vaccines” were a scam - and all the others? What would they do when they can see the BBC and other MSM outlets propagating the cult agenda. The MSM would look quite transparent, wouldn't they? They could try GB News who are a discussion channel with good presenters. They could get the cards out, read a book instead of watching the news, put music on, even talk or write to ----- complaining about their adherence to the cult agenda.

Climate issues are difficult to understand because of the figures that one has to sift through. This is why the subject has come from the sky and the population are being denied debates on the issue. The cult are aware that we are lazy in mind and our spirits are low so we are vulnerable to inculcation. So we have meekly accepted that there is a rise in temperatures and it is damaging to the planet and it is our fault. Why do we accept this without a debate?

One has to be deeply suspicious of something delivered to us in this fashion. It is only because we have trusted politicians and the MSM that it has occurred. We are extremely lazy!

Acceptance of the climate change net zero agenda has given the cult the opportunity to demonise carbon dioxide (which is vital for survival of plants and trees – what price their future?) then demonise carbon and in Holland they are demonising nitrogen which comprises about 79% of the air around us! This tacit acceptance by us has allowed the cult to destroy agriculture, manufacture lab-produced foods, destroy a balanced diet, remove cheap sources of energy and withhold cheaper ones from us. They, as with the “vaccines”, are selling it to us for our own good! What do our hearts tell us? Isn't it about time we started fighting for our freedom?

I mentioned earlier in this chapter about the cult trying to control the weather. I can think of two reasons why? I am sure there are more? The first is to create weather conditions to support their global warming scam. The second is to punish a nation or state. Bearing in mind that I am very wary of coincidences, I wish to relate three different events concerning the weather.

(1) Texas had an ice storm in Summer! Coincidence – this was when Biden was encouraging all the immigrants on the Mexican border to enter the US – presumably all democrat voters. Texas were objecting to this.

(2) Florida had a cyclone at the same time as the Governor, De Santis, was “kicking up” about the “vaccines”.

(3) The Turkish earthquake this year killing tens of thousands of innocent people. This was at the time that the Turkish president, Erdogan, appeared (or was) to be aligning his country with Russia. An American warship was observed in the Black Sea near the area of the earthquake. There are things called energy weapons. I have already explained that everything in the universe is comprised of energy so the existence of energy weapons seems very feasible. 5G emissions can be considered an energy weapon – depends on the frequency. There were also reports from a few sources that 10 countries withdrew their ambassadors the day before the earthquake. The factcheckers say they were all together playing Turkish tennis on the same court at that time. don't know – can't be bothered with this – but the names of the countries who reportedly withdrew their ambassadors are mentioned including UK and the US.

Our government are planning to eradicate all airports in the UK apart from Belfast, Glasgow and Heathrow by 2030. It is obvious, isn't it – they want to control you – they cannot have you flying to untraceable places - and enjoying yourselves – that is not the cult plan at all. Witness the problems the cult manufactured for holidaymakers during the Covid era. This is just to get you used to restrictions so that they can close the airports in the guise of global warming – it is for your own good you know. Fossil fuels are so bad for you. OK, we know they are cheap – but we really do care about you and your planet – surely you all must agree.

I have seen documentation from the NHS advertising for actors to play Covid patients. They were offering £120 per day. Do you remember those creatures in 2020 on the BBC with plastic veils in bed. You may think £120 is not really enough, but, if you think about it, all they have to do is get into bed, without taking off all their clothes, stick on a veil and look mournful until the picture is taken. They could be in the pub by lunchtime. Red Flag.

Is it a coincidence that John Magufuli, aged 61, the president of Tanzania, disappeared for two weeks, after which he was reported dead of heart failure. He was very popular with his people because they knew that he cared about them. He had dealings with Bill Gates before. He refused to “vaccinate” his population. He was replaced by a “vaccine” supporter. Africa is about 6% “vaccinated” whereas the UK and Europe are about 70%. Other African leaders have also died “mysteriously”.

There have been many thousands of sightings worldwide of what appear to be alien spacecraft. It looks like the cult may be trying to scare us. The cult are using something called Blue Beam technology where they can create images in the sky. So if you look out of your bedroom window and you see a bearded man in the sky – it ain't Jesus - do you really think he will come for a second time after what happened the first time? NASA, which a journalist laughingly says stands for Not A Space Agency, is most likely behind this. They also could be creating entities that fly which manifest into the “familiar” saucer shape. This does not mean that some of these sightings are not aliens, since it is naive to assume that we are the only race in the universe. Please do not be alarmed if you see these things in the sky -- it is most likely the cult playing with you. NB, it is only Hollywood (cult) that portrays aliens as evil.

Why did the UK government keep the identity of the Sage membership secret from us until we demanded it? They obviously didn't want us to know about the members' interests in Big Pharma – which we do now. Red Flag.

Why did Boris Johnson meet with Bill Gates in 2020? Why did the government not adequately reply to a Freedom of Information request about what took place at that meeting. Red Flag.

I am sure that you all remember the 5pm sessions on TV with Sage members and a member of the

government in 2020 which seemed to go on for ever. Did you notice that, not once, did these people get a difficult question from a journalist. Journalists are paid to ask awkward questions. If you want proof that MSM are working with or for the government, it doesn't get much better than this! Huge Red Flag.

Is it a coincidence that Tedros, the head of the WHO, worked for two Bill Gates-controlled organisations just prior to his appointment to the WHO? He has no meaningful medical background whatsoever. Red Flag.

Is it a coincidence that Bill Gates is heavily funding the WHO and even tried to gain status as a nation of the world? The arrogance of it! Is it any coincidence that Bill Gates has “financial arrangements” with the BBC? The correct answer is NO!

On the 5 June 2023 the EU (cult) agreed with the WHO (cult) to collaborate on a “global system” of digital “vaccine” passports. Remainers, please rethink your position about the EU – I beg you. This is what the WHO said “the digital system will help facilitate global mobility and protect citizens across the world from on-going and future health threats, including pandemics”.

Just reverse this so that we get to the truth. “The digital “vaccine” passport system is another move in our plan to suppress and “vaccinate” all of humanity and restrict the movement of the world population. The “vaccine” passports are integral to our aim of introducing mandatory “vaccinations”, since, in a few year's time, people will not be able to buy anything on-line or in a local shop or supermarket without their “vaccine” passport being up-to-date. We estimate the population will probably qualify with six “vaccinations” by then. They (if they survive) will be carrying enough graphene oxide in their bodies to transfer this to the still “unvaccinated”. We will then have control over what the next pandemic is, as we controlled Covid 19, and we will have many rules as to how ALL countries react to this new pandemic. We haven't decided yet what virus we will use but we hope that the population enjoy it when it comes. We, the WHO, always have your welfare in mind, because we, as an organisation, and our many friends, are proud to be associated with this project involving the removal of humanity from this planet. Humans are already being created in labs so we really don't need you - “less than insects” - the lab creations will do exactly what we tell them to do. Thank you. Please – no questions.”

The saddest moment of my life was when Boris Johnson appealed for a million people to come forward to be “vaccinated” in one day. It ended up about 950,000. People queueing up on London bridges at 6pm! That must have been a boost to Boris Johnson's already inflated ego. I realised then that I had been born into a country of mindless and spineless people.

**HAND CLEANSING, SOCIAL DISTANCING, LOCKDOWNS AND MASK WEARING ARE USED IN INCULCATION OF NEOPHYTES INTO SATANIC CULTS. THIS IS TO ENSURE THE OBEDIENCE OF THE NEOPHYTE.**

Capiche? Neophytes.

Your Honour, so help me God.







## **Gee It's Hard To Be Human**

### **What is the cult?**

The cult is so organised that I have often thought that it must have evolved from somewhere. For over two years I have been aware of the World Economic Forum (WEF) which is the “public” servant of the cult. I have seen the cult hierarchy pyramid with the 13 powerful families at the top just above the committee of 300. I recently searched on-line for the committee of 300 and I discovered a book written by Dr. John Coleman called the “Conspirators' Hierarchy : The Story Of The Committee of 300.” They are also called the “Illuminati” or “Olympians.” Dr. Coleman describes himself as a professional intelligence officer who, through his working life, has had access to many secret documents. There is a vast bibliography at the end. The book was published in 1992. He has written many other books about what I call the cult.

I am aware that I may require the permission of the publishers to refer to paragraphs from the book but time is against me so I apologise to the publishers and the author if I have broken the law of copyright. I merely wish to emphasise the importance of the author's work at this time on our planet.

Dr. Coleman says “ I pursued my investigations, pressing on in the face of severe risks, attacks on myself and my wife, financial losses, continual harassment, threats and calumny, all part of a carefully-crafted and orchestrated program to discredit me, run by government agents and informers.”

I went to Wikipedia, which is controlled by the cult, and, rather predictably, Wikipedia stated that the committee of 300 is a conspiracy theory. A conspiracy theory does not mean that the conspiracy does not exist but that those who are in the conspiracy would prefer there to be doubt about their existence, considering their outrageous agenda. Most people who see the expression “conspiracy theory” seem to assume that it is a lie – that there is no conspiracy. My experience, having done a lot of research, is that most, if not all, these conspiracies exist since the large percentage of these emanate from the cult.

I found a copy of this book in the CIA Library, which was unexpected. I searched on-line for the committee of 300 and virtually all the sites related to Dr. Coleman's work. There were no fact-checkers which the cult only started financing in 2020 re Covid. Google (cult) has not removed these sites to its black list yet - along with hundreds of thousands of other “hidden” sites that are telling the truth or are publishing data that is contrary to the cult agenda. I think that, if Google did move this to its black list, then it could prove to be a more dangerous option than leaving it in open sight. A discovery of the committee of 300 on the black list would be proof that the committee did exist!

Dr. Coleman revealed in his book that the origin of the committee of 300 (C300) is the British East India Company (BEIC) - which was closely followed by the Dutch East India Company. Both were controlled by a “Council of 300” hence the evolution to the C300. The drug trade worldwide is controlled by the C300 from the top down. The list of names of members and stockholders of the BEIC read like something from Debretts Peerage. BEIC established the “China Inland Mission” whose job it was to get the Chinese peasants, or coolies, as they were called, addicted to opium. This created the market for opium which the BEIC then filled. The opium was transported in tea clippers from India to China.

I give you a potted history of the BEIC obtained from britannica.com.

The BEIC was formed as a private corporation in December 1600 to indulge in the Indian spice trade which was monopolised by Spain and Portugal. Partly because of corruption and the Indian Mutiny the company was gradually deprived of commercial monopoly and political control. Its Indian possessions were nationalised by the British crown in 1858. It was formally dissolved in 1874 by the East India Stock Dividend Redemption Act 1873.

In the 17th and 18th centuries it relied on slave labour from West and East Africa especially Mozambique and Madagascar. It transported the slaves to India and Indonesia. In numerical terms, the slave traffic was low in comparison to the Royal African Company. The BEIC were looking for people with specialist skills and experience to manage its far-flung territories.

The BEIC had its own army, which by 1800, was 200,000 soldiers, more than twice the British army at the time. The army was used to subdue Indian states and principalities with which it had initially entered into trading agreements, to enforce ruinous taxation, to carry out officially sanctioned looting and to protect its economic exploitation of both skilled and unskilled labour.

The company's army played a notorious role in the unsuccessful Indian Mutiny of 1857-1858 in which Indian soldiers in the company's employ led an armed revolt against their British officers – this quickly gained popular support as a war for Indian independence. During more than a year of fighting, both sides committed atrocities, including the massacre of civilians, though the company's reprisals far outweighed the violence of the rebels.

Beginning in the early 19<sup>th</sup> century BEIC sold opium to China to finance Indian tea and other goods. Chinese opposition to the trade precipitated the 1<sup>st</sup> and 2<sup>nd</sup> Opium wars in which the British forces were victorious on both occasions.

The company's management was remarkably efficient and economical. During the first 20 years, the BEIC was run from the home of the Governor, Sir Thomas Smythe, and had a staff of 6 persons. In 1700, it was operated with 35 permanent personnel in its small London office. In 1785, it controlled a vast empire of millions with a permanent London staff of 159.

Following several years of misrule and a massive famine in Bengal (where the company had installed a puppet regime in 1757), the company's land revenues fell precipitously which caused the company to appeal (in 1772) for an emergency loan of £1 million to avoid bankruptcy. Although the BEIC was bailed out by the British government, harsh criticism by parliamentary committees led to government oversight of its management with the Regulating Act 1773. In 1784 the India Act was passed which gave the British government control of political policy in India.

Heroin is refined opium, so refineries around the world have appeared under the control of the C300. Lysergic Acid (LSD) was manufactured, financed and distributed by C300-controlled entities. Cocaine distribution and supply is mainly controlled by the C300. And maybe, Fentanyl? This explains why the police worldwide have never been able to eradicate the drug trade because the police and the intelligence services are also controlled by the C300 – if they weren't I am sure there would be no drug trade now. The police get given a small win every now and then but these are a drop in the ocean. This also explains why the C300 (cult) desperately want to legalise drugs.

The following are almost direct quotes from Dr. Coleman's book with author's (me) notes in brackets.

This elite group, the C300, also calls itself the OLYMPIANS (they truly believe that they are equal in power and stature to the legendary gods of Olympus, who have, like Lucifer their god, set themselves above our true God). They absolutely believe they have been charged with implementing the following by divine right:

(1) A One World Government – New World Order with a unified church and monetary system under their direction. Not many people are aware that The One World Government began setting up its “church” in the 1920s/1930s, for they realised the need for a religious belief inherent in mankind to have an outlet and, therefore they set up a “church” body to channel that belief in the direction they desired.

(2) The utter destruction of all national identity and national pride (author's note - hence the free movement of people policy in the EU and the mass migration taking place now).

(3) The destruction of religion and more especially the Christian religion, with one exception, their own religion mentioned above (author's note – they have certainly done that. They have infiltrated the higher echelons of the Catholic and Anglican churches so the destruction of these churches is being accomplished from the top down. In the US and Canada, Christians are being persecuted on a huge scale and this has morphed into persecution of Republicans as well).

(4) Control of each and every person through means of mind control and what “Brzezinski” calls “technotronics” which would create human-like robots and a system of terror beside which Felix Dzerzinski's Red Terror will look like children at play (author's note - I am reading about ghastly experiments on humans being performed by Elon Musk's company, Neuralink).

(5) An end to all industrialisation and the production of nuclear generated electric power in what they call “the post-industrial zero-growth society.” Exempted are computer and service industries. United States industries that remain will be exported to Mexico where abundant slave labor is available. Unemployables in the wake of industrial destruction will either become opium-heroin and/or cocaine addicts, or become statistics in the elimination process we know today as Global 2000. (author's note – this explains why we have an energy crisis in the Western world because the cheapest form of energy, nuclear power, is being abandoned by the Western governments, which are controlled by C300. Industry cannot develop without a cheap source of power so it is planned that the developing countries just will not develop. The developed countries, let us say the UK and US, are therefore destroying their manufacturing base and pursuing a zero-growth policy – their output is service and computer product orientated, as planned by C300. The enemy of the C300 is fusion power. In short, the C300 are denying the inhabitants of this planet a cheap source of power – it is their policy.)

(6) Legalization of drugs and pornography. (author's note – so what the C300 are doing by supplying drugs would be legal too - apart from creating more addicts.)

(7) Depopulation of large cities according to the trial run carried out by the Pol Pot regime in Cambodia. It is interesting to note that Pol Pot's genocidal plans were drawn up in the US by one of the Club of Rome's research foundations. It is also interesting that the C300 is presently seeking to reinstate the Pol Pot's butchers in Cambodia.

(8) Suppression of all scientific development except for those deemed beneficial by the C300. Especially targeted is nuclear energy for peaceful purposes. Particularly hated are the fusion experiments presently being scorned and ridiculed by the C300 and its jackals of the press. Development of the fusion torch properly used would blow the C300's conception of “limited natural resources” right out of the window. A fusion torch properly used could create unlimited

untapped natural resources from the most ordinary substances. Fusion torch uses are legion and would benefit mankind in a manner which is yet not even remotely comprehended by the public.

(9) Cause by means of limited wars in the advanced countries, and by means of starvation and diseases in Third World countries, the death of 3 billion people by the year 2000, people they call “useless eaters.” The C300 commissioned Cyrus Vance (US Secretary of State) to write a paper on this subject of how to best bring about such genocide. The paper was produced under the title, the “Global 2000 Report”, and was accepted and approved for action by President Carter, for and on behalf of the US Government, and accepted by Edwin Muskie, then Secretary of State. Under the terms of the Global 2000 Report, the population of the US is to be reduced by 100 million by the year 2050. (author's note- the 2000 target wasn't met but the tone is in line with the secret covenant. Many millions worldwide have been killed by the “vaccines” and many multiples have been injured for life. In England alone at least 100,000 have been killed and about 500,000 injured for life from the “vaccines” but the HM Government and MSM does nothing – because that is what they have been told to do – same with illegal immigrants – I have checked and found Common Purpose operatives in the immigration system.)

(10) To weaken the moral fibre of the nation and to demoralize workers in the labor class by creating mass unemployment. As jobs dwindle due to the post industrial zero-growth policies introduced by the Club of Rome, demoralized and discouraged workers will resort to alcohol and drugs. The youth of the land will be encouraged by means of rock music and drugs to rebel against the status quo, thus undermining and eventually destroying the family unit. In this regard the C300 commissioned the Tavistock Institute to prepare a blueprint as to how this could be achieved. Tavistock directed Stanford Research to undertake the work under the direction of Professor Willis Harmon. This work later became known as “The Aquarian Conspiracy.” (author's note – I cannot argue with this based upon current events.)

(11) To keep people everywhere from deciding their own destinies by means of one created crisis after another and then “managing” such crises. This will confuse and demoralize the population to the extent where faced with too many choices, apathy on a massive scale will result. In the case of the US, an agency for crisis management is already in place, it is called the Federal Emergency Management Agency (FEMA), whose existence I first disclosed in 1980. There will be more on FEMA as we proceed. (author's note – well there you have it! Covid - a virus created by the C300. Management of Covid by the C300 – hand-washing, mask-wearing, social distancing and lockdowns which, by coincidence (!), just happen to be used in initiation of neophytes into a satanic cult to ensure their obedience – in this case the obedience of 7.4 billion people. Who does the C300 worship? Lucifer. Did you notice how the BBC and other news channels suddenly removed their constant bombardment of us with Covid and switch immediately to the C300-provoked Ukraine war. So the MSM, all on the same day virtually, suddenly decide that this apparently dangerous virus is not newsworthy because there is war in Ukraine, a country most of us know nothing about - but there could be nuclear war so we get swamped with reports about this - a lot of them distorted or untrue. They are switching us from one fear to another in the blink of an eye. Let us face it – this is surely planned and orchestrated. Fear is the key to the C300.)

(12) To introduce new cults and continue to boost those already functioning.

(13) To continue to build up the cult of Christian fundamentalism begun by the BEIC's servant, Darby, which will be misused to strengthen the Zionist state of Israel through identifying with the Jews through the myth of “God's Chosen People” and by donating very substantial amounts of money to what they mistakenly believe is a religious cause in the furtherance of Christianity.

(14) To press for the spread of religious cults such as the Moslem Brotherhood, Moslem

fundamentalism, The Sikhs, and to carry out experiments of the Jim Jones and “Son of Sam” type of murders. It is worth noting that the late Ayatollah Khomeini was a creation of British Military Intelligence Division 6, commonly known as MI6, as I reported in my 1985 work, “What Really Happened In Iran.”

(15) To export “religious liberation” ideas around the world so as to undermine all existing religions but more especially the Christian religion. This began with “Jesuit Liberation Theology” which brought about the downfall of the Somoza family rule in Nicaragua and which is today destroying El Salvador, now 25 years into a “civil war”, Costa Rica and Honduras. One very active entity engaged in so-called liberation theology is the Communist oriented Mary Knoll Mission. This accounts for the extensive media attention to the murder of Mary Knoll's so-called nuns in El Salvador a few years ago.

The four nuns were Communist subversive agents and their activities were widely documented by the government of El Salvador. The US press and news media refused to give any space or coverage of the mass of documentation in possession of the Salvadorian government – documentation which proved what the Mary Knoll Mission nuns were doing in the country. Mary Knoll is in service in many countries, and played a leading role in bringing Communism to Rhodesia, Mozambique, Angola and South Africa.

(16) To cause a total collapse of the world's economies and engender political chaos (author's note – they are doing a fine job aren't they - it is about time we stopped them!)

(17) To take control of all foreign and domestic policies of the US (author's note – they are well advanced there too!)

(18) To give the fullest support to supranational institutions such as the United Nations (UN) , the International Monetary Fund (IMF), the Bank of International Settlements (BIS), the World Court and as far as possible, make local institutions of lesser effect by gradually phasing them out or bringing them under the mantle of the UN. (author's note – the World Health organisation is a branch of the UN – as explained earlier they are trying to govern us using our health as a pretext, which will empower the corrupt UN as well.)

(19) Penetrate and subvert all governments, and work from within them to destroy the sovereign integrity of nations represented by them. (author's note – the C300 weevils are in all our parties in the UK which is why it is so important to remove the party system before the next election in 2024 – are you in on this, readers?)

(20) Organize a worldwide terrorist apparatus and negotiate with terrorists whenever terrorist activities take place. It will be recalled that Bettino Craxi , ex-PM of Italy, who persuaded the Italian and US governments to negotiate with the Red Brigade's kidnappers of Prime Minister Moro and General Dozier. As an aside, General Dozier is under orders not to talk about what happened to him. Should he break that silence, he will no doubt be made “a horrible example of” in the manner that Kissinger dealt with Aldo Moro (Italy) , Ali Bhutto (Pakistan) , and General Zia ul Haq (Pakistan).

(21) Take control of education in America with the intent and purpose of utterly and completely destroying it. (author's note – this is well advanced in the US and in the UK too. The WHO has infiltrated the UK education system in such a way that teachers are being ordered to “sexualise” their wards as soon as possible. I won't go into great detail here because I have read about what is happening in schools in the US, Holland and the UK and it makes me sick to the core. The cult/C300 are heavily into paedophilia, child abuse, human sacrifice and people trafficking –

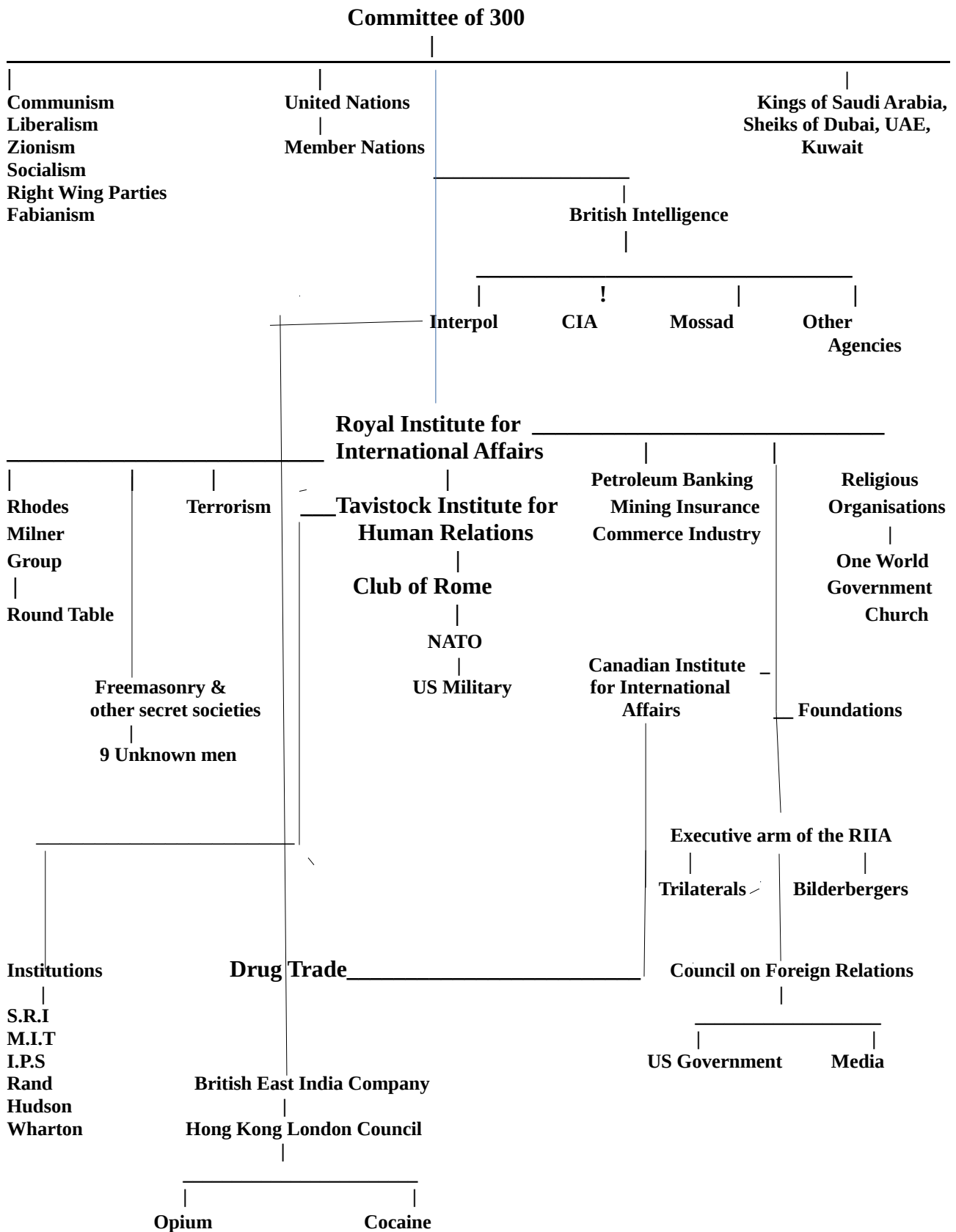
Ukraine is a world hub for people trafficking. The “sexualisation” of the children is to make them more accessible and amenable to paedophiles. This is a precursor to the cult legalising paedophilia as they will describe it as a perfectly “normal” thing to do - it doesn't do the children any harm they will say. This is condoned by the higher echelons of the UK police who are working for the cult. I could name about ten towns/cities who have vast paedophile networks but nothing is being done even by the councils because they are thick with Common Purpose operatives.)

So the C300 are in control of supply of illegal drugs, terrorism, paedophilia, people trafficking, human sacrifice and illegal immigration. Anything else you want to mention? Oh right, forgot that – they control that too.

You probably now are curious to know who these people are -what follows is a cult pyramid of authority provided by John Coleman's book, a list of 300 names dated September 2010 which was provided by John Coleman to another website from which I downloaded these names. I mentioned that there are 13 ruling families that sit over the C300, but I am unable to verify 13 family names for the readers as there appear to be two lists, one from the US and one from predominantly Europe. I don't think it matters much as these family names appear frequently in the C300 list. Each of the 13 families are given an area of the earth and/or a particular function to fulfil. These functions include global finances, military technology development, mind-control, religion and media.



**The cult pyramid (from John Coleman's book)**



S.R.I. stands for Stanford Research Institute, M.I.T. Massachusetts Institute of Technology, I.P.S Institute of Policy Studies.

I will give a short explanation for certain of the organisations mentioned above – all derived from Dr. Coleman's book.

### **British Intelligence**

Military Intelligence Department Six dates back to Sir Francis Walsingham, paymaster of Queen Elizabeth I for dirty tricks operations. Over hundreds of years, MI6 has established a record which no other intelligence agency can come near to duplicating. MI6 agents have gathered information from the four corners of the earth and have carried out secret operations that would astound even the most knowledgeable if ever they were to be made public, which is why it rates as the master service of the C300. (author's note – presumably because of the myriad contacts acquired from the vast British Empire.)

Officially, the MI6 does not exist, its budget comes out of the Queens' purse and “private funds” and is reported to be in the range \$350-\$500 million per annum (in 1992), but no one knows for sure what the exact amount is. In its present form MI6 dates back to 1911. So MI6 are controlled by the monarchy.

### **Royal Institute of International Affairs (RIIA)**

The RIIA was set up in 1919 in the wake of the Paris Peace Conference in Versailles. This is the foreign policy arm of the British Crown and is therefore closely linked to MI6. It is very powerful - hence the position in the cult pyramid. One of the roles of RIIA is to execute the cult objective of destroying the US.

### **Tavistock Institute for Human Relations (Tavistock)**

This was set up by the RIIA as the largest brainwashing facility in the world - a think tank. Its office life commenced at Sussex University. This became the core of Britain's Psychological Warfare Bureau which used 80,000 British Army personnel as guinea pigs, who underwent many forms of testing. Tavistock provided most of the detailed programs that led to the establishing of the Office of Naval Intelligence (ONI), the number one intelligence service in the US, one which dwarfs the CIA in size and scope. Contracts worth billions were given to Tavistock by the US Government and Tavistock's strategic planners provide most of what the Pentagon uses for their defense establishment, even today (1992). Here again is illustrated the grip that the C300 has on the US, and the majority of its institutions. Tavistock runs over 30 research institutions in the US, 6 of which are mentioned at bottom left of the cult pyramid above.

One of the most important areas of cooperation between what think tanks turn out and what becomes government and public policy are the “pollsters.” It is the job of the polling companies to mold and shape public opinion in the way that suits the conspirators. Polls are constantly being taken by US news channels, CBS-NBC-ABC, the New York Times, and the Washington Post. Most of these efforts are coordinated at the National Opinion Research Center where, as much as it will amaze most of us, a psychological profile was developed for the entire nation.

Findings are entered into the pollster computers for comparative evaluation. Much of what we read in our newspapers or see on TV has been cleared by the polling companies. WHAT WE SEE IS WHAT THE POLLSTERS THINK WE SHOULD SEE. This is called “public opinion making”. The whole idea of this bit of social conditioning is to find how responsive the public is to POLICY DIRECTIVES handed down by the C300. We are called “targeted population groups” and what is

measured by the pollsters is how much resistance is generated to what appears in the “Nightly News.” This is all part of the elaborate opinion-making process created at Tavistock. Today our people believe they are well-informed but what they do not realise is that the opinions they believe are their own are in fact created in the research institutions and think tanks of the US and that none of us are free to form our own opinions because of the information we are provided with by the media and the pollsters.

Just recently we saw how Tavistock's conditioning process works when Americans were conditioned to perceive Iraq as a threat and Saddam Hussein as a personal enemy of the US. Such a conditioning process is technically described as “the message reaching the sense organs of persons to be influenced.” Public opinion making is the jewel in the crown of the OLYMPIANS, for with their thousands of new-science social scientists at their beck and call, and with news media firmly in their hands, NEW public opinions on almost any subject can be created and disseminated around the world in a matter of two weeks.

This is precisely what happened when their servant, George Bush, was ordered to make war on Iraq. Within two weeks, not only the US, but almost the entire world public opinion was turned against Iraq and its President Saddam Hussein. These media change artists and news manipulators report directly to the Club of Rome which in turn reports to the C300 at whose head sits the Queen of England ruling over a vast network of closely-linked corporations who never pay taxes and are answerable to no-one, who fund their research institutions through foundations whose joint activities have almost total control over our daily lives. (author's note – it didn't take very long for people in the UK to put Ukraine flags outside their houses based upon false and misleading information from the UK news channels and newspapers.)

### **Club of Rome**

The Club of Rome was established in 1968 and financed by the German Marshall Fund. Dr. Coleman says that his first work, “The Club of Rome”, which was published in 1983, attracted little or no attention in the US. Many uninitiated people thought the Club of Rome was something to do with the Catholic Church and that the German Marshall Fund referred to the Marshal plan.

This is precisely why the C300 chose these names, to confuse and to deflect attention away from what was happening. Not that the US Government didn't know, but it was part of the conspiracy, it helped to keep the lid on information rather than let the truth be known. A few years after I published my work, a few writers saw in it a wealth of hitherto untapped information and began writing and talking about it as though they always had full knowledge of it.

It came as a revelation to them that the Club of Rome and the German Marshall Fund were two highly organised conspiratorial bodies operating under the cover of the North Atlantic Treaty Organisation (NATO) and that the majority of Club of Rome executives were drawn from NATO. The Club of Rome formulated all of what NATO claimed as its policies and, through the activities of C300 member Lord Carrington, was able to split NATO into two factions, a political (left wing) power group and its former military alliance.

The Club of Rome is still one of the most important foreign policy arms of the C300 – the other being the Bilderbergers. Aurelio Pecci, an Italian industrialist, was impatient for a new and urgent drive to speed up the plans for One World Government. He teamed up with a British chemist called Alexander King who was a proponent of the sustainable development movement. (author's note – the word “sustainable” is now being used ad infinitum by the WEF.)

Pecci's call was answered by the most subversive “future planners” drawn from the US, France,

Sweden, Britain, Switzerland and Japan that could be mustered. During the period 1968-1972, the Club of Rome became a cohesive entity of new-science scientists, globalists, future planners and internationalists of every stripe. One delegate put it “We became Joseph's Coat of Many Colors.” Pecci's book “Human Quality” formed the basis of the doctrine adopted by NATO's political wing.

The following is extracted from Pecci's book, “Human Quality”:

“For the first time since the first millennium was approached in Christendom, large masses of people are really in suspense about the impending advent of something which could change their collective fate entirely.....Man does not know how to be a truly modern man.....Man invented the story of the Bad Dragon, but if ever there was a bad dragon, IT IS MAN HIMSELF.....Here we have the human paradox: man trapped by his extraordinary capacity and achievements, as in quicksand – the more he uses his power the more he needs it.

We must never tire of how foolish it is to equate the present profound pathological state and maladjustment of the entire human system to any cyclic crisis or passing circumstances. Since man has opened Pandora's box of new technologies, he has suffered uncontrolled human proliferation, the mania for growth, energy crises, actual or potential resource scarcities, degradation of environment, nuclear folly and a host of related afflictions.”

(author's note -me- this just shows how clever the cult are – they are blaming the “less than insects” for the above – yet it is the elite that are greedy who, intoxicated with power, are creating the above circumstances and misusing new technology. What we really need is a One World Government of collective responsibility for the planet Earth. We are guests of the planet. There is a vast difference between the tyranny of the few and the collective responsibility of the whole population. We are considered a mere colony in the Galaxy since humanity is not evolved enough to join the Galactic Federation which is why we keep getting visits from alien races (over many millennia), since we are “open season”. The “spirit” world are very aware of what is happening on this planet. We (“the insects”) are clueless in comparison.

(back to Dr. Coleman). This is identical to the program adopted by the much later fake “environmentalist” movement spawned by the same Club of Rome to blunt and turn back industrial development.

Broadly, the anticipated counter-program of the Club of Rome would cover inventing and disseminating “post-industrialisation” ideas in the US, coupled with the spread of counter-culture movements such as drugs, rock, sex, hedonism, satanism, witchcraft and “environmentalism”. The wide spectrum of research organisations that specialise in applied social psychiatry have either had delegates on the board of the Club of Rome, or acted as advisers and played a guiding role in NATO's attempt to adopt the “Aquarian Conspiracy” to weaken the moral fibre of the US.

The Club of Rome is a conspiratorial umbrella organization, a marriage between the Anglo-American financiers and the old Black Nobility families of Europe, particularly the so-called “nobility” of London, Venice and Genoa. The key to the successful control of the world is their ability to create and manage savage economic recessions and eventual depressions. The C300 looks to social convulsions on a global scale, followed by depressions, as a softening-up technique for bigger things to come, as its principal method of creating masses of people all over the world who will become its “welfare” recipients of the future.

This a full list of the C300 as at September 2010, as provided by Dr. Coleman to another site from which I have downloaded the following names I have analysed the C300 members into nationalities for a reason that will become blindingly obvious. For the British members only, I have added an extract from Wikipedia.

## **Britain(85)**

Chair: Queen Elizabeth II. Head of world freemasonry. I have seen a copy of a document with the Queen's signature on behalf of the C300.

Adeanne, Edward - Private secretary to Prince Charles.

Agius, Marcus - Banking. Ex-chairman of Barclays Bank. Connections to Bilderbergers.

Alexandra, Princess - First cousin to Queen Elizabeth.

Andrew, Prince – Son of Queen Elizabeth.

Anne, Princess – Daughter of Queen Elizabeth.

Anstee, Nick – Ex-mayor of London. Partner in Arthur Anderson, management consultants. Now senior partner in international law firm, SJ Berwin. Accountant.

Ash, Timothy Garton – Historian specialising in European studies.

Astor, William - Fourth Viscount Astor.

Balls, Ed - Labour MP.

Blair, Sir Tony - Ex-Labour PM 1997-2007. Oversaw invasion of Iraq.

Budenberg, Robin – Head of UK governmental body that oversaw the bank bail-outs.

Cameron, David – Ex Conservative PM.

Camilla, Duchess of Cornwall – Now Queen Camilla.

Carrington, Lord Peter – Foreign Secretary under Thatcher. NATO Secretary-General 1984-1988.

Castell, Sir William – Was chairman of Wellcome Trust. Was director of General Electric & BP.

Charles, Prince of Wales – now King Charles.

Chartres, Richard – Bishop of London 1995 to 2017. Privy Council from 1995. Life peer from 2017.

Chipman, Dr. John – Director General of globalist think tank, International Institute for Strategic Studies.

Clarke, Kenneth – Ex- Home Secretary & Chancellor. Ex-Director of British American Tobacco. Non exec chairman of Unichem.

Clegg, Nick - Ex-Deputy PM of UK. President of Global Affairs at Meta (Facebook) from 2022. Speaks 5 languages.

Cooksey, David – Ex-Director of Bank of England. Ex chair of Biosciences Industry Growth task force. Governor of Wellcome Trust.

Craven, Sir John – Banking. Ex-CEO of Morgan Grenfell Group amongst others.

Crockett, Andrew – General manager of Bank of International Settlements.

Darling, Alastair – Ex Chancellor under Gordon Brown.

Davies, Sir Howard – Economist/author. Chairman of Nat West Group. Professor of Paris School of International Affairs.

Davis, David – Conservative politician. Was appointed to negotiate our exit from the EU.

Dobson, Michael – Banker. Chairman of Schroders. Morgan Grenfell CEO.

Edward, Prince, Duke of Kent – First cousin of Queen Elizabeth.

Edward, Prince, Earl of Wessex – son of Queen Elizabeth.

Festing, Matthew – Grand Master of Sovereign Military Order of Malta.

Geidt, Christopher – Private Secretary of Queen Elizabeth.

Gibson-Smith, Dr. Chris – Geologist. Spent 30 years at British Petroleum. Chairman of London Stock Exchange 2003 to 2015.

Green, Baron Stephen – Ex chairman of HSBC.

Grosvenor, Gerald - 6<sup>th</sup> Duke of Westminster. Landowner.

Hague, William – Conservative Party leader in 2005. Foreign Secretary 2010 to 2014.

Hampton, Sir Phillip – Businessman. Ex Chair of Royal Bank of Scotland. Chair of Sainsburys and GlaxoSmithKlyne. Group Finance Director of British Steel, British Gas, BP, BT and Lloyds TSB.

Howard, Alan - Jewish family. Hedge Fund manager, Graduated at Imperial College London. Began at Salomon Bros.

King, Mervyn – Economist. Governor of Bank of England 2003 -2013.

Kinnock, Glenys – Euro MP. Wife of Neil Kinnock - ex-Labour leader. Member of European Council of Foreign Relations.

Lambert, Sir Richard – Ex Director-General of CBI. Most of life at Financial Times – 10 years as editor.

Laurence, Sir Timothy – Navy Admiral. Husband of Princess Anne.

Leigh-Pemberton, James (Baron) – Banker, MD of Credit Suisse. Trustee of Duke of Cornwall Benevolent Fund.

Leonard, Mark - Co-founder and director of Council of Foreign Relations which is a pan-European think tank. Honoured by WEF as a new leader of tomorrow.

Levene, Baron Peter – Ex chairman of Lloyds Bank. Ex Lord Mayor of London. Adviser to HM Government.

Levy, Baron Michael – Accountant. Labour Peer.

Livingston, Baron Ian – Businessman. Ex CEO of BT Group. Chairman of Currys plc from 2017.

Mandelson, Peter – Labour politician. Held a number of cabinet positions in Blair and Brown governments.

Manning, Sir David – Diplomat. US ambassador 2003-2007. Israeli ambassador 1995-1998.

Michael, Prince of Kent – First cousin of Queen Elizabeth.

Milliband, David – Labour politician. Foreign Secretary 2007-2010. Currently CEO of International Rescue Committee.

Milliband, Ed – Labour politician. Ex leader of the Labour party. Still an MP – now on shadow cabinet.

Niblett, Robin – Director & CEO of Royal Institute of International Affairs (Chatham House) from 2007 to 2022.

Nichols, Vincent – English Roman Catholic cardinal. In 2016, Pope Francis admitted him to the Sacred College of Cardinals.

Ogilvy, David (Earl of Airlie) – Brother-in-law of Princess Alexandra. CEO of Schrodgers merchant bank.

Osborne, George – Chancellor in Cameron's government 2010-2016. Editor of Evening Standard 2017-2020 – now editor-in-chief.

Parker, Sir John – Multiple directorships and chairmanships in UK companies.

Patten, Chris – Politician. Governor of Hong Kong to oversee the 1997 takeover by China.

Phillip, Duke of Edinburgh – Husband of Queen Elizabeth.

Reuben, David – Brothers born in Bombay. In early 1990s, invested in Russian metals market

Reuben, Simon – by exchanging raw materials for aluminium which was sold for profit. Involved with some oligarchs including Abramovich. 20% owners of Newcastle Football Club.

Richard, Prince - Duke of Gloucester. Cousin of Queen Elizabeth.

Rifkind, Sir Malcolm – Foreign Secretary under John Major.

Ritblat, Sir John – Property developer. Owner of British Land.

Rothschild, Jacob (4<sup>th</sup> Baron) – Eldest son of Victor. Banking and capital investment. Deputy chairman of BSKyB.

(de) Rothschild, Evelyn – Banker. Served as financial adviser to Queen Elizabeth.

(de) Rothschild, Leopold – Banker.

Sands, Peter – Banker. Member of Pandemic Preparedness Group chaired by Sir Patrick Vallance.

Sassoon, Isaac – Jewish scholar.  
 Sassoon, Baron James – Banker. Commercial secretary to HM Treasury. Adviser to Cameron.  
 Sawers, Sir Robert – Chief of Secret Intelligence Service of UK (MI6).  
 Scardino, Marjorie – CEO Pearson plc (publishing). Joined the Twitter board in 2013.  
 Trustee of Oxfam.  
 Sheinwald, Nigel – British Ambassador to US.  
 Stevenson, Baron Dennis – ex chair of Halifax and Bank of Scotland.  
 Straw, Jack – Labour politician. Home and Foreign Secretary in Blair's government.  
 Tanner, Mary – Academic - specialising in the Old Testaments.  
 Thompson, Mark – Director-General of BBC 2004-2012. CEO of Channel 4. Former  
 President and CEO of New York Times.  
 Tucker, Paul – Worked mainly for the Bank of England – executive director and deputy governor.  
 Walker, Sir David – Ex chairman of Morgan Stanley International.  
 William, Prince of Wales - Son of King Charles. Heir to the throne.  
 Williams, Dr. Rowan (Baron) – Archbishop of Canterbury 2002 to 2012.  
 Williams, Shirley – President of Royal Institute of International Affairs. Ex MP. Member of  
 CFR, Bilderberger Group and many other think tanks.  
 Wilson, Baron David – Ex Governor of Hong Kong. Ex chairman of Scottish Hydro-Electric.  
 Woolf, Baron Harry – Lord Chief Justice of England & Wales. Ex Master of the Rolls.  
 Ex judge in Hong Kong.  
 Worcester, Sir Robert Milton – Pollster. US born. Came to UK at age of 35. Founded MORI polls.  
 Was appointed pollster for the Labour party and adviser  
 to the PM, Jim Callaghan.

#### **United States (63)**

Akerson, Daniel  
 Anderson, Carl  
 Ballmer, Stephen  
 Bergsten, Fred  
 Bernake, Ben  
 Berwick, David  
 Blankfein, Lloyd  
 Bloomberg, Michael  
 Boren, David  
 Bronfman, Edgar  
 Buffet, Warren  
 Bush, George HW  
 Carroll, Cynthia  
 Clark, General Wesley  
 Clinton, Bill  
 Cohen, Abby Joseph  
 Cohn, Gary  
 Dudley, William  
 Feldstein, Marty Stuart  
 Fischer, Stanley  
 Gates, Bill “vaccinator-general.” Funds WHO.  
 Geiithner, Timothy  
 Gore, Al  
 Greenspan, Alan  
 Hills, Carla Anderson  
 Holbrooke, Richard

#### **Germany(16)**

August, Ernst – Prince of Hanover  
 Bischoff, Sir Winfried  
 Borwin, Duke of Mecklenburg  
 Christoph, Prince of Schleswig-Holstein  
 Fischer, Joseph Martin  
 Franz, Duke of Bavaria  
 Friedrich, George, Prince of Prussia  
 Moritz, Prince and Landgrave of Hesse-Kassel  
 Pohl, Karl Otto  
 Ratzinger, Joseph - Pope Benedict XVI  
 Schwab, Klaus – founder of the WEF  
 Stern, Ernest  
 Tietmeyer, Hans  
 Warburg, Max  
 Simeon of Saxe-Coburg & Gotha  
 Weber, Axel

Isaacson, Walter  
Jacobs, Kenneth  
Julius, Deanne  
Kenen, Peter  
Kerry, John Forbes  
Kissinger, Henry  
Koon, William  
Krugman, Paul  
Lake, Anthony  
Levitt, Arthur  
Lieberman, Joe  
McDonough, William Joseph  
McLarty, Mack  
Moreno, Glen  
Powell, Colin  
Rhodes, William R “Bill”  
Rice, Susan  
Roach, Stephen  
Rockefeller, David Junior  
Rockefeller, David Senior  
Rockefeller, Nicholas  
Rogoff, Kenneth Saul  
Rubenstein, David  
Rubin, Robert  
Schwarzmann, Stephen  
Shapiro, Sidney  
Snowe, Olympia  
Specter, Arlen  
Steyer, Tom  
Stiglitz, Joseph  
Thomson, Dr. James  
Volcker, Paul  
Walsh, John  
Whitman, Marina von Neumann  
Wolin, Neal  
Woolsey, James Junior  
Zoellick, Robert Bruce

### **Hong Kong(3)**

Chan, Margaret  
Chan, Norman  
Wu, Sarah

### **Uzbekistan(1)**

Chodiev, Patokh

### **Egypt(1)**

Cohen, Ronald

### **France(16)**

Alphonse, Louis – Duke of Anjou  
Dadush, Uri  
Fillon, Francois  
Heisbourg, Francois  
Lamy, Pascal  
Landau, Jean-Pierre  
Louis-Dreyfus, Gerard  
Napoleon, Charles  
Noyer, Christian  
Oudea, Frederic  
Pebereau, Michel  
Sarkozy, Nicolas  
Strauss-Kahn, Dominique  
Trichet, Jean Claude  
Weill, Michael David  
De Rothschild, David

### **Brazil(3)**

Cardoso, Fernando Henrique  
Safra, Joseph  
Safra, Moises

### **Spain(5)**

Carlos, Juan – King of Spain  
Caruana, Jaime  
Nicolas, Adolfo  
Rodriguez, Javier Echevarria  
Sofia, Queen of Spain

### **China(1)**

Chan, Anson - Hong Kong politician

### **Greece(1)**

Constantine II of Greece

### **Australia(3)**

D'Aloisio, Tony  
Murdoch, Rupert  
Wolfensohn, James David

### **Hungary(1)**

Soros, George (Open Society – mass migration)



**Italy(15)**

Andreotti, Giulio  
Amato, Guiliano  
Berlusconi, Sylvio  
Bonino, Emma  
Chiaie, Stefano Delle  
Cicchitto, Fabrizio  
Colonna, Marcantonio  
(Prince & Duke of Paliano)  
Draghi, Mario  
Elkann, John  
Emanuele, Vittorio  
(Prince of Naples)  
Fabrizio (Prince) -Massimo-Brancaccio  
Massimo, Stefano  
(Prince of Roccaseca dei Volsci)  
Ruspoli, Francesco  
(10th Prince of Cerveteri)  
Sigismund (Archduke)  
(Grand Duke of Tuscany)  
Tedeschi, Ettore Gotti

**Vatican(1)**

Lajolo, Giovanni

**Jordan(1)**

Abdullah II of Jordan

**Belgium(6)**

Albert II of Belgium  
Davignon, Etienne  
Lorenz, Prince of Belgium  
(Archduke of Austria-Este)  
Quaden, Guy Baron  
Van Rompuy, Herman  
Verplaetse, Alfons Vicomte

**Switzerland(6)**

Ackermann, Josef  
De Rothschild, Benjamin  
Deiss, Joseph  
Hildebrand, Phillip  
Roth, Jean-Pierre

**Holland(11)**

Balkenende, Jan Peter  
Beatrix, Queen  
Bernhard – Prince of Lippe-Biesterfeld  
Bolkestein, Frits  
Carlos – Dutch Prince & Duke of Parma  
Constantijn – Prince of Netherlands  
Duisenberg, Wim  
Friso - Prince of Orange-Nassau  
Mabel – Princess of Orange-Nassau  
Wellink, Nout  
Willem-Alexander – Prince of Orange

**Ireland(6)**

Bruton, John  
Cowen, Brian  
Fitzgerald, Niall  
Honohan, Patrick  
Robinson, Mary  
Sutherland, Peter

**South Africa(3)**

Du Plessis, Jan  
Oppenheimer, Nicky  
Penny, Gareth

**Austria(3)**

Fischer, Heinz  
Margherita - Archduchess of Austria-Este  
Von Habsburg, Otto

**Poland(2)**

Belka, Marek  
Brzezinski, Zbigniew

**Denmark(3)**

Bernstein, Nils  
Margrethe V of Denmark  
Rasmussen, Anders Fogh

Villiger, Kaspar

**Russia(8)**

Abramovich, Roman  
Aven, Pyotr  
Blavatnik, Leonard  
Deripaska, Oleg  
Fridman, Mikhail  
Gorbachev, Mikhail  
Prokhorov, Mikhail  
Vladimirovna, Maria  
(Grand Duchess of Russia)

**Finland(3)**

Ahtisaari, Martti Oiva Kalevi  
Ollila, Jorma Jaakko  
Ingves, Stefan Nils Magnus

**Yugoslavia(1)**

Alexander, Crown Prince of  
Yugoslavia

**Malta(1)**

Bonello, Michael

**Brunei(1)**

Sultan of Brunei

**Portugal(2)**

Barroso, Jose Manuel  
Pio, Dom Duarte  
(Duke of Braganza)

**Israel(3)**

Leviev, Lev  
Ofer, Sammy  
Peres, Shimon

**India(1)**

Mittal, Lakshmi

**Sweden(3)**

Bildt, Carl  
Gustaf, Carl XVI of Sweden  
Wallenberg, Jacob

**Canada(5)**

Bronfman, Charles Rosner  
Carney, Mark- ex Governor of Bank of England  
Gotlieb, Allan  
Harper, Stephen  
Knight, Malcolm

**Liechtenstein(1)**

Hans-Adam II – Prince of Liechtenstein

**Luxembourg(3)**

Henri, Grand Duke of Luxembourg  
Juncker, Jean-Claude  
Mersch, Yves

**Kazakhstan(2)**

Ibragimov, Alijan  
Mashkevitch, Alexander

**Ghana(1)**

Kufuor, John

**Albania(1)**

Leka, Crown Prince of Albania

**Norway(1)**

Harald V of Norway

## **Romania(1)**

Michael of Romania

## **Singapore(1)**

Loong, Lee Hsien

## **Mexico(2)**

Martinez, Guillermo Ortiz

Gurria, Jose Angel

## **Lebanon(1)**

Nasser, Jacques

## **Czech Republic(1)**

Schwarzenberg, Karel

## **Colombia(1)**

Velez, Alvaro Uribe

So now you know who is running the plot to kill and enslave humanity. I hope you understand why I analysed the members of the C300 into nationalities. I don't know what you think, readers, but I feel ashamed to be British. I feel really sick. This just emphasises why we have to remove these political parties to show the way forward to other countries. Our country got the planet into this mess so I think it is our responsibility to lead the planet to happier climes – it cannot get much worse than this, but it will if we don't get our act together pretty sharpish.

Britain's share of the control of this planet is 28.33% (85/300). Our population is 67 million in a world population of 7.4 billion which represents 0.9%. There are 15 people in the British Royal Family in the C300 including two private secretaries and two partners by marriage.

I often wonder what Prince William must be thinking now. He has witnessed the “vaccine” killings all over the world. He is a member of the C300 dedicated to world depopulation. He has witnessed the destruction of our industry and the bankruptcy of our country – all planned by the C300 of which he is a member. The NHS has been systematically destroyed by the C300. Worse is to come. Prince William is a conscious being comprised of mind and soul/spirit. He has obviously inherited his membership of the C300 by birth - as have all members of the Royal Family. Is he fully aware of what his psychopathic co-members are up to? His future as a “meaningful” monarch is bleak. He will not be greeted by happy schoolchildren any more – he will be visiting food banks (if they are still legal) and seeing the despair in the eyes of the attendees. Any second of any day he could put a stop to this. Any chance of any help, William? If you do - that would be much appreciated - your future will be assured a happy one.

Dr. Colenan, in his book, mentioned past members of the C300. I list some below which are

significant to me.

Lord Asquith  
Arthur Balfour  
Lord Beaverbrook  
Anthony Wedgewood Benn  
Willy Brandt  
Edward Bulwer-Lytton  
Winston Churchill  
Sir Alec Douglas-Home  
Lloyd George  
Lord Gladstone  
Palmerston  
Lord Hailsham  
Dennis Healey  
Sir Geoffrey Howe  
Aldous Huxley  
Lord Inchcape  
John Maynard Keynes  
Sir Keith Joseph  
Lord Kitchener  
Harold Macmillan  
Jardine Matheson  
Francois Mitterand  
Lord Mountbatten  
Olaf Palme  
Price Waterhouse designate (the cult accountants)  
Prince Rainier  
Cecil Rhodes  
Robert Runcie  
Bertrand Russell  
Jan Smuts  
David Steel  
Ted Turner  
Cyrus Vance  
HG Wells



## **Gee It's Hard To Be Human**

### **The Way Out**

Imagine you are pale and thin. All you see is dirt and shrivelled bodies. You also see other Earth citizens looking for food. Ten years ago, you were self-satisfied, had a nice detached in a leafy suburb, a new 4 X 4, a job in the nearby city working for a large conglomerate. You had a lovely wife and two children that you adored. They are dead now – of starvation – but Covid suspected on the death certificate. There is no death category for starvation so the cult computer naturally defaults to a Covid death. You couldn't feed them. All you have in your possession is a Swiss army knife – that is how you were brought up. It is really useful now to assist with digging for worms since you bite your fingernails.

So, what went wrong? It is then that you realise that all your life you have fed your body with food – but never did you feed your spirit. OK you had loads of orgasms, but that sadly is as close to God most humans get - a moment in time. So one could say that sex has replaced God in the human consciousness. Your soul/spirit is your vehicle for creation. You didn't grow. You didn't look inside yourself. You failed to realise that all the solutions are there in your heart.

All you cared about was your mobile phone, computer games, your plasma TV, your bank balance, the size of your garage to fit the tools that you never worked out how to use and how many seconds it took to get your 4 x 4 up to 60 miles per hour. You were obsessive about keeping your phone up-to-date (whatever that means). It is something to do with apps isn't it? You had forgotten that your mobile phone can be used to make and receive phone calls. You replaced your memory with the mobile phone so when it was stolen so was your memory. You were completely disorientated because your mind had become lazy. You had lost the ability to remember phone numbers.

You are pure creation. You are all that is. You really f----- up, didn't you? I really think your best course is to accept death with dignity, with the accompanying responsibility (can't blame anybody else can we?), reincarnate and give it another go. You might learn something from this experience to help you in the future. You are a conscious being of mind and soul/spirit. You chose not to accept that. You chose to live the illusion presented to you by those that control Earth – the cult. In short you didn't really live a life at all – your life was lived for you by the cult. Your role was purely one of reaction. You did nothing proactive at all, because proactive implies the involvement of your soul/spirit.

I will make no bones about it. I want to rip your insides out with this book. Not in a nasty way. I want you to understand the presence of your emotional self. - this is your soul/spirit – your driving force. I want you to feel it inside you – in your heart. Do the blame exercise – it is fundamental to balancing your mind and soul/spirit towards a specific objective.

This understanding is fundamental to what follows in this chapter.

We are all equal in the eyes of the God-consciousness. We are equal to those who serve the cult. I hope you noticed in the secret covenant that the cult do not wish us to be aware of this. Come on - it is a no-brainer - surely we can run a government better than them? But of course they do not have our interests at heart.

We are all creative. We have the power, whatever our beliefs in a conspiracy, to create a form of

government for the people. Ask yourselves the following questions:-

(1) do you mistrust our current MPs?

(2) will it be better for the people if the people chose their MPs rather than a party HQ? I mean do you think that you would get a better quality MP?

(3) do you feel disenfranchised now because the parties appear the same?

(4) do you feel that it is more sensible for the MPs to choose their leader since they have to work with the new PM? Currently we have to tick a box for a party but not a party leader. We don't know that the new PM will be replaced in a few weeks which could have affected our choice in the election as some vote for the leader and not the party.

(5) do you like the idea of being able to contact parliament on a 24-hour basis to replace the current system whereby you cannot contact the MPs unless you drink at the same club? You can get an appointment at your MP's surgery but it is not possible to contact an MP in another constituency on a matter specific to that MP – I have tried and failed.

(6) do you feel more involved if the PM makes daily announcements rather than a pro(ann)ouncement at a lectern outside Number 10. Personally, I feel that every time I see an MP on TV that time is wasted when they could have been working on the people's behalf. Inevitably the appearances on TV by MPs have a party angle to them – more time wasted. I really don't want to see MPs on TV unless they have something meaningful to contribute.

(7) do you prefer your MPs to have some knowledge of what is happening on this planet?

(8) do you think it is a good idea for the MPs to have research into chosen subjects/countries as their primary role? You would have the consolation of knowing that all the major and minor issues worldwide are being worked on by parliament.

(9) do you think it a good idea for the MPs to have monthly meetings on their specialist subject with other knowledgeable people in attendance? This is a precursor to decision-making on the subject matter.

(10) do you think it is desirable for the MPs to circulate the minutes of their monthly meetings to all the other MPs so that all MPs know what is going on worldwide?

(11) do you want continuity between governments such that there is long-term planning (over 5 years) to replace the current system whereby it is not considered necessary? The parties just blunder their way through to the next election with no regard for the welfare of the people.

(12) do you think it would be a good idea for the current MPs to have at least a five-year break from parliament under a new system of independents if the people decided to take this option? These people will have had a very tough 5 years under the influence of the cult.

(13) do you feel that email voting to the PM on a prospective act will be a useful time-saving device? It might not be time-saving for an MP because they could have to read a lot of detail. But at least the MPs would know what they are voting for rather than what the party whips tell them - they will not become lazy. So all 650 MPs will have seen all the pending legislation and will vote as their hearts tell them.

If you got a lot of yesses then you really do need a new style of parliament quickly - in place before the 2024 election.

So how do you do it? The first thing is to be attracted to the idea of this style of parliament which is not driven by anybody in particular. It is energy driven.

The second thing is to read the above 13 points again and engage your emotions. As you read each question register how you feel in your heart. Do you perceive a change descend upon you?

If you gave a lot of yesses to the above questions then try the blame culture exercise and tell yourself that is your fault the country has political parties. Do it for 5 to 10 minutes – really get your emotions into a lather – it really is your fault! After you have finished then just forget about it - release your thoughts into the universe so to speak. Your mind and emotions are now charged up which will release your creativity on this particular subject when it is needed in the future.

You cannot be free unless you take responsibility for your personal life. Your country cannot be free unless the citizens take responsibility for how their parliament is run.

Your mind and emotions are balanced with regard to removal of political parties, so start sounding out your friends and relatives , get involved in conversations about a new form for parliament without the words “government” and “politics” being used. Most voters are apathetic about politics for very good reasons - non-performance of the politicians, negligence and breach of their unwritten contract with the people. I won't mention treason. Apathy plays into the hands of the cult so it is vital that people snap out of their malaise now so that they are energised enough to petition for a referendum on abolition of the party system, or better still to get the current parliament or the King to abolish them before the 2024 election because they KNOW they are not acting in the people's interests – parliament is full of weasel words - all their actions are against us. All parties are corrupted by the cult, so a vote for any of them is meaningless – right now we do not have a party system anyway.

There may come to pass a new party who promises a referendum on abolition of political parties, in which case, they have got my vote. You probably have realised that even though I am trying to change the way parliament is operated, I don't know the legal way to remove the parties! They just seem to have evolved over the years from the 1700s. We may have to reach a consensus between the people, the King and the current members of parliament. This may sound ridiculous but many momentous events will be revealed over the next two years which could lead to such a consensus.

I cannot see any advantage in having political parties at all. I would be grateful if a reader could tell me one. **YOU CANNOT CHANGE ANYTHING IN THIS COUNTRY UNLESS YOU CHANGE THINGS AT THE TOP.**

I want us to experience a massive orgasm so that, afterwards, we will be relaxed and cool enough to run OUR country.

Follow your heart. Believe in yourselves. Good luck.



## Gee it's Hard To Be Human

### Classify

This is a sketch to demonstrate that even the “elite” can be redeemed.

I will try to avoid reference to sex, so the pronouns will be left kept to a minimum to avoid legal challenges. The characters that have been created, at no cost to me (apart from coffee, a small portion of milk and copious cigarettes), are called hitter and receiver.

The receiver had been classified yesterday, which was a Friday. The receiver was passing along Threadneedle Street, or was it Lombard. The receiver is approached by a human of unspecified dress code and called a rich -----, -----, -----, -----, ----- . And a ----- -----.

OK. The rich was a dead give-away but how could the human deduce from my suit, which was made by the finest Malaysian silk supplier north of Hastings at a cost north of £15,000, deduce, with such intimate detail, all my sexual habits. The suit shimmered in the early morning sunshine. Maybe this is what prompted the outburst.

The rest of the day passed without incident for the receiver. On Saturday, at 11.30am in an unknown location in an even more unknown town, a bell rings and the receiver enters a shop.

Hitter: “don't want your sort in here!”

The receiver is prudent and cautious. After yesterday's episode even more so. So, being methodical, tries to rationalise what caused the hitter's comment. It must be the clothing, surely. The receiver thinks:-

On my head, I am wearing a massive black conical hat which the junk shop owner assured me was worn by Merlin (I thought it was a bird). Apparently Merlin was a well-known wizard of hazy origins and I got a potted history of a gentleman known as King Arthur who lived in a palace called Camelot (funny name). One careful owner - a Mr. Alastair Crowley. Why is he telling me all these things? I think this is about price isn't it? £25 to you sir. How does he know I was knighted in the New Year's Honours List? I have incredible self-control which kicked in instantaneously. My heart is screaming “you want me to pay £25 for that shabby hat with holes fore and aft”. My mind is calm and ignores my heart. My mind registers a slight demurrer – ever so subtle – but deliberately enough to be noticed by another party, a junk shop owner, for instance. A score. Yes, I know what a score is? 1, 2, 3 ----- 20! I got it!

Now I am experiencing internal strife, because my heart is saying “I wouldn't pay more than a fiver for that” and my mind is considering the options. My annual clothing bill is nigh on a million pounds. This gentleman in front of me has a Gross Domestic Product inferior to mine. My outward appearance and demeanour is completely controlled by my mind as is, my heart. My bete noire is being accused of hypocrisy. The fear wins through and I part with a £20 note.

My mauve brushed velvet jacket has a bit of a story to it. My great friend, Otto, is a Prussian. He is a member of a dynasty whose sense of importance stretches back to the time of Attila the Hun, the conqueror of Rome. That's what he calls the Germans – huns. His second name is Burg.

Imagine my astonishment when Otto offered me an invitation to a celebration of “burgness” which is being held in a schloss in which he was brought up. He wanted me, a close friend, to see the place of his childhood. I am extremely flattered by the invitation but I regret I cannot attend as I am not a “burg”. That is very noble. You must come as my accountant. I am already your accountant. I know. The “burgs” have many discussions to argue the importance of “burgs” or money - many times this is a draw. Please come. Beancounters are always welcome. OK. Otto, I will be honoured to attend. Wonderful. Oh, it is fancy dress. For the whole week! Yipp!

I decided to go as a theme colour since my imagination is so limited. Mauve. I considered this a sensible move since I could wash my clothes and wear different outfits. Those who go as harlequins, European bears or large rodents must have clothes that stink at the end of the week. Better to be flexible.

This was unquestionably the second best week of my life, second only to my first when my mother decided to release me. I could finally breathe without choking on the placental fluids. That is when I did relief! The wine was superb, the women amazing, food incredibly cooked and views all around were awe-inspiring. It was my first orgy. I had an irrational fear of orgies in childhood because of my massive malformed big toe on my right foot. I think this arose due to my pre-birth experience described above - kicking my mother! Boy did I overcome my fear of orgies. I had one – and the ladies kissed my big toe! Second helpings and ----- . The “burgs” had a very mature approach to orgies. They never had orgies after the evening meal because most of the blood in the body is retained in the stomach for digestion, whereas, in the mornings and afternoons, the blood flows to

the malformed big toe on the right foot. I gained a deep insight in debauchery and depravity and many other words starting with de-, which I also thoroughly enjoyed. I am ashamed to say, when they appear in my life, I am attracted to them. I even thought of changing my name to Smithburg. I know, silly. isn't it?

The “Hells Angels” T-shirt. I went for three weeks to the USA (Los Angeles) and enjoyed myself to a degree, but quite frankly, it really didn't measure up to my stay in the schloss. I thought to myself. What words epitomise the USA to me? Immediately they sprang to me, Sweat and Show-off. What American people epitomise this best? Hell's Angels. I followed their schedules for “away-days” and in the last week of my visit they were “away” in Los Angeles, can you believe? I hatched a plan. I have always had a craving to commit theft outside my working environment. Sorry, I haven't told you that I am the senior partner of a firm of chartered accountants situated in the city of London. Almost exclusively, my clients' names end with “schild”.

People don't know this. If people did know they didn't tell. The Hell's Angels were in fact respectable businessmen who invented a system whereby they could behave appallingly enough, on “special” occasions, so as not to disturb their marriage, the sensitivity of their children, the progress of the latest loan application and the general air of respectability attached to them. So they called these occasions “away days.” These people really are respectable. They are not “burgs” or “schilds.” Most people just don't understand how hard it is to be respectable – day in – day out – always respectable. Because most people aren't respectable. They may be respected for a certain action but there is no pressure to be respectable for a whole lifetime. Most people behave badly in private - they have no pretensions about being respectable. Every day these people get up from their respectable beds to pass each day worthy of respect. The pressure is incalculable. Something has to blow. And it does. Hence the Hells Angels.

On “away-days” they would take oodles of cash with them to pay off people who demurred at their behaviour. Conspicuous disbursements of cash were accompanied by “Shut the fuck up”. And

“Shut the fuck up” they did – they could buy a new truck with that! These were respectable people who, in order to maintain their cloak of respectability, were deliberately acting out of character. The more they acted out of character, then the easier it is for them to be respectable people when they return, because of the greater emotional release due to the pressure discharged, which built up steadily in their daily lives. The Hell's Angels describe it as “balancing” in the bar afterwards.

Back to my act of common theft. After the “away-day” they would have a changing room to exchange the leathers for suits which they wore in the bar next door. I snuck into the changing room, while they were drinking, and purloined a sweaty T-shirt. I got such an ethereal glow stealing a shirt - ignoring all the outrageous frauds I had committed at work. I felt like a kid taking a sweet!

This pressure release is seen in the mining community when the miners, who have been filthy all week, scrub up, dress up in suits on Friday night and get plastered.

My T-shirt has not been washed to keep its originality. It is also too small so I am embarrassed to show a band of skin beneath it. I am wearing my mauve jacket to cover the sweat stains.

Underneath the T-shirt I am wearing bright yellow corduroy trousers. These were a birthday gift from my mother to my father. My mother is dead now. She died within a minute and a half of donating the present in a massive pool of blood. This is not a sight for an eight-year old child, so I ran outside into the garden, shedding torrents of tears, and hid behind a tree. About 5 minutes later, my father storms out of the house and dumps the yellow corduroy trousers into the rubbish bin. I had to have those trousers to remind me of my mother. After the police have disposed of my father I rush to the bin, snatch the yellow corduroys, and hide them in my bedroom. I dare not talk about the next ten years of my life until I reached the age of eighteen. Some stories are best left untold. But I kept the trousers.

My father was a brutal man who beat my mother on countless occasions. I think of this event every day of my life - it is so blindingly vivid. I often wonder whether my mother committed suicide. She always wore yellow clothes - even yellow pyjamas! Yellow is worn by people that need reassurance. Red signifies, amongst other things, passion and rage, which were my father's key “assets”. He always wore red – bright red! To make a gift to him, of the colour yellow, was like a red rag to a bull! I think, in her subconscious, she knew. She had just had enough – the only upside being that my father spent the rest of his life in prison.

On my feet, I wore brown brogues. I was in the shop, agreeing the purchase, for £2,000, or so I thought. I always pay cash for everything. Especially for small bribes. I had just over £2,000 in my pocket so I handed £2,000 over to the shop assistant who was packing the shoes. The shop assistant states “that is not enough – I need £4,000.” “The label on the left shoe said £2,000.” “yes but the label on the right shoe also said £2,000 – you want both don't you, sir?” The use of the word “sir” really went to my core. What word did I think of first? Hypocrisy. Fortunately I had remembered that I had an unused credit card which I carried in my wallet in case of emergencies.

Immediately after I returned home with the shoes I paid off the card on the phone. I told myself on my first day of freedom, my eighteenth birthday, that I would never, never, never, ever owe any money to anybody for more than one day! I kept to that, didn't I?

The last item of clothing is my Strelnikov glasses. I will explain. My favourite film is Dr. Zhivago because of the range of emotions evoked in the film. This may sound paradoxical since I am virtually devoid of emotions. I can experience enjoyment especially when it coincides with words commencing with de-, when my enjoyment heightens considerably. Is it an emotion? My mind assists my spirit throughout the film. See that expression – that is love. That sneer – that is

contempt. Bit of envy there, well acted. Look at the compassion on that girl's face. My abiding impression of the whole film was the shot of Strelnikov in the train. It encapsulated to me, as a 20 year-old, pure and unadulterated power. I saw the film about 20 times after that. This was the missing element to my life. I had already decided that I would live a corrupt, greedy life and become rich. Even at my young age, I had seen a lot of corruption and greed – and it worked for the greedy and corrupt – they were successful and rich.

The director, David Lean, was very clever in building up a culture of fear about Strelnikov. Earlier his name must have been mentioned about three times followed by actors scuttling into corners with the rats. Then I see him on the screen, in that train with a red frontage for danger, that immaculate uniform, that stern expression and those glasses. I just have to own those glasses.

So many years later, I went to Madrid where most of the filming took place. I figured that there must be a place where all the props for the film were stored. I had no luck with my phone calls before I left London. I was told that most, but not all, props were given away or sold, or they were hired. I knew that the train sequences were filmed in Finland but, even though Strelnikov wore glasses in the train scene, he appeared in other scenes as well. Madrid was a disappointment. So I went to Joensuu in East Finland, with a low heart. It looked as if it had a population of about 70,000 so I tried to find an older district. After about fifteen minutes of walking I approached a shop with a sign that caught my eye “new stock of old books on banking fraud.” Is this a sign? I entered the shop with an old hag, a witch maybe, behind the counter. I enquired about whether she had the pair of glasses that Tom Courtenay wore in Dr Zhivago. Ummm. Let me see. Follow me. We went to a shelf at the back left side of the shop and there they were amongst other glasses - third from the left!

Let me explain to you about a Giffen good in economics. The emotional value to the recipient of a Giffen good is directly in proportion to its purchase price. Think of diamonds. This is my Giffen good. The hag kicked off at 10,000 US, 20,000, 30,000, 40,000, 45,000, 50,000, 52,396. I can't go further than US 50,000. I need to get home. It is a Giffen good isn't it sir? Well, yes. Cash or card? So I gave her a wad of 100s. She counted them carefully before we parted.

( Author's note: the hag went to a drawer behind her counter filled with Strelnikov glasses and filled the gap recently created in the shop. She sold one a month.)

I am wearing an old black conical hat, a brushed velvet mauve jacket, a “Hells Angels” T-shirt, bright yellow corduroy trousers, brown brogue shoes and, what to an outsider, would look like an old version of National Health Service specs. God, how I tried this morning not be classified! That episode yesterday affected me emotionally much more than I could have imagined at the time.

Now I am classified again in an unpleasant manner. I am not used to this. I cannot work this out. Is it a combination of clothes? I have completely lost track of time. I checked my watch. It is 11.50am. For 20 minutes I have been wrapped in my thoughts with no awareness of my surroundings. I look around me. I am in a women's clothing shop and there is a young lady staring at me in a mixture of awe, intense concentration and something else – yes – pent-up excitement.

Hitter: “I apologise for what I said. I am eighteen years old. This is the end of my first week's work in my first job. The owner of this shop told me to bar customers who wear their heart on their sleeves, since, in her estimation, these people are trouble. You walk in, clothed in all your emotions, not just on your sleeve. All over your body! You are wearing your emotions!”

Receiver: “oh my God! It is not the clothes! I have picked clothing that all have a strong emotional connection to me. I had a bad experience yesterday when I was classified in my shimmering silk

suit, which was partly my fault, but it affected me deeply. I was desperate not to be classified again. Then you classified me as a “sort”. This is the worst type of classify since the receiver is unaware of his “sort”. You didn't say that men were not allowed in this shop which would have removed doubt from me.”

Hitter: “the shop was quiet and I was watching you go up and down the street in a defiant manner at the people that passed by. I understand that now. You were defying them to classify you. I was split into two parts. One I was praying that you would come into this shop and two that you wouldn't, so I wouldn't have to bar you based upon the shop owner's orders. So when you entered, I panicked as it is my first week at work. I apologise again.”

Receiver: “apology accepted.”

Hitter: “my name is Moira. I am Irish. I have got an A grade in my 'A' Level - learning about “Understanding Emotions.” I was best in my class. I am very insightful as I am told by the Irish men who follow me around while applying to arrange a bedroom appointment. They even respect me for the ways that I escape their clutches. I feel that I have a mission in this life. If I worked until I am 100 years old, I doubt very much if I will witness an emotional mess such as you.”

Receiver: “you have great insight. My name is Walter Smithburg. Burg is spelt with an 'u'.”

Hitter: “I would be amazed if you didn't have a huge spiritual awakening shortly. This is because your mind has shut off your heart, your emotional centre, due to some traumatic event in your past. Your mind has entirely dominated your emotions throughout your life. Your emotions, ruled by your spirit or soul, are screaming for their freedom. Your subconscious mind is aware of this. This is now being conveyed to your conscious mind. We all must aim for a balance between our mind and emotions. Your “balance”, to say the least, is one-sided.”

Receiver: “you are absolutely right. I am beginning to think that I was guided to this shop.”

Hitter: “I feel that too. Could be your subconscious or out of body spirits.”

Receiver: “do you think you could help me? If so, how much will you charge me?”

Hitter: “I want to live my life dealing with imbalances between the mind and emotions. This is the watershed moment of my life – at eighteen years old! If I can help you – I can help anybody! I cannot charge you a fee. I leave it to you to decide what it is worth to you.”

Receiver: “point taken and I appreciate your bluntness. OK. I accept your terms. How will I know when it is finished.”

Hitter: “you will know when, but you will need some help to understand the spiritual awakening, which is inevitable in your case. I did my thesis in the last year on spiritual awakenings. You will experience large energy changes in your body.”

Receiver: “OK. So where do we go from here?”

Hitter: “I finish at 3pm today. Meet me outside this shop then and we will go to a cafe to decide where we have our meetings. Oh, don't forget to come dressed casual.”

Receiver: (laughing out loud) “I have suddenly realised that I can't remember when I last laughed. If I wear this to the cafe – then you will be classified.”

Hitter: “precisely. Smirks, smiles, grins and laughter are in your future.”

Receiver: “ see you at 3.”

Receiver exits the shop.

Eight years later:-

The receiver sold his share of his partnership and bought a timber lodge in the foothills of the Rocky Mountains. He was on friendly terms with all the residents, who classified him as a loner since he lived by himself, but he didn't care because he knew the truth – he was living WITH himself for the first time in his life. Many times, he climbed a mountain and breathed a sigh of relief – that was the unquestionably the best deal I have ever done - only a million pounds for this – a steal. The birds of prey swooping from the skies, the gracefulness of the deer, the sound of the bird life and the sound of chipmunks gnawing at his packed lunch. No “schilds” or “burgs” to be seen. He reverted to his former name – Walter Smith. His neighbours can hear him playing his violin endlessly for hours. This is his greatest joy. He is close to joining the local orchestra – at the age of 66.

The hitter bought a “vaccine” warehouse on the cheap, since it was discovered that the “vaccines” had an identity crisis – they were not vaccines at all - they were poisons. Walter Smith would have been proud of her. This was the first recorded transaction worldwide, for over three years, whereby a bargain had been made buying from a Big Pharma company! She, God bless, has lost count of the number of her employees. She converted the warehouse into a harmonisation centre sufficient to service the 100,000 constituents. She charges for voluntary harmonisations but the rest of her turnover emanates from parliament on a piecework basis – from teachers, schoolchildren, referrals from social workers, the police, the prison system and the courts – to name but a few. There are three rooms set aside for “voluntary” harmonisations whereby those in the queue outside can pair up to try to save the fee by doing harmonisations on each other! Moira doesn't care. Moira has evolved a technique to zip down the time line of an individual without hypnosis at great speed. She is teaching the psychos in her employment using this method. It really does not take long to train a psycho, considering the zeitgeist, as the “patients” are bubbling up like Walter Smith. They want to improve the quality of their life and can fully see the virtue of harmonisation towards this end.

It is heard that many married couples are conducting face-to-face private sessions between themselves. This involves them “slagging each other off” for about half an hour. They said that sex was fantastic afterwards with all these emotions flashing through them. None of them has revealed the Kama Sutra positions they used! This is a similar approach to Blame Culture in order to excite the emotions.

Classification applies when somebody says “I am just a nurse.” The word “just” is appalling and very limiting – self classify. It implies self-pity. It is classification of oneself through and through. “I am a nurse” could imply that, because of my salary, I occupy a relatively low position in society. Sure, but one could say “ I have unlimited potential, my day job is that of a nurse, I am on this planet to learn and I aspire to understand more about myself.” Doesn't that feel better emotionally? Effectively by saying “ I am just a nurse” one is blocking oneself off from the process of internal enquiry. Self-demeaning comments limit oneself.

When you search inside yourself it is fundamentally important that you observe the interaction between your thoughts and emotions. When you do this, your within will gradually become your

without. The internal query will change your perception of yourself - necessarily your reality will change since your perception of the world becomes your reality. This will affect your outward expression and your feedback that you receive from others. We all dictate our own feedback. If what you give out is “miserable sod” then others will treat you as such. So you say, “but I am not a miserable sod! Why are they treating me like this?” This is just the time to do internal enquiry. Observe the words you use, how you feel about yourself during the day. You may discover that you are using expressions such “it's only me” and “I am just a ---- “ and that you generally think the worst of people and of yourself. You always anticipate the worst of outcomes in your life. By a simple act of observing your feedback you are able to make the necessary adjustments to your inner self without the need to see a psycho because you have the answer and the question in your conscious mind. The psychos can help, of course, but these are likely to be only on matters when your subconscious mind is holding back emotional data (trauma maybe) which it will not release until the conscious mind is ready to receive it.

In the chapter on “Getting in Touch with Oneself” I had a fundamental disconnect, between the feedback I was receiving, contempt, and what I thought I was giving out, thereby prompting me to go into a week of vigorous self-enquiry, after which my spiritual awakening commenced.

Classifying other people can lead to missed opportunities in the learning process. We are here to learn to enrich our lives where knowledge is subservient to self-understanding. So if we classify others say, based upon their sex, religion, colour, political persuasion or anything else, then we could deny ourselves the opportunity to learn.

Somebody around you may call themselves a Marxist. Your classify says avoid him. Your Interrogator says approach him – I am curious. So you ask if he has read Karl Marx since you have a vague interest in politics. He says no. Further enquiry elicits that he is not really a Marxist at all but he attends violent demonstrations with some people who have read Karl Marx. So he has attached a label to himself thereby classifying himself as something he is clearly not. He does not habitually follow the teachings of Karl Marx. He is not a Marxist. He is in fact a bully and a weak person who, to give some meaning to his life, has attached himself to a group.

The conversation could go another way. He says he is not really a Marxist but he is unhappy with the democratic system. He read Karl Marx, found it stimulating as he propounded some good ideas. So six pints later the barman says “last orders please.” You go home with your curiosity satisfied and you may have found a friend.

He is an alcoholic. He therefore suffers from alcoholism. This implies that he habitually takes alcohol and is not a binge drinker, which is OK apparently nowadays. He is classified and not worthy of making contact with. But a war correspondent who is writing about the Iraq war could have missed an opportunity because that alcoholic, who he did not give money to, witnessed three of his mates blown to pieces in Iraq, right in front of him. He cannot erase that image from his mind. He has received little help from the state. So he has drifted and found that alcohol gives him some relief, even though alcohol in the long-term, is a depressant. He is a conscious being comprised of mind and soul – just like us. He has a story to tell which the war correspondent wasn't aware enough to spot. If one proceeds through life by bracketing or classifying people to avoid – then one restricts oneself and one's capacity to learn – so gradually one can become a recluse and cease learning. We are here to learn. Learning does not stop when one leaves school at sixteen or eighteen. Be curious about things that happen around you and this will enlighten your mind. The Interrogator within you will find the answers.

I hope you get my drift.





## **Gee It's Hard To Be Human**

### **Closing paragraphs**

What we, the people of this planet, need to realise is that the cult, through their evil actions, are giving the world's population a perfect opportunity to be free. Freedom is not a human right. Freedom has to be earned. It is the responsibility of the citizens of each country on this planet to expose the crimes committed by their governments if they wish to be free. They may not wish to be free. They may prefer all their decision-making to be performed by their corrupt government such that their personalities will gradually disappear, as will their ownership of their house, land, excess cash, other assets and their ability to choose. The final destination for those who do not wish to be free is complete enslavement with no self-determination at all. If the majority choose this course of inaction then they doom those who wish to be free to the same fate.

This is a harsh outcome for laziness. I recommend to these people, if they are interested in the truth, that they do as much as they can to avoid MSM (newspapers and TV news), go on-line for news if they can, or spend time in silence to reflect upon what they have learnt over the last 3 years – look for red flags. It is futile cancelling all their friends and family members for their views when all they have is their version of the truth that is an illusion created by the MSM and the government which are controlled by the cult, as stated in the secret covenant. I ask them to look inside their hearts for the truth about what is occurring on this planet because they certainly will not find it from MSM etc.

Why have all their friends and relatives suddenly gone mad at this particular point in time? This is the question that needs answering. Think critically about this. Do not reject anything out of hand, however outrageous it may seem. They have already read the secret covenant - outrageous is the norm! There are cult puppets everywhere in all walks of life - government, health service, civil service, legal system, schools, universities, police, world of science, local authorities and large companies to name but a few. These puppets are all effectively serving the cult, whether through direct adherence to the cult or a fear of doing something different from the “main cult narrative”. These people who accept their truth from the MSM are effectively serving the cult because they fear the truth. In their hearts they know what is true but they are too fearful or lazy to do the search for the truth. In their current state of awareness they are cult puppets because they are doing nothing as a result of living in fear. In my own search for the truth, which is lifelong, I have noted that the more truth that I discover and verify, the more fears leave my consciousness. It is a nice feeling so a search for the truth is recommended. Things appear transparent. This is a nice feeling too. So why not start your search for truths now?

I cannot accept an unwillingness to acknowledge that one has been conned by the government and MSM as an excuse not to search for the truth because the illusion presented by the cult is so vast (their words) that we have all been conned at some time or other – including me. The secret covenant has been around a long time and its followers have been deceiving us since its origination. The polarisation of the views in our communities has peaked in the last three years because the cult decided to move towards total enslavement of humanity at the start of 2020. There are so many things happening simultaneously in order to create confusion in our minds. To make us weak. All planned by the cult.

I will proceed on the assumption that everybody wishes to be free. My book is aimed at 7.4 billion people - all in different states of awareness. I have therefore concentrated on subjects that are

common to us all. The adherents to the satanic secret covenant will be defeated as their actions and motivations become more exposed. They are becoming too greedy. One thing is for certain is that these people serving the satanic cult will not give up. They will continue destroying our spirits, our cash reserves, our countries and our health – until..... we stop them. The PM is hardly going to announce “we are terribly sorry for what we have done” - the only outcome being punishment for the crimes of the cult and their puppets. There is too much at stake for the cult puppets to concede because of the extent of the damage they have already caused – so they will continue doing further damage. The more threatened they feel, the more ridiculous will be their behaviour. The more people that are in possession of the truth and say “I am not doing that” then the respect for the government and the parties the MPs represent will disappear. The search for the truth is fundamental because more people will be aware. It will help to reduce the chaos that the cult has left behind and will accelerate the removal of the control of the cult.

I suspect that many of you who have read this book are thinking that my ideas are unworkable now. I agree with you. My favourite German word is “zeitgeist.” Oh, I like “schweinhund” as well! Zeitgeist means “spirit of the age.” When the whole population become aware of all the cons that have been perpetrated over many years against them, isn't it reasonable to assume that there will be a considerable change in the zeitgeist from now? People will be very angry - with the cult and themselves. There will be “headless chickens syndrome.” Where do we go from here? Which is why I have written this book with my suggestions. The cult have a covenant so why shouldn't the people have one too. Let us call it the people's covenant.

I may be accused of being an idealist. I will of course refute this since I am being classified. I hate “isms” and “ists.” I will be accused of being an idealist since the people that accuse me of this will consider my suggestions unworkable now – which I have just admitted is true. But, I suggest, considering the sheer volume of revelations that will appear on “freedom/truth sites” on-line over the next two to three years, a critical mass of people will be aware and they will be acutely cognisant of the demise of the country and it's citizens and the immediate need for change. We, the citizens, need the assistance of these aware people to sort out this carnage created by the cult. Some of these revelations may even be reported by MSM outlets. Then we know that change is imminent since nobody wants to be on a losing side, including the MSM. Large companies may even reduce their crazy prices. Only joking!

My suggestions throughout this book are based upon the basic truth that humans are conscious beings comprised of mind and soul/spirit. This I consider a fundamental approach to how we see ourselves and others. Although this book is stuffed full of ideals, I consider them attainable when the zeitgeist is right. Nowt wrong with ideals is there? Don't we always seek an ideal when problem-solving? I do. Ok - I am an idealist “schweinhund!”

Let us scroll back to Sathya Sai Baba. He said everything is down to a combination of will and imagination. You have just read my book. Can you imagine a society run as I have described? Can you feel it working? Imagine you are standing on a planet of dirt – that is all there is. You are pure creation. We are not talking about re-form, re-pair, re-invent, because they are spring cleaning. You cannot apply the prefix “re-” to what did not exist. Would you pursue a similar course to me? If you do now, then I would be surprised. If you don't in two to three year's time, then I would also be surprised. This, I suppose, makes me two to three years ahead of my time.

Ok, you have applied your imagination to my book and it's suggestions and you can see where I am coming from. You can see it working. Do you see the freedom it creates in the individual and all facets of our community? Do you have the will to make it happen? No! Fuck off, you pansy! Of course you will make it happen, sweethearts. The correct answer was, of course, yes!

So you are in full awareness of the dirt around us and the need for change. You make a subtle change in your spelling. You change demoncracy to democracy. We have done the first one - what about the second? Why not try this? Having imagined it, you will have a system whereby parliament is conducted by individuals that are more aware than most of the electorate. The voters must feel in their hearts that the person that they have voted for cares about the country – this is of course fundamental as the hearts of the MPs must be in the right place. They must be encumbered by nothing more than their own conscience.

Compare this to the days of pre-dirt. The cult controlled and invented the EU. The EU had MPs which were not elected by the electors of the constituent countries. Well - I have never been asked to vote for a Euro-MP. The EU had leaders who were also not elected by voters of the constituent countries. The constituent countries had political parties in their governments. As explained earlier in this book, the only purpose of a political party is power over people in order to inflict (yes, I think that is the right word) their agenda upon them. The political party, through funding or otherwise, because of its love of power, is particularly vulnerable to the tap on the shoulder and “I know you love power, we are more powerful than you. If you do as we say, then will you accept cookies from us in return? Cookies. Wow! Great! I can't wait to inform the electorate.” This is how all the political parties in the constituent countries became controlled by the cult, apart from blackmail, coercion, bribery et al – anything with a liberal dose of fear. Not so easy with 650 independent individuals is it?

So, the EU was controlled by the cult, its leaders were appointed by the cult, the Euro-MPs were appointed by political parties of the constituent countries which were also controlled by the cult. In the constituent countries, all the political parties were controlled by the cult, so it mattered not which party the voters chose, the policies that the government implemented was just the same. On a personal level, I noticed no difference between the Blair government and the Cameron government – but they represented different parties! The same happened in 2020, 2021, 2022 and 2023 in the UK where the Labour party supported all the Conservative policies that were offered to a parliamentary vote. In the history of politics, I cannot think of an opposition party that had so much ammunition to use against a ruling party. But, strangely, no shot was fired! If this isn't a red flag, I don't know what is! There is a missing link. Yes. The cult!

So in summary, from 2020 to 2023, there was no difference between the Conservative and the Labour party. The smaller parties haven't squeaked either. Let us consider the position of a voter and an MP in the days of pre-dirt. Firstly the MP. Let us presume that the MP is a person of conscience who wishes to change things in this country. Initially they have to sell their soul to a political party because nobody is going to vote for them without a political label. They are beholden to the party for the enhancement of their financial position and/or societal status. Well, they are not going to change anything are they? One needs soul/spirit to change one's environment. Secondly the voter. They have to vote for the MP! This is DEMONCRACY – run by demons to control us – the “less than insects”.

In 2023, the cult are continuing to destroy the Conservative party, ready for the final curtain call, the Labour party. Are we stupid enough to fall for that one! Have we learnt nothing from the last 100 years! The flip-over vote – for a 100 years all we have had is a Labour or a Conservative government. No - we have to do much better than that.

In 2023, there is no party system, since they are all controlled by the cult. There is no right or left. I watched him for ages “he leant to the left, then he leant to the right, he leant to the left, he leant to the right, then he collapsed into the dirt – unconscious.” It was then that I realised that the system was drunk. We are all controlled by the cult. There is a tendency for the cult to manifest to a greater degree through the left than through the right because Conservatives and Republicans are generally

resistant to change – for change's sake. The enslavement of humanity – change doesn't get worse than that!

Let us examine my understanding of DEMOCRACY. The formation of a political party is merely a solidification of a pressure group. My suggestion involves a 24-hour phone line to parliament so if one has that urge to form a pressure group, then parliament is only a phone call away. If one thousand people phone the one-vote lines on the same subject, then the PM will communicate this to the electorate the following day on Postboard by referring to the matter with a status report. There is no need for a riot or the formation of a political party which implies a simmering resentment. The system is based upon trust - a new concept! It is set up so that simmering will be unnecessary. Each MP was elected because they were trusted by the electorate. If the MP fails their voters then whose fault is it? The electorate!

Politics and government I foresee as redundant words. My suggestion is a 24-hour interactive system between parliament and the electorate, sharing knowledge and wisdom, to make this country a happier place to be. There is no distance between parliament and electorate, as there was in the past. A common aim is shared by all – happiness of a nation based upon mutual respect.

Initially, as a country, the UK has to become introverted. It has to solve its own problems first, before slowly reaching out to other countries. It must accept no more immigrants until it has sorted itself out. Yes – a country can be like an individual. But it requires a lot of interaction between the citizens (including the MPs) before this can happen. The country needs to understand itself before opening the foreign office because we have so many “foreigners” in this country- so why start booking flights? By “foreigners” I mean those that have been mercilessly submitted to “mind-control” techniques by our government and, as a result, feel “foreign” to themselves let alone in their interactions with other citizens. We have to concentrate on healing ourselves before criticising other societies - sadly one of our strengths! Our national flag is we are alright Jack! What Union? We are approaching the end of a very sick era of complacency in this country. It is time we got up off our arses. If we don't do it now then there will be no humanity, no flora, no fauna, no insect life – all of which we depend on for our survival. That is it – in a nutshell!

So who is driving this new form of parliament? That is a really good question! I will do my best to answer it. We all are! What! How can that be? It can only be if we want it to be. Each individual decides what matters to each of them at a particular time. This is an essential truth. The national consciousness will be in a continual state of flux based upon the sum of the individual consciousnesses of the citizens (including MPs). An individual's state of consciousness changes many times in a day and so does the national consciousness. Change is therefore considered as a constant because it is based on an underlying truth. It is the task of each individual to work on their self-respect. They will be unable to respect others if they are in a state of low self-esteem. Respect underlies the success of this new style of parliament in the ruthless pursuit of happiness. I have mentioned a number of ways whereby people can improve their self-knowledge and I hope the readers derive some benefit. The citizens will be drivers through the 24-hour phone lines.

The primary work of the new MPs is the research into the subjects they have chosen with the boss of Postboard, who also is in charge of the one-vote line operators. They meet monthly and are likely to be in constant contact with other members of their group. They are drivers. Once the research group has reached a conclusion then they will submit their report to Upping Street for the PM to decide upon the next course of action, which could be a parliamentary debate, acceptance of the MPs' proposal subject to a Treasury approval, cabinet discussion, an announcement on Postboard et al. The PM, if happy, could then approve a draft act to circulate to the MPs' emails for voting. The “experts” who attend the monthly meetings with the MPs are also drivers since the weight of their knowledge and arguments could be instrumental for the MPs arriving at a decision.

The PM has to be like a sponge since the MPs are working on so many different subjects and geographical locations. The PM has to have an overview. I would not necessarily describe the new PM as a leader since the new system does not require one, but if a particular group of MPs are dragging their heels then there must be somebody there to point this out to them! The PM is a driver.

The PM appoints a cabinet of 12, independent of their sexuality. These people will be chosen for their wisdom, balance and flexibility. These I accept, are words completely unfamiliar to the past world of politics. I like these words. Wisdom implies grey hairs so there is no need to have a phobia about these since one is now considered wise! Fair trade-off wouldn't you say? It also implies that one has experienced many things in one's life without which, of course, wisdom would have been impossible. Flexibility is a word I have hardly mentioned. Flexibility is power. Not knowledge. Flexibility is an ability which is very difficult to define but certainly includes the wherewithal to acquire a certain knowledge when required. People who have both wisdom and flexibility will make balanced decisions. I know that we cannot please everybody all of the time, but so do the citizens. So long as a parliament is making balanced decisions then happiness should ensue.

One weakness of democracies is the state of mind of the PM. Hubris can result. The wise members of the Cabinet are there partly to ensure this doesn't occur. They are aware that the PM is their leader but they do not perceive the PM as such. They perceive the PM as performing the role of leader at a higher salary than them, who has been chosen by the MPs. As Shakespeare said "all the world is a stage." I understand it now. Sixty seven million players are there in front of the audience waiting for the applause at the end.

In the old days of politics the cabinet members were also department heads who were on higher salaries than most of the MPs. That is all they were. The role they occupied had little relevance to their inherent ability and knowledge. Their stay was generally as long as a fly on the wall when approached by a human with a rolled up newspaper. The length of stay of what used to be called a minister was determined by the HQ of the ruling party in collusion (yeah, I think that is cool) with the PM. Power again. Nothing to do with the happiness of the electorate – in fact nothing whatsoever to do with the electorate. It is as if the electorate are the audience and the MPs are the actors in a play, but the audience are unaware that the actors are in fact playing with the lives of the audience. Shakespeare did write a lot of tragedies though - but not "All Swell That Ends Swell."

It is somewhat problematic having a minister in charge of Health under the new system when there could be four groups of ten MPs working on different facets of the health of our citizens. Previously they were no more than a nominal party appointee.

I see the role of the Cabinet as a discussion chamber to pull together, with the PM, information coming in from the MPs' research, one-vote lines, national and world events. I don't think we need emergency Cobra meetings because these people are cool. The cabinet are drivers.

The local councils will have one-vote lines too so there will be drivers there. The large corporations will have "a suggestions line". This will be required by law for use by their staff, customers, and anybody else who cares to ring. The telephonist will be required to attend the phone between the hours of 9am to 5pm with one hour for lunch when an AI will take over. No skiving - Ok! So don't bother to phone with your suggestion between 1pm and 2pm because AIs are crap. Anybody had a laugh with an AI? Not even a flirty one!

I have suddenly noticed that this could be the first time in this book that I have mentioned the word "law". I have referred to it in relation to enforcing large corporations to respect the sixty seven

million people in the country the corporation inhabits. I am fine with that. My observation would imply that laws are not that important in a society where the population has self-respect and respect for others. I have already discussed the crime of disrespect.

I hope that I have adequately answered the question about who is driving the new parliamentary system. I have explained quite clearly in the last few paragraphs that I have no idea. Energy? Yeah – lots of it!

I cannot see any purpose for the House of Lords. I have no idea of its current function. I assume that it is supposed to stop the House of Commons getting out of control – in which case it is doing a lousy job. In any event it is stuffed full of party consciousness so it must be disbanded for that reason alone apart from the fact that many lords are working with the cult. It wreaks of corruption.

The honours system is a complete farce now that a recent PM has recommended honours for criminals and the monarch assented to this. Surely if someone has done good for society, the satisfaction of knowing this would be sufficient reward to that individual. Why do they need a label? They are allowing themselves to be classified in any case, which is limiting themselves.

Similarly, our monarch is working with the cult. I owe no allegiance to such a person. He was serving the cult before he became king, whatever that means, and he is actively continuing his work for the cult since he assumed the role as monarch. How is it possible to respect somebody who is conspiring in a movement to destroy us? Single-handedly he has made himself and the monarchy redundant. The acts passed by parliament currently require royal assent before they become law – from a cult employee who is following the cult agenda right in front of our eyes!

Lobbying MPs must be an offence – not necessarily a crime. If an MP is lobbied, whether in a public house or in a corridor of power (just about sums up the shit we are in) or on any Caribbean island, then the MP is obliged to report the offence and the full details to the Personal Private Secretary of the PM – who will log it. Generally, I think that circumstances should be created whereby lobbying will gradually be phased out because the “vested interests” will realise that it just doesn't work any more. It is pointless having a system whereby MPs are independent when, for the next five years, they are fighting off vulture lobbyists. The correct environment for the large firms to speak their piece is in front of the MPs or civil servants when they are bidding for a contract. About forty years ago, I was told that British Airways had nine lobbyists whereas the Federation for Small Businesses had one! Enough said! This is why I am suggesting the formation of a New Business Department.

Dear readers. I want to speak to you one to sixty seven million in front of a blazing log fire. Sorry it is a bit cramped in here. Thank you all for coming. What is happening on this planet is a one in four billion years event (back to creation). I think my memory serves me right. The future of this planet, especially humanity, is at great risk. The biggest casualty of all is truth. You have read the secret covenant. The followers are propagating pure evil. Evil is a state of consciousness and can be changed. Some people would call these people satanic – they would be believers in God. I think they would have to be because I cannot see how anybody who doesn't believe in God can believe in Satan - because no polarity has been set up.

Life is all about polarities. We set them up ourselves in our consciousness comprised of mind and emotions. We fall in love with somebody and we set up a polarity between love and hate. We respect somebody and we set up a polarity between respect and disrespect. Most people we are indifferent to.

We search for relativity. Imagine you have run the 100 metres in 1 hour 15 minutes and 12 seconds.

You are the only person on this planet. You don't know whether this is good or bad. You are living in a vacuum. Leaving aside the fact that you don't know what a metre is and you have no sense of time and that you have no conception of what is "good" and "bad", you are lost. You are not aware that Usain Bolt has run the 100 metres in under 10 seconds and that your grandma, just before her hip operation, ran(!) the 100 metres in 4 hours 56 minutes and 3 seconds with 157 pit stops. You have relativity. You realise that you probably need an operation too! You now have a concept of fast-est and slow-est. How do you know that these are the fastest and the slowest? What are your sources? You saw Usain Bolt on TV breaking the world record and it "felt" like ten seconds. How do you know it was a 100 metres? How do you know it was Usain Bolt? How do you know that it wasn't a scam set up by the TV company? (it happens now) Your grandma tells you it is utterly ridiculous that she should even attempt a 100 metres run when it takes her 3 minutes to get to the toilet. But you saw this post on Tik Tok- it definitely said 4 hours 56 minutes and 3 seconds and your grandma's name was correct. You know that your grandma is well known for lying.

How do you understand anything? You are slowly disappearing into an abyss. You are nothing. You are nothing because you possess no truths. How can you even start a conversation? You have no facts - being expressions of truths. You are on this planet to learn - which means acquiring knowledge which I interpret to mean as an assemblage of facts. You are searching for truth. When do you decide when a belief becomes a fact - a solidification of a belief? I studied chemistry at school and I am aware that water is comprised of two hydrogen molecules and one oxygen molecule bonded together – chemical formula  $H_2O$ . I have done experiments to "prove" this because when I have mixed chemicals there are two hydrogen molecules and one oxygen molecule on the left side of the chemical equation and on the right hand side of the equation there is a by-product of the chemical reaction,  $H_2O$ .

BUT I still have a problem absorbing the fact that water, the source of life, is made of two gases. So is this a fact or a belief to me? I have no knowledge of water factories which mix hydrogen and oxygen that are used when there is a drought. Surely science, that is acquisition of knowledge by observation and experiment, would be doing this? Maybe water just is and cannot be manufactured directly – only as a by-product of chemical reactions.

I believe that it is the truth that water is comprised of hydrogen and oxygen. I don't think I can stand up in court and say water is  $H_2O$  – that is the truth and nothing but the truth – so help me God. I could say that water is  $H_2O$  – I swear on my mother's grave. I am safe there as my mother doesn't have a grave since she was cremated!

Do I believe in the existence of the Loch Ness monster? No, but I do believe in the existence of Loch Ness monsters. If there was only one it must surely be dead by now.

Jeeves, can you put a few more logs on the fire? Certainly, sir. Thank you.

My point is that there is little of my knowledge that I can consider as facts or truth. I believe that they are mainly beliefs! How many things can I actually prove? Very few I think. So how can I do research on-line and feel sure that something I have read is true. I ask my heart. I follow my heart – some of you may call this instinct. There are many things in life where we have to decide whether a belief is the truth before we can proceed with further decision-making. Follow your heart and not your head. I will give you an example. I spent about six weeks researching the EU before I voted in the Brexit referendum. Most of the time I was for Brexit but for five days I was a Remainer – my heart felt very sad for those five days so I switched back to being a Brexiteer. If somebody asked me why I voted for Brexit, I would say that I saw "dark shadows". Why did I need to do so much research - because the Remain campaign did not say anything about the EU at all! I watched every TV debate! Nothing except countless things that the voters will lose – so they said!

It was wholly based upon putting the voters in a state of fear. The Remain vote was one based upon fear. Similar process to getting a “vaccine”. So we have to dispel our fears by examining what we fear and working out why and how they got into our consciousness. You are all that is – so the state of your consciousness is entirely your responsibility. One cannot say that the government put me in a state of fear. Can one say that one chose to accept the fears projected by the MSM and the government? Yes – bit harsh maybe. Really the key word is TRUTH. TRUTH dispels fears which is why we must, from now on, actively seek for truths. We are on this planet to learn - as I mentioned earlier. The holy grail is to balance our mind and emotions. The integral part of the quest is to gradually remove fears from our consciousness. I have discussed ways to do this in prior chapters.

Many authors have stated that the truth shall set you free because if you are encumbered with fears your freedom is impaired. The fears will be dispelled when you discover truths, about yourself, within yourself or a piece of external knowledge.

Go forth and multiply – if you can't then use a calculator. Please leave your empty glasses with Aunt Sally in the kitchen on the way out. She has agreed to wash up.

Thanks for your company.

Some of you may be thinking that I haven't done a chapter on drugs. You now know that the cult controls the supply worldwide. To discuss drugs is difficult because some are legalised and some are not and each drug has a different manifestation. There would not be a “drugs problem” if consumers did not use them in excess amounts such that it affects others around them. So who controls the market? The consumer ultimately - not the supplier. The supplier of drugs ensures that the drugs have an addictive quality – this is the complication. The consumer generally takes drugs because they have an “escapist” effect on the user - which implies that the user is disaffected by their environment. So if the user changes the environment in which the user lives, such that the user is harmonised in this “new” environment, then there will be less desire for the user to take drugs – I mean that the users change their perceptions of themselves. This is the tenor, the general course, of this book.

The harmonisation centres are fundamental to our future, as is each individual's spiritual development. I have suggested that most of these centres are “financed” by the state. I see them as profit centres since the benefit to people's self-esteem, which is our big problem, will be incalculable and production figures will rise - people will be happier.

The cult, of course, are trying to destroy our physical, mental and spiritual health, which is why they have to go, after centuries of controlling the people. Queen Victoria used to call the population “commoners” - bit better than “less than insects” from the US – a euphemism maybe, but the tone is just the same – utter contempt for the people. This contempt is always so well concealed such that when TV appearances are booked with all the TV channels, the Royal Family are doing just what they want to be seen to be doing – behaving as “absolute swells”. They are immaculate in their public presentation. A recent example was the King and Queen arriving at the Ascot Race meeting in a HORSE-DRAWN CARRIAGE. Look at us – we are better than you was the hidden message. The Changing of the Guard was televised! What was wrong with the last lot – we were never told! It must take ages for the guardsmen to train to be changed. Just, as with our government, we have no idea of what is going on behind the scenes. This pomp and pageantry is necessary to keep us at a distance to hide the fact that we are all equal.

My feeling is that the civil service could be cut considerably and the redundant personnel moved into unspecified, at present, more satisfying and productive positions elsewhere. The civil service



spend a lot of time implementing and enforcing laws. We have far too many laws. I am sure the court of disrespect can assist here with “disappearing” laws. Education funding is derisory and should be increased with a sensible plan for educating children which appears to be absent now. A plan approved by the teachers. The cult is at play here too so we need to replace our MPs with aware individuals before we can change anything. We must have control of our parliament with our appointees as MPs before any change can occur in any sphere of activity.

When the “new” MPs are installed and groups of MPs start ferreting about in the NHS finances, I suspect they will discover tremendous wastage starting with the myriad administrators many of whom are working with the cult to destroy the NHS. Diversity advisers – complete nonsense! I think that in conjunction with the New Business Department they can review the prices with a view to manufacturing most of the NHS supplies in the UK. I think there will be significant savings if we manufacture in-house. We have imported more than we have exported for decades so we always have a “trade deficit”. We have to become self-sufficient as a country as soon as possible and that requires planning – a dirty word now. I don't care what other countries are doing. Part of these savings can be used to give the education sector a large boost. But the first task for the “new” parliament must be to examine the extraordinary wastage of money in the NHS.

The harmonisation centres will be a benefit for NHS financing as the population will have less illness as people become more balanced between mind and soul/spirit. Similar in education as children are learning more and faster.

I mentioned earlier in this book about the Trusted News Initiative set up by the BBC so that everybody worldwide gets the same news (propaganda) irrespective of news channel. A side effect of this, apart from the deceptions, is that people are not discussing the news because they have all received the “same news” so there is nothing to discuss. The effect is to block communications between the members of the population – isolate us.

I am close to finishing now but I still have things to say which do not particularly fit in with the subject matter of previous chapters. They are mainly things to think about.

Time does not change anything – people do. What I mean is that time is not an active agent for change but that we change during the effluxion of time.

Goebbels was the man in charge of mass mind-control for Adolf Hitler in World War II. He was asked how he managed to persuade the whole population (including the armed services) that, what Adolf Hitler wanted, was in their best interests. He said “if you tell a lie once - it is a lie. If you tell it a thousand times it becomes the truth.” He must have been quite a guy - the World War lasted six years with many millions killed. He managed to persuade the whole nation to believe that all this killing was for the common good - without “nudge units” paid by the government, TV or social media. This is exactly what the cult are doing with climate change, “vaccines” and Covid et al. This works because the population want to believe in something outside themselves because they don't believe in themselves.

Imagine that you have five friends and you only accept information from one of them and translate this into truth. This would imply that you don't care much about the truth – there is only one truth! You are lazy – why didn't you ask for information from your other four friends if you were really interested in the truth. Now imagine that the friend from whom you receive all your information is the MSM! Lazy! Lazy!

It is much harder to invent a conspiracy theory than it is to debunk it. One could take years and the other one second.

I am sure that, if you watch commercial TV, you will see the proliferation of adverts for “Go Compare” style sites. This is no coincidence. Ostensibly, they appear to make life easier for you, so you use them because they do make life easier. These sites are financed by the cult. The sites derive their income and profit from finders fees or introductory commissions paid by the company that gains new business. The more people that use these “Go Compare” style sites, the greater the profit they make for the cult. There will be an equivalent reduction in the profit of the paying company. Or will there? No – the paying company will pass the cost of these commissions onto the consumer – us! The cult is therefore taking money from us through a back door and consequently gradually increasing prices in every sector. It is “inflation creep”.

While the cult prances on stage we, the audience, are like a body of water slowly seeping into the earth until the surface is dry. The cult are doing this to us financially, mentally and spiritually. “Drop by drop” as the secret covenant refers – so you won't notice until it is too late.

Let us look at interest rates. They are being hiked by the Bank of England. The Chancellor informs us that it is for our own good on the principle that if available money amongst the population is being reduced because of interest payments then this will reduce the demand for other items and therefore sellers of goods will reduce the price of carrots. Not so - because large corporations (including supermarkets) are putting up prices indiscriminately using inflation as an excuse, when they are effectively increasing inflation themselves in accord with the cult plan.

Let me explain. The three most powerful families in the world are the Rothschilds, the Rockefellers and the British Royal Family. There are about 193 countries on this planet and the central banks of over 170 countries are controlled by the Rothschilds – including the Bank of England! These families are well represented on the list of C300 members. The banks make a greater margin on their lending at times of higher interest rates. The increase in interest rates is nothing to do with inflation, it is partly to remove money from us to the cult-controlled banks - partly to create chaos (homelessness) when people default on their mortgages – partly to provide cheap house purchases for the cult-controlled property companies at “repossession rates” - this is happening a lot in the US.

Drop by drop – we lose.

We should be teaching English in prisons. The lack of willingness by the government to control immigration will inevitably lead to some of these immigrants ending up in prison. If at some later stage, the government decides to integrate these people then they have a better chance if they speak our language.

Observe politicians, in parliamentary debate or on TV discussion - then relate to party consciousness and care for the citizens. Would these take a different course if these politicians were independent and freely expressing?

Why are we surrounded by so many secret organisations if they are not doing wrong? Why the secrets?

You are all equal to your oppressors – point this out in no uncertain terms – believe in yourselves.

Cherish your every living breath. You are custodians of Nature and the Earth. Treat them with respect and they will return the compliment.

We are here to serve others.

Do not care about what others think of you – otherwise you let them run your lives for you. You are unique - try to maximise your contribution to humanity.

Insect farms. Yes - they exist on this planet. Think about it, after the cult have destroyed the farming industry worldwide, how are the cult to feed the slaves. Secret covenant – they think of us as “less than insects” and they want us to EAT insects! This is true! They may start by introducing powdered insects as a food additive in supermarkets. The contempt the C300 have for us is deep and very real – please note this.

Keep telling yourself that you love yourself.

We are all creators. Everything happening on this planet, including crime, are our joint creation. If you want to change things, then the blame culture exercise is very useful as it focusses your mind AND your emotional self on a particular issue where you desire change.

Who decides what is a crime?

The cult controls your physical world but not your spirit – yet. Please ensure this never happens to you.

AD 2080. An alien is sitting on a burnt branch surveying the wilderness that used to be the planet Earth. A second alien approaches:-

Second alien : “Hi” (this is alien for “Hello”).

First alien: “Pull up a branch – there is one over there.”

Second alien: “Thanks. I have just embarked from my spaceship. So what the hell happened here?”

First alien: “You are right. Hell happened here.”

Second alien: “This was inhabited wasn't it?”

First alien: “It was a colony occupied by an alien species called humanity.”

Second alien: “Are there any left? I haven't seen a human – what do they look like?”

First alien: “There are none left. Basically they were a collection of bones, muscles and other things in an energy sheath. They all looked different.”

Second alien: “How much do you know?”

First alien: “Quite a lot. I will put you in the picture. The Boss (alien name for God) gave them choice so could not intervene. There were alien species on Earth - some of them shape-shifters. They were interacting with the more powerful humans and helped them with development of technology at an alarming speed to assist with enslavement of humanity. It was effectively a partnership between the aliens and the powerful humans who had acquired satanic consciousness. I think there was some mind-control used by the aliens to manipulate the planetary leaders. The leaders did and said some ridiculous things in the end.”

Second alien: “Surely the human population could have exposed these people - the leaders must have been well outnumbered.”

First alien: “There were freedom fighters but they never really got together in large enough numbers. Most of the population were deceived by the the Mainstream Media and their lies. There were many living in fear who knew that something very bad was happening but they were scared of losing their jobs if they said anything.”

Second alien: “Their jobs! You can't work if you are dead. So where is everybody. Where did the leaders go?”

First alien: “Quite. The people were killed by injections which the leaders called “vaccines” - these became mandatory. The water and the food was poisoned. There was

poison in the air to add to the starvation already prevailing. There was a nuclear war which was a completely mad decision of the nations involved. The leaders abandoned their plan to experiment on and cull humanity and leaving a few slaves to cater for their needs.”

Second alien: “The leaders?”

First alien: “They went mad too. Well - they were already mad. They realised that they had made the planet uninhabitable. So they, using their own spacecraft, flew off to find another home.”

Second alien: “They won't find it in this galaxy – the Federation would never allow them to land.”

First alien: “I agree. The Boss is not happy. The Boss created them to occupy the most beautiful planet in the universe. We had some great holidays here.”

Second alien: “So they never realised that they had to fight for their freedom. They just thought it was a human right.”

First alien: “They did nothing. And that is what they got – nothing. They failed to respect their planet, which is why they were never admitted to the Galactic Federation. It was still a colony being available for anybody. The Federation would never have allowed these aliens onto the planet in the first place if the planet was a member.”

Second alien: “So they deserved to die?”

First alien: “Yup.”

Second alien: “Has The Boss any ideas as to new custodians?”

First alien: “No. The Boss thinks and thinks and then creates as The Boss has always done.”

This quotation has been generally attributed to Albert Einstein:-

UNTHINKING RESPECT FOR AUTHORITY IS THE GREATEST ENEMY OF FREEDOM.

Pretty relevant to what is happening now - wouldn't you say?

As Neil Oliver says at 6pm on Saturdays at GB News after his brilliant monologues “this is just my opinion – you are free to disagree.” If you wish to disagree, please do not make too much noise, as I am a light sleeper!

Adieu.

